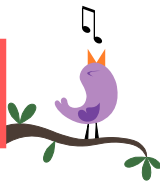


# Park 4-H Newsletter

May - June 2022



Happy May!

Spring is finally here, and summer is just around the corner! Congratulations to all of the graduating seniors.

I am so excited to see all of the upcoming opportunities come together. We will be busy in the extension garden, planning, packing and unpacking for events, and enjoying each of you and your projects all summer long!

If you have questions or would like guidance with a project, let me know. I would love to help.

As always, please don't hesitate to let me know how we can best serve you.

Best,

*Tycee Jo*

## RESOURCES

### Websites:

National~ [4-h.org](http://4-h.org)

State~ [wyoming4h.org](http://wyoming4h.org)

Park~ [wyoming4h.org/park4h](http://wyoming4h.org/park4h)

Enrollment~ [wy.4honline.com](http://wy.4honline.com)

### Follow us:



@parkcounty4h

## CONTACT INFO

Email: [tmohler2@uwyo.edu](mailto:tmohler2@uwyo.edu)

Cody: (307) 527-8560

Powell: (307) 754-8836

## Motto

"To make  
the best  
better."



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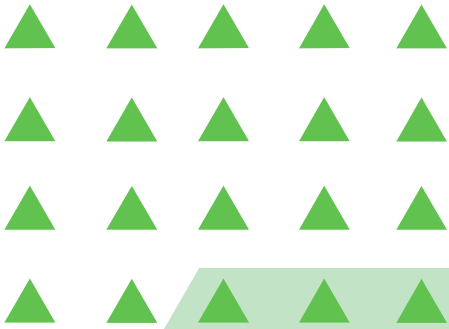
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The 4-H slogan:

**Learn  
by  
doing**



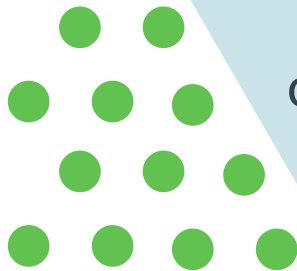
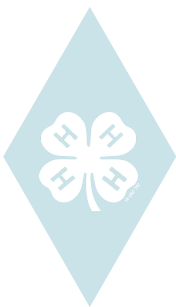
The 4-H motto:

**"To Make  
the Best  
Better."**



The 4-H pledge:

"I pledge ...  
My Head to clearer  
thinking, My Heart to  
greater loyalty, My  
Hands to larger service  
and My Health to  
better living for my  
club, my community,  
my country, and my  
world."



# 4-H CREED



I believe in boys' and girls' 4-H club work for the opportunity it gives me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to THINK, PLAN, and REASON.

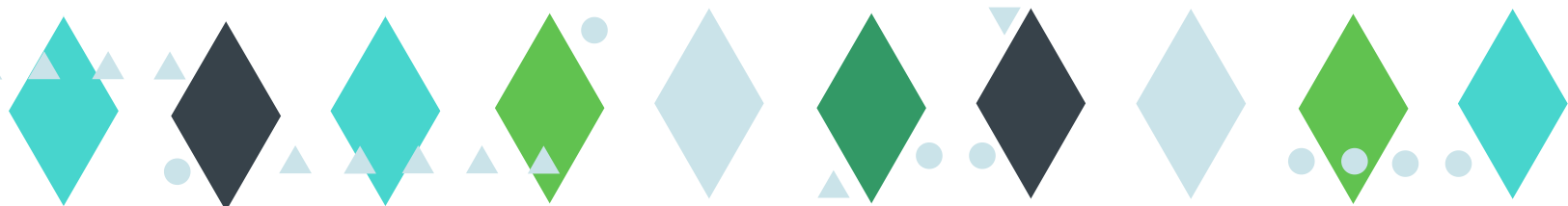
I believe in the training of my HEART for the nobleness it will give me to be KIND, SYMPATHETIC, and TRUE.

I believe in the training of my HANDS for the ability it will give me to be HELPFUL, USEFUL, and SKILLFUL.

I believe in the training of my HEALTH for the strength it will give me to ENJOY LIFE, RESIST DISEASE, and WORK EFFICIENTLY.

I believe in my Country, my State, and in my Community, and in my responsibility for their development.

In all these things I believe, and I am willing to dedicate my efforts to their fulfillment.



# ZSuite 4-H Enrollment!

## Enrolling in Wyoming 4-H

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer)

2. Click **Sign Up**

- Fill in the required fields

(you can use your same email and password from 4HOnline).



- Create a pin number (we recommend an easy to remember four-digit number, like the last four numbers of your phone number).
  - REMEMBER your password and pin number, you will need it to access your enrollment!
- Select Wyoming and your home County.

3. Click **Let's Go**

### Add members of family

You should now be directed to the **Dashboard** screen.

1. To add members, in the black drop down menu, select household members.

2. On the next screen, select

**+ HOUSEHOLD MEMBER**

3. Fill in the required fields for one of your members.

4. Don't forget to add a club! Click

**ADD CLUB**

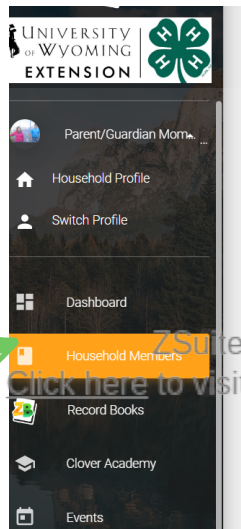
5. You will also need to select projects for each club by clicking

**ADD PROJECT**

then selecting a project from the drop down menu

5. Finish by clicking

**SUBMIT**



Member Name	Status	Approval
Parent/Guardian Mom/Dad/Grandparent/etc	PRIMARY(PARENT/GUARDIAN)	ACTIVE
Billy Bob	CLUB MEMBER	PENDING APPROVAL
Steven Brown	CLUB MEMBER	ACTIVE
Test Child	CLUB MEMBER	ACTIVE
Jimmy Dean	CLUB MEMBER	ACTIVE

\*Should you have any questions, you can always use the **Live Chat** located at the bottom right of the screen.

**LIVE CHAT**

© 2019 ZSuite Stay Amazing! the ZSuite team

ZSuite Live Chat Support

# PARK COUNTY 4-H CLUBS

## BITTERCREEK 4-H

**Leaders:**

Brook Loyning: 307-202-0246

**Next Meeting:**

March 15th @ Fairgrounds 7pm

## WILLWOOD 4-H

**Leaders:**

Starla Craig: 307-754-9722

**Next Meeting:**

March 7th @ Fairgrounds 7pm

## OFF THE GRID

**Leaders:**

Heather Morrison: 970-290-9372

**Next Meeting:**

March 21st @ Fairgrounds 6pm

## LONESTAR LEAGUE

**Leaders:**

Maria Berchtold: 970-290-9372

Chandra LaFrentz: 307-587-4840

**Next Meeting:**

April 7th @ Fairgrounds 7pm



# PARK COUNTY 4-H CLUBS

## CODY SHARP SHOOTERS

**Leaders:**

Tiger McNeil: 307-527-6124

**Next Meeting:**

Mondays @ 4:45 Cody  
Shooting Complex

## SOUTHFORK COMMUNITY CLICKS

**Leaders:**

Ashli Koster: 307-250-2939

**Next Meeting:**

March 21st @ Irma Flats 7pm

## SURE SHOTS

**Leaders:**

Keri & Brian Pittman:  
307-431-8148

**Next Meeting:**

First practice is March 4-5  
Ralston

## UPPER GREYBULL

**Leaders:**

Angie Erickson 307-899-4332

**Next Meeting:**

March 15th @ Meeteetse 6:30pm

## HEART MOUNTAIN 4H

**Leaders:**

OPEN

**Next Meeting:**



# PARK COUNTY 4-H PROJECT LEADERS



Horse Leader



Jane Faulkner: 307-272-5779

Erin Roop:



Beef Leader



Andrea Earhart: 307-272-8876



Dairy Goat Leader



Ashli Koster: 307-250-2939



Rabbit Leader



Annie Price:

[annie.price2869@gmail.com](mailto:annie.price2869@gmail.com)



Poultry Leader



Heather Morrison: 970-290-9372



Dog Leader



Annie Price:

[annie.price2869@gmail.com](mailto:annie.price2869@gmail.com)



# PARK COUNTY 4-H PROJECT LEADERS



Mini Horse Leader



Jane Faulkner: 307-272-5779



Fashion & Fabric Leader

Starla Craig: 307-754-9722



Cat Leader



Starla Craig: 307-754-9722



Foods & Nutrition Leader



Joyce Ostrom: 307-272-9586

## Shooting Leaders

Tiger McNeil: 307-527-6124

Dale Estes: 307-254-8030

Brad Erickson: 307-413-1049

Starla Craig: 307-754-9722

Brian Pittman: 307-431-8148

# For Members

## What is quality assurance?

Youth Quality Assurance (YQA) teaches youth how to give the best care for their livestock in order to produce a high quality product for consumers. This is learned through understanding the importance proper nutrition, housing, identification, handling, carcass quality, health care, withdrawal times, and record keeping.

All youth planning to sell a market project must complete YQA each year. Below is a list of dates for all nutrition and YQA classes that will be offered this year.

\*This is NOT a Junior Livestock Sale Committee requirement.\*

## How do I meet my requirements?

- Take one of the many classes offered.
- Come to a livestock nutrition and/or selection workshop
- Participate in a state wide zoom about livestock. Please check with us to make sure it meets the requirements.
- Take a test about quality assurance.
- Take an online course at [yqca.org](http://yqca.org).



If members have gone through Pork check Off (PQA) or have completed the Beef Quality Assurance (BQA) or have another quality assurance certification, that will meet your requirements.

If you choose to take another quality assurance course, please send us a copy of your certificate.

## How often do I need quality assurance?

Members are required to take quality assurance at each age level. The first year you show a market animal take level 1. Then when you are an intermediate take level 2. When you are a senior take level 3. If you start as a senior, take one level a year until complete.

If you are unsure which levels you have completed, or if you need quality assurance, please contact our office.

## Option to test

If you would prefer to test out of YQA, an age and species appropriate test may be taken at either extension office. Youth must score an 80% or higher, and can retake the test (on a different day) as many times as they would like. Members scoring 100% (on the senior level test) will no longer need to complete YQA in future years. Junior and intermediates scoring 100% will not need to complete YQA again until they reach a new age level. Here is a study guide for the tests!

# Last Chance for YQA Classes

**DATE:** WEDNESDAY, MAY 18TH

**TIME:** LEVEL I: 4:30PM – 5:15PM  
LEVEL II: 5:30PM – 6:15PM  
LEVEL III: 6:30PM – 7:15PM

**LOCATION:** PARK COUNTY COMPLEX • CODY

If you have any questions regarding classes or what level you should attend please call the Powell or Cody offices:



307-754-8836

307-527-8560

**2022**

# Big Horn Basin Showcase Showdown

Showcase Showdown offers an opportunity for youth to explore various industries through contests and workshops. The event takes place at the University of Wyoming in Laramie, Wyoming. Youth can participate in contests, workshops, tours and activities over the course of three days. There are also two award ceremonies that recognize youth for their efforts.

Open to ALL 4-H youth  
(excluding Cloverbuds)



Team and individual  
contests are available  
**NO PRE-QUALIFICATION REQUIRED**

## JUNE 2

Presentations (Prepared & Impromptu)  
Cake Decorating Contest  
Table Setting Contest  
Food Cook-Off

## JUNE 7

Livestock Skill-A-Thon  
Produce Evaluation

*For More Information contact:*

**BIGHORN COUNTY 4-H • GRETTY: 307-272-0576**  **PARK COUNTY 4-H • TYCEE: 307-527-8560**

 UW | Wyoming 4-H



# SHOWCASE SHOWDOWN



[uwyo.edu/4-h/opportunities/state-contests/showcase-showdown/](http://uwyo.edu/4-h/opportunities/state-contests/showcase-showdown/)



June 26-28, 2018  
Laramie, WY  
All events will be held on the UW Campus or at the Hanson Arena



All meals will be offered through the Washakie Dining Center on Campus. Meals will be available in various different packages on registration.

Travel with your county delegation or choose to go on your own. To find out more about travel arrangements contact your county 4-H Educator.



## WORKSHOPS & TOURS

Fishing  
Rocketry  
Project  
Runway  
Video  
Production  
& MORE!

## CONTESTS

Presentations  
(Prepared & Impromptu)  
Cake Decorating Contest  
Table Setting Contest  
Livestock Skill-A-Thon  
Dog Skill-A-Thon  
Produce Evaluation  
Food Cook-Off  
Horse Judging  
Hippology  
Robotics Contest  
Filmfest



Dorms are offered with double beds in each room. Each room is equipped with a sink, two beds. Hotels are also available in Laramie.

## NO PRE-QUALIFICATION REQUIRED

Hands on competition  
Team and individual contests are available  
Open to ALL 4-H youth (excluding Cloverbuds)

# Prevent Avian Influenza



As of April 8, 2022, HPAI has been detected in commercial and backyard poultry and game bird operations in half of the states in the U.S., including five premises within Wyoming. Due to the increased risk of HPAI spread within Wyoming poultry, game bird, and wild bird populations, increased biosecurity is of the utmost importance.

**\*\*No live bird events until further notice or at least, August 17th\*\***

Anyone involved with poultry production from the small backyard to the large commercial producer should review their biosecurity activities to assure the health of their birds. APHIS has materials about biosecurity, including videos, checklists, and a toolkit available at <https://www.aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/avian/defend-the-flock-program/df-resources/df-resources>.

If HPAI is diagnosed in WY, the disease will most likely be introduced via migratory waterfowl. Please encourage anyone with poultry to do the following:

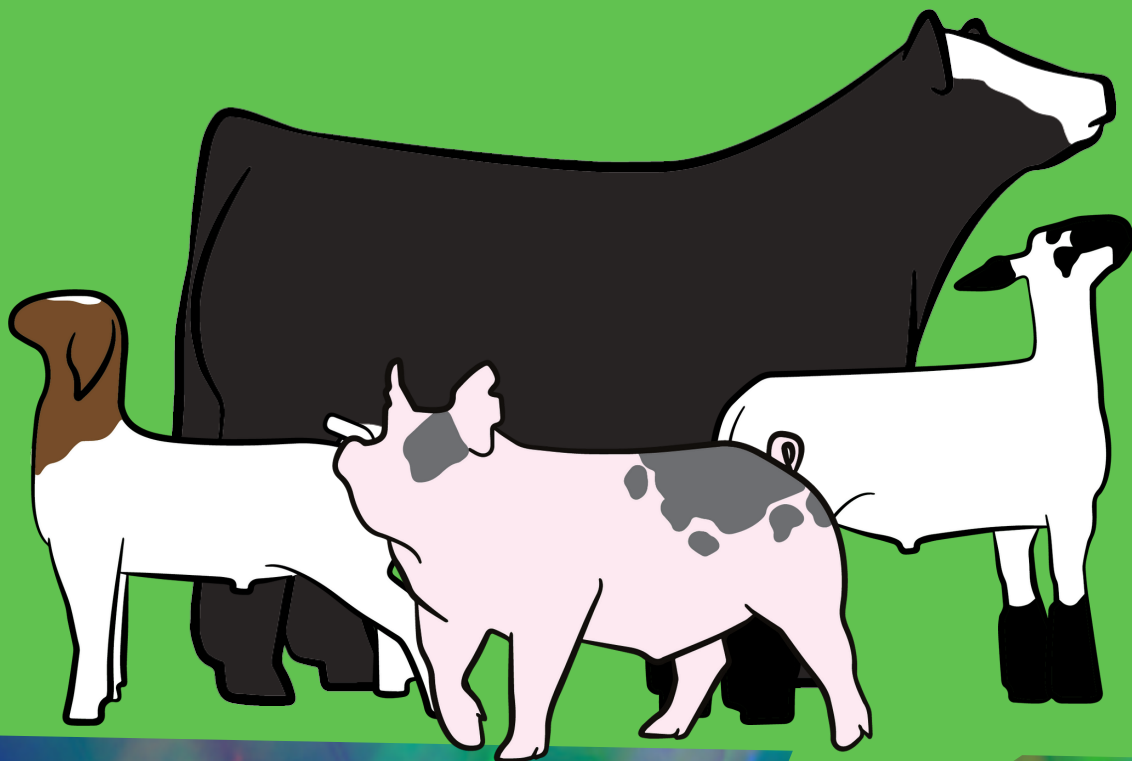
- avoid exposure to wild waterfowl and their manure
- watch carefully for signs of influenza in poultry, including nasal discharge, swollen eyelids, sudden death, diarrhea
- report any illness or unexplained deaths in birds, especially in wild waterfowl or domestic poultry, to the following:
  - o Wild waterfowl - WGFD Wildlife Health Laboratory, 307.745.5865
  - o Domestic poultry or waterfowl
    - § Wyoming Livestock Board, 307.777.7515
    - § Outside of regular business hours, please contact either Dr. Hallie Hasel, 307.840.1389 or Dr. Brad De Groot, 307.256.0952, directly via cell phone.
    - § USDA APHIS toll free, 1-866-536-7593
    - § USDA APHIS Veterinary Services Wyoming, 307-432-7960



# Mitigation Rules

 UW | Wyoming 4-H

# LIVESTOCK OPPORTUNITIES



FOR INFORMATION ABOUT SALES,  
CLINICS, AND SHOWS VISIT:  
[WYOMING4H.ORG/OPPORTUNITIES/](http://WYOMING4H.ORG/OPPORTUNITIES/)

# Animal Ownership Deadlines



## Livestock Sale Consignment Paperwork Deadlines

All Market Beef -  
February 10th  
All Market Sheep,  
Swine and Goats -  
May 25th  
All Market  
Rabbits - July 1st



**2-1**

All Market  
Beef must be  
owned by  
February 1st



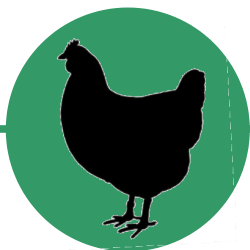
**5-1**

All Horses  
(owned or  
leased) Safety  
Certs due by  
July 15th



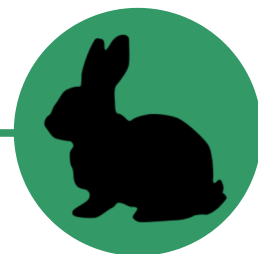
**5-15**

All Market Sheep,  
Swine and Goats  
must be owned  
by May 15th



**6-1**

All other  
animals must  
be leased or  
owned by  
June 1st



**7-1**

All Market  
Rabbits must  
be owned July  
1st



# WYOMING STATE & REGIONAL EVENTS



## Wool Judging- April 29, 2022

The 2020 Wyoming 4-H Wool Judging Contest will take place in Laramie at the University of Wyoming Wool Barn. Contest rules and eligibility can be found at the link provided below.

<http://www.uwyo.edu/4-h/opportunities/state-contests/wool-judging/index.html>

## Meat Judging- April 30, 2022

The 2020 Wyoming 4-H Meats Judging Contest will take place in Laramie in the University of Wyoming Meat Lab. Current contest information including rules and eligibility can be found at the link provided below.

<http://www.uwyo.edu/4-h/opportunities/state-contests/meat-judging/index.html>

## 4-H Horse Camp- TBD

Wyoming State Fairgrounds in Douglas, WY 4-H Horse Camp is open to all Wyoming 4-H Club Members, Parents, 4-H Leaders, and Wyoming Extension Personnel. The educational programs presented at Horse Camp are designed to provide practical, hands-on training. The major emphasis of the camp is to improve safe riding and handling skills.

<http://www.uwyo.edu/4-h/opportunities/state-opportunities/horse-camp.html>

## SHOWCASE SHOWDOWN - June 21-23, 2022

<http://www.uwyo.edu/4-h/opportunities/state-contests/showcase-showdown/index.html>

## WYOMING STATE SHOOT - July 7-10, 2022

Douglas, WY

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-shoot/index.html>

## WYOMING STATE FAIR - August 16-21, 2022

Wyoming State Fairgrounds in Douglas, WY

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-fair/index.html>

*Sheep*, *Goat*, *Swine*  
**PARK COUNTY**  
**SUMMER**  
**SIZZLER**  
**JACKPOT SHOW**

**JUNE 24, 2022**  
*Powell WY*



**\$25 ENTRANCE FEE PER HEAD**

**ONLINE ENTRIES AND PAYMENT  
OPEN MAY 5, 2022 AND CLOSE JUNE 15, 2022  
SHOWDAY ENTRY WILL BE CASH ONLY WITH A LATE FEE**

**MARKET • SHOWMANSHIP  
PEEWEE SHOWMANSHIP DIVISION IN EACH SPECIES**

*Judges:* **Justin Niccoli • Samantha Niccoli**

*Camping & Stalls Available*

*Register  
here:*



**307•754•8836**  
**307•527•8560**

<https://wyoextension.org/parkcounty/4-h/jackpot/>



Improve showmanship technique and training  
PLUS all the inside tips on nutrition, exercise and daily care!

JUNE 22-23

*Park County Fair Grounds*



*Lunch Included Both Days!* • *Camping Available*

Pre-registration Required by June 11  
Limited spots available

**\$50**

*For More Information contact:*

BIGHORN COUNTY 4-H • GRETTY: 307-272-0576  PARK COUNTY 4-H • TYCEE: 307-527-8560

 UW | Wyoming 4-H

# Jackpot & Clinic Schedule

March 18-22 – Green and Gold Showdown – Loveland, CO

April 1 - Kirk Steirwalt 2022 Cattle Clinic - Vernal, UT

April 8-9 – RMSC Trae Jepperson Memorial Jackpot – Spanish Fork, UT

April 9 – USU Aggie Classic/True Blue – Tremonton, UT (Beef)

April 15-17 – Easter Beef EGGstravaganza Clinic & Jackpot – Rawlins, WY (Beef Only)

May 20-22 – RMSC Divas/Dudes Weekend – Spanish Fork, UT (Sheep & Goats)

May ? – Onyx & Gold Showdown – Torrington, WY

May 27-29 – Oil City Jackpot – Casper, WY

June 3-5 – Powder Basin Classic – Gillette, WY

June 3-5 – Spring Spectacular – Riverton, WY

June 4 – Style in the Rockies – Idaho Falls, ID (Beef)

June 10-11 – RMSC Dino-Mite Classic – Vernal, UT (Beef, Sheep, & Goats)

June 10-11 – Cash Days, Sheridan, WY (All species)

June ? – George Reich Memorial Steer & Heifer Show – Casper, WY

June 17-19 – Black Diamond Junior Jackpot Show & Clinic – Billings, MT

**June 17-18 - 307 Genetics Showpigs Clinic – Powell, WY**

June 18-19 – The Showdown in Cheyenne – Cheyenne

June 18 – Battle on the Border – Evanston, WY

June 19 – Yellowstone Classic Jackpot Show (Beef Only) – Billings, MT

**June 22-23 –307 Buckle Up Show camp – Powell, WY**

**June 24 – Summer Sizzler - Powell, WY**

June 25 – Big Horn Basin Bash – Basin, WY

June 25-26 – Wind River Classic – Big Piney, WY

June 24-26 – The Gem City Showdown - Laramie, WY

June 27-28 - Leggett's YGB Sheep and Goat Camp - Cheyenne, WY

July 14-16 – RMSC Finale – Vernal, UT (Beef, Sheep & Goats)

August 16-21 – Wyoming State Fair – Douglas, WY





# PIE & DESSERT AUCTION

Sat. June 18 - 7-9 p.m. Mule Days/Ralston

**PLEASE HELP CARRY ON A 18 YEAR TRADITION!**

**::: MAKE A PIE/DESSERT OR HELP SELL:::**

For more information call: 307-754-8836

# SERVICE OPPORTUNITIES ALL DAY LONG!

# for Leaders



## How can we help youth become the best version of themselves?

**GENEROSITY** is the willingness to give and share of one's time and/or resources. **GENEROSITY** is done without an expectation that the gift or act will be returned. **GENEROSITY** in the 4-H program can take many different forms. **GENEROSITY** is the act of giving, serving, or helping. We feel good about ourselves when we do something to make the lives of others easier. There are different types of giving; we can give of our time, talents, or give financially. In 4-H we promote generosity through service-learning. Service-learning includes helping others and learning. The intent is that the 4-H members who are doing the service will benefit along with the person they are serving. Service-learning provides youth with the opportunity to feel that their lives have meaning and purpose. It is a chance for youth to connect with their communities and learn how to give back to others. Service is more than a product; it is a process that provides developmental opportunities for 4-H members.

### **GENEROSITY IS THE OPPORTUNITY TO VALUE AND PRACTICE SERVICE TO OTHERS. WHAT DOES THIS MEAN?**

Young people need to feel their lives have meaning and purpose.

- Generosity or service includes the development of values like compassion, tolerance, the ability to consider others' perspectives, and problem-solving skills.
- Generosity in the form of service-learning is teaching and learning strategies that involve meaningful community service with time to reflect.
- Youth are learning what it means to be a good citizen and how being a good citizen can strengthen a community.

### **WHAT DOES THIS LOOK LIKE IN A 4-H EXPERIENCE?**

- Youth are excited about serving others and helping their community.
- Adults help youth to identify community needs and then youth design solutions to help meet those needs.
- Youth are involved in all stages of the service project. Youth help to plan, design, implement, manage, and evaluate the service. It is not planned by the adults for the youth to participate in.

**To read the rest of the article visit:** [http://www.uwyo.edu/4-h/volunteers/\\_files/resources/mastery-2018.pdf](http://www.uwyo.edu/4-h/volunteers/_files/resources/mastery-2018.pdf) 

# Classifieds



Have something that might be useful for another 4-H member?



Send us the info by the 20th of the month to have it added to the Newsletter

# Calendar

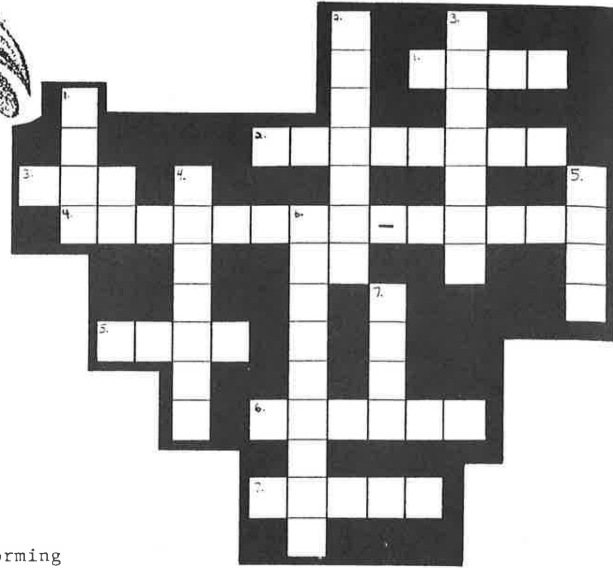
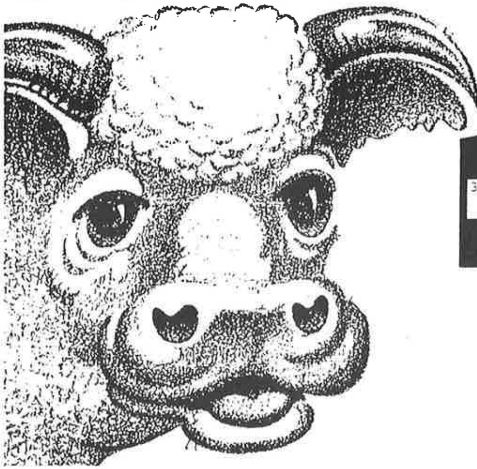
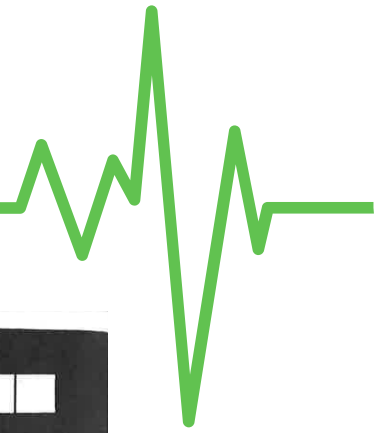


## UPCOMING EVENTS

- 5.1 • PC4-H Scholarship applications due
- 5.1 • Leadership team applications due
- 6.10-11 • County Shoot
- 6.10-11 BHB 4-H Camp
- June • Horse Camp
- 6.21-23 • Showcase Showdown
- 6.22-23 • 307 Buckle up Show camp
- 6.24 • Summer Sizzler Jackpot
- 7.7-10 • State Shoot
- 7.15 • Horse safety certs due
- 7.20-23 • Pre-fair shows
- 7.25-30 • Park County Fair
- 8.15-21 • State Fair
- 9.15 • Portfolios Due



# Activity PAGE



**DOWN**

1. A mineral in beef necessary for forming and maintaining red blood cells.
2. A \_\_\_\_\_ of foods will supply necessary nutrients your body needs.
3. Eating beef and exercising helps to build strong \_\_\_\_\_.
4. A nutrient in beef necessary for building, maintaining, and repairing our body tissue.
5. We are a group of cattle.
6. Protein, water, fat, carbohydrates, vitamins, and minerals are \_\_\_\_\_.
7. I am very small and young.

**ACROSS**

1. I am a father.
2. I am able to produce lots of milk.
3. I am a mother.
4. Foods that provide a larger percentage of essential nutrients than calories are termed \_\_\_\_\_.
5. This is the meat from cattle.
6. I am a female that has not had any calves.
7. I am a male raised for meat.

**PIZZA BURGERS**

1 pound ground beef      ½ cup chopped onion  
 1/3 cup grated Parmesan    1 teaspoon oregano  
 1 teaspoon salt            1 can (6 oz.) pizza sauce  
 dash pepper                6 slices American cheese  
 3 hamburger buns

Combine ingredients except for buns and cheese. Spread mixture on both halves of buns. Bake at 425° for 20 minutes. Remove from oven and place cheese slices on top of each half. Return to oven to melt cheese.

Servings: 6

**ONE-POT ITALIAN SPAGHETTI**

1 pound ground beef            2 tablespoons chopped onion  
 1 can(8 oz.) tomato sauce    1 can(15 oz.) spaghetti sauce  
 1½ teaspoons salt                with mushrooms  
 1 teaspoon sugar                2 cups water  
 1 package (7 oz.) long spaghetti

Cook ground beef and onions in large pan. Drain fat. Stir in tomato sauce and spaghetti sauce. Add salt, sugar water, and uncooked spaghetti. Heat to boiling, stirring occasionally. Reduce heat. Cover and simmer over low heat about 15 minutes or until spaghetti is tender.

Servings: 4 to 6

**Words in the puzzle**

CALF	DAIRYCOW
COW	MUSCLES
BEEF	VARIETY
STEER	NUTRIENT-DENSE
BULL	NUTRIENTS
HERD	PROTEIN
HEIFER	IRON



Park County 4-H  
655 East 5th St  
Powell, WY 82435  
307-754-8836



Mail To:

A large, empty rectangular box with a thick green border is positioned below the "Mail To:" text. This box is intended for the recipient's mailing address.

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S.  
Department of Agriculture.

Glen Whipple, Director, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

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