

Park County 4-H Family Guide



a little bit of **EVERYTHING**
there's a project for everyone

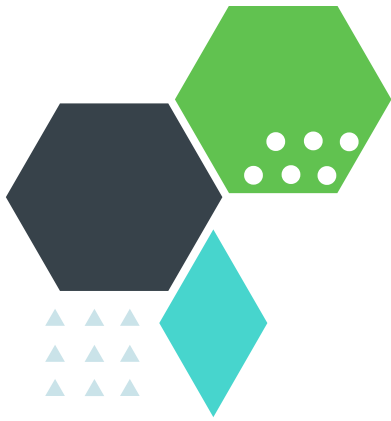


Table of Contents

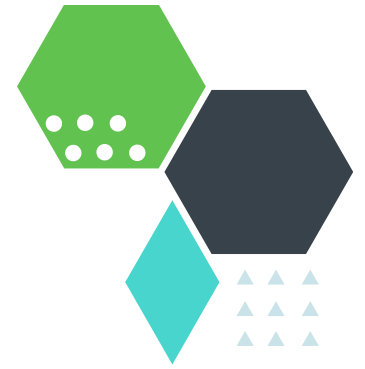
- 2** Contact Us
- 3** Meet the Staff
- 4** What is 4-H?
- 5** 4-H Facts and Information
- 12** Enrollment
- 15** Joining a Club
- 19** Park County 4-H Clubs
- 20** What Are Projects?
- 22** Park County Projects
- 23** Member Responsibilities
- 25** How it All Ties Together
- 26** Youth Quality Assurance (YQA)
- 27** County Events and Opportunities
- 29** State Events and Opportunities
- 31** National Events and Opportunities
- 32** International Opportunities
- 33** 4-H Glossary



Contact Us

<https://wyoextension.org/parkcounty/>

<https://www.wyoming4h.org/park4h/>

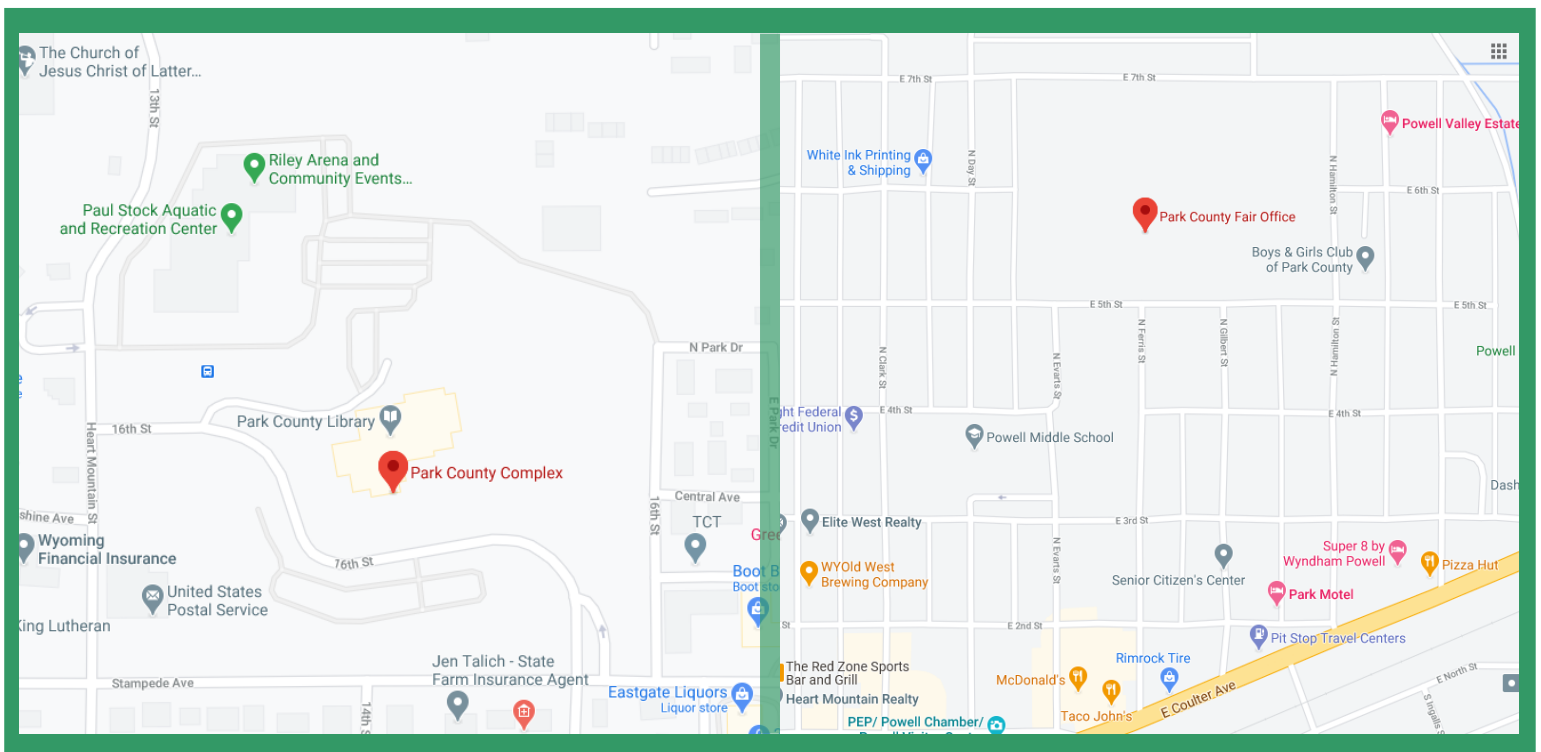


Park County Complex

1501 Stampede Ave-Suite 2080
Cody, WY 82414
307-527-8560

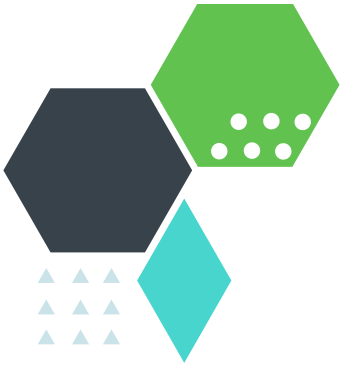
Park County Fairgrounds

655 East Fifth St
Powell, WY 82435
307-754-8836



The Extension Office is a partnership between local citizens, county government, the University of Wyoming, and the federal government. Its purpose is to bring research-based practices and knowledge to Wyoming citizens. Today, University of Wyoming Extension is aggressively changing to meet the complex needs and priorities of Wyoming citizens and their communities.





Meet the Staff

Park County Extension



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Wyoming 4-H

Facts & Information



What is 4-H?

4-H is the largest school youth organization in the United States with over 7 million youth members.

The purpose of 4-H is to help youth acquire knowledge, develop **life skills**, and form attitudes that will enable them to become self-directing, productive members of society.

With the help of 540,000 volunteers, 3,500 professionals, and 60 million alumni nationwide, 4-H'ers participate in fun, hands-on learning activities supported by the latest research of the nation's 109 land-grant universities focused on three areas: healthy living, citizenship, and science. Members learn life skills, make new friends, enhance self-esteem, achieve personal goals, develop positive relationships with peers and volunteers, and have fun learning and sharing as a family and a club.



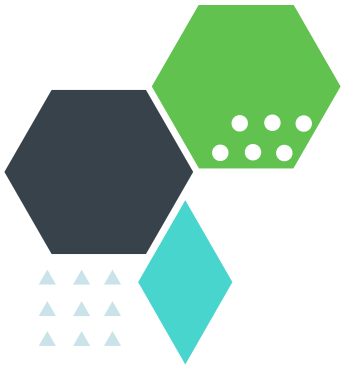
Youth experience 4-H as members of a 4-H club by completing project work. 4-H'ers can compete with their projects in contests at the local, state, regional or national levels and also attend conferences and events. There are Extension staff responsible for 4-H programs in every county in Wyoming. Whether you live in a city or rural area, there's something for you in 4-H.

What are life skills?

A life skill is an ability that one can use in everyday life. 4-H helps young people develop critical life skills. All education through the Wyoming 4-H program is designed to ensure that Wyoming youth develop the confidence, competence, and character to become:

- Critical Thinkers
- Active Citizens
- Caring Human Beings
- Innately Curious
- Self Sufficient
- Adaptable to Change
- Connected to others in the Community





Wyoming 4-H

Facts & Information

4-H Mission

A world in which youth and adults learn, grow and work together as catalysts for positive change.

4-H Colors

The 4-H colors are green and white. Green symbolizes nature's most common color and represents life, springtime and youth. White symbolizes purity.

4-H Vision

4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.

The Four H's



- Head:** 4-H gives youth the opportunity to think and learn about new and exciting things.
- Heart:** 4-H encourages positive relationships between you, your peers, adults, and your community.
- Hands:** 4-H focuses on community service and hands-on learning.
- Health:** 4-H helps you learn about making choices for a healthy lifestyle and environment.

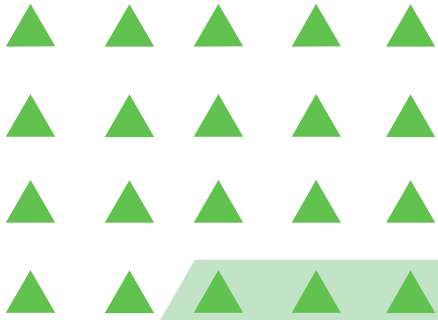
4-H Emblem

The 4-H emblem is a four-leaf clover with the letter "H" on each leaf, standing for head, heart, hands, and health. The use of the 4-H emblem has restrictions established by the United States Congress.



Wyoming 4-H

Facts & Information



The 4-H motto:

"To Make the Best Better."

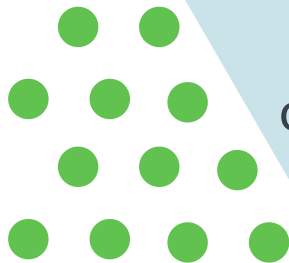
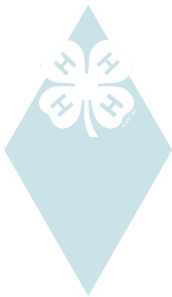
The 4-H slogan:

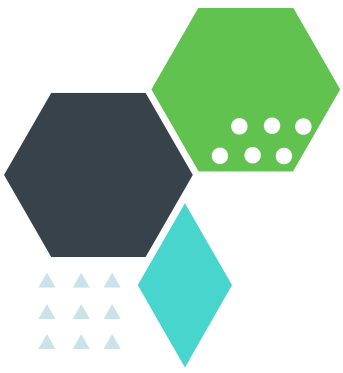
Learn by doing



The 4-H pledge:

"I pledge ...
My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service
and My Health to better living
for my club, my community,
my country, and my world."





Wyoming 4-H

Facts & Information

4-H Creed

I believe in boys' and girls' 4-H club work for the opportunity it gives me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to THINK, PLAN, and REASON.

I believe in the training of my HEART for the nobleness it will give me to be KIND, SYMPATHETIC, and TRUE.

I believe in the training of my HANDS for the ability it will give me to be HELPFUL, USEFUL, and SKILLFUL.

I believe in the training of my HEALTH for the strength it will give me to ENJOY LIFE, RESIST DISEASE, and WORK EFFICIENTLY.

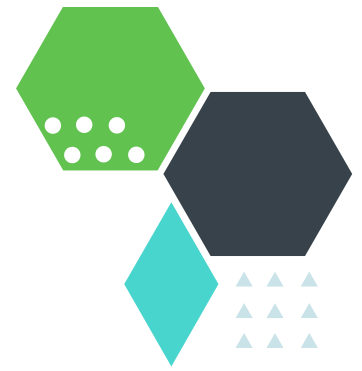
I believe in my Country, my State, and in my Community, and in my responsibility for their development.

In all these things I believe, and I am willing to dedicate my efforts to their fulfillment.



Wyoming 4-H

Facts & Information



4-H Impact


According to the 4-H Study of Positive Youth Development, a longitudinal study conducted by the Institute for Applied Research in Youth Development at Tufts University, youth engaged with 4-H are:



2X MORE LIKELY
TO PLAN TO GO
TO COLLEGE



2X MORE LIKELY
TO GET BETTER
GRADES IN SCHOOL

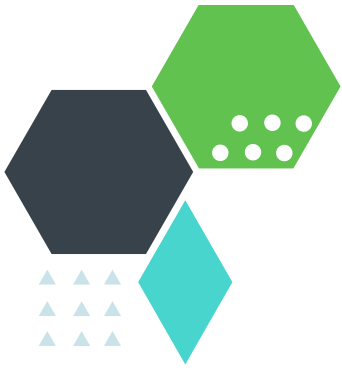
41% 
LESS LIKELY TO
ENGAGE IN RISKY
BEHAVIORS



GIRLS ARE
2X MORE LIKELY
TO PURSUE
SCIENCE CAREERS
OVER THEIR PEERS

4-H youth are also four times more likely to give back to their communities and families. Just imagine what Wyoming 4-H can do for you and your family.





Wyoming 4-H

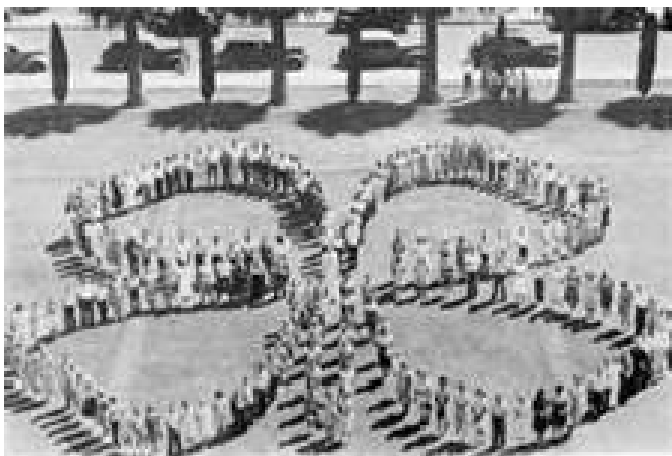
Facts & Information

4-H History

4-H can trace its roots back to the late 1800's when researchers began to realize that in order to encourage farmers to adopt research-based farming practices, they would have to harness the innovation and motivation of rural youth. As a result, agricultural research was delivered through the use of youth programs, and the first formalized 4-H clubs date back to 1902. During this time, educators encouraged youth in their communities to organize for the purpose of bringing agricultural research and innovation to the community.



The 4-H program was formalized in 1914 with the passage of the Smith-Lever Act, making youth programs a part of the Cooperative Extension Service administered by the USDA through the nation's land grant universities. 4-H programming at this time primarily focused on agriculture and home economics.



Wyoming 4-H

Facts & Information



Learn With 4-H

4-H members “**learn by doing.**” Youth, with guidance from adults, learn useful skills and how to live with people and serve their community and country by practicing these skills in real-life situations. Here are a few ways youth learn by being in 4-H.

Project Work. Project work helps members gain knowledge and skills and learn to take responsibility. By doing project work at home, members can develop a feeling of partnership with their parents.



Demonstration. 4-H members show and tell others how to do things they learn. This is called giving a demonstration, and it is a youths’ first step to helping others and developing leadership as well as public speaking skills.

Record Keeping. 4-H members learn record keeping skills by making timely entries into their 4-H Portfolios. Keeping records helps members evaluate their learning and develop business sense skills. 4-Hers should keep records on every project in which they are enrolled.

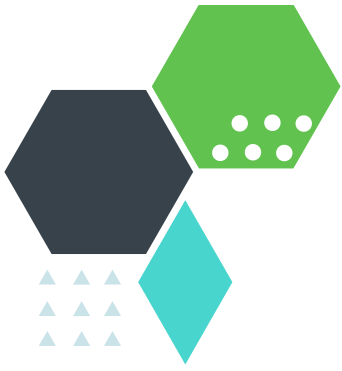
Recreation.

4-H’ers learn to enjoy life, themselves, and their association with others in social activities. Recreation is a wonderful way to teach leadership skills and team-work as well.

4-H Clubs.

4-H members learn how to use parliamentary procedure by conducting meetings, the value of committees to accomplish work, and cooperative skills through social interaction with club members.





Wyoming 4-H

Facts & Information

County Contests.

4-H members taking part in contests may receive an award for their efforts, but they learn cooperative and positive competitive skills as well as the standards of excellence.

Recognition and Awards. 4-H'ers are recognized and rewarded for work they do. Rewards range from acceptance by peers and leaders to trips and scholarships. Cooperative and positive competitive skills are recognized.



Exhibits.

Members may exhibit their project results at club meetings, county fairs, or open shows. Exhibiting 4-H projects shows others what 4-H'ers are doing, helps members find where they can improve their work, and gives members a sense of pride and accomplishment.

4-H Camp.

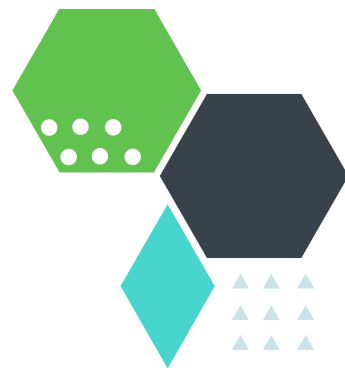
Many 4-H members attend camp. They take part in educational and recreational experiences. They learn more about nature and living with people .

Fund Raising. 4-H'ers are asked to contribute to the fund raising efforts of the club, so additional educational opportunities can be offered. The skills learned in these fund raising activities add to the member's leadership and organizational skills and may influence career choices. While 4-H is assisted with some public funds, private funds are essential to the operation of the 4-H program.



Park County 4-H

Enrollment Information



Enrolling

Enrollment is done online once every year. The 4-H year begins Oct. 1st and ends Sept. 30th but you can enroll any time. Members must be currently enrolled before the youth is able to participate in ANY 4-H activity.

Visit <https://4h.zsuite.org/> and set up a family account. Once you have a family account enroll each youth member and adult volunteer. Every year you will log in to your account and re-enroll each participant.

When enrolling, don't be afraid to try out several clubs before choosing the best fit for you. You are able to change your club and project lists on your online profile at any time. More info on clubs on page ????

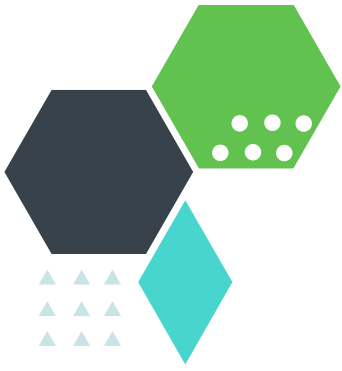


Different projects and events (animal projects, shooting sports, Self-Determined, etc.) have different project and enrollment deadlines so check with the Extension Office if you have questions about specific projects. More info on projects on page ???



For help enrolling visit:
or call 307-754-8836





Park County 4-H

Enrollment Information

Age Classifications

4-H programs are offered on an age-appropriate basis to youth, ages 5-18. This is the general age requirement for 4-H participation. On occasion, multi-state and national 4-H programs and events may use different age criteria and will be adhered to as necessary to qualify for participation.

- **Cloverbud Member:** ages 5-7
- **Junior Member:** ages 8-10 (3rd - 5th graders)
- **Intermediate Member:** ages 11-13 (6th - 8th graders)
- **Senior Member:** ages 14-18 (9th - 12th graders)

Ages are as of January 1 of the current 4-H year, which spans from September through August. Here are some examples for clarification:



- If a child is age 5 on January 1, they can join 4-H for the entire 4-H year as a Cloverbud member.
- If a child turns age 5 on January 2 or later, they must wait until the next 4-H year to join.
- If a member is 7 years or under as of January 1, they are a Cloverbud member.
- If a member is 8 years or older on January 1, they are a Junior member.
- If a teen will be age 18 on December 31, they can join for the entire 4-H year.
- If a teen is age 19 on January 1, they cannot join 4-H but are encouraged to serve as a 4-H volunteer.
- Collegiate 4-H Clubs are available at many colleges and universities for those wishing to continue 4-H activities into their early twenties.



Park County 4-H

Enrollment Information



Annual Fees

The annual fees cover the cost of insurance, new equipment and supplies, and helps to provide opportunities to 4-H youth. All 4-H members and leaders are covered by Wyoming 4-H Liability Insurance during 4-H functions. Which is why everyone needs to be enrolled before they participate in ANY 4-H function.

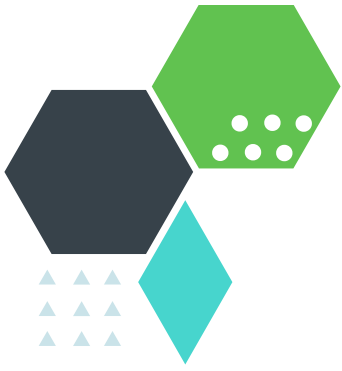
Park County 4-H now follows a staggered enrollment fee. This change will effect the way we accept online payments. We will still be able to accept credit card payments, however you will need to call and request an invoice. The goal of this change is to help encourage returning members to re-enroll and pay their dues before they participate in any 4-H events. Our office will send out an invoice to each family in the fall to help as a reminder. The new Park County 4-H enrollment fees per youth will be as follows:

- \$15.00
 - If paid October 1-December 31
- \$30.00
 - If paid January 1-September 30 (if you have not paid your dues for the current 4-H year)
- There will still be an additional \$50 fee for youth who have entered fair but did not enroll before July 5th (\$80.00 total)
- First year member enrollment fees will remain \$15 year round
- There will be a \$2.00 fee for credit card payments
- Cloverbuds are FREE

**JOIN  THE
REVOLUTION
OF RESPONSIBILITY**

Contact the extension office if you have questions about enrollment fees, or if you would like to pay using a card.





Park County 4-H Club Information

What is a 4-H club?

A 4-H club is a group of youth supervised by one or more adult leaders, under the sponsorship of the Extension System. Clubs can be organized within a neighborhood, a school, a business or other locations. The size of the club should be suitable to the age of the members, meeting place and leadership

support available. Clubs hold events such as fundraisers, community service activities, and have a leadership structure made up of 4-H members.

4-H clubs may sponsor needed community activities depending on the interests of the club membership.

Clubs offer opportunities and activities outside of projects for youth to learn and develop socially.

There are three different types of 4-H Clubs: Community Clubs, Project Clubs, and Special Interest Clubs. Members may belong to more

than one club if their interests fall within the scope of different clubs. Learn more about these different type of clubs on the next page.

How do I join a 4-H club?

Any youth may enroll in any club that is accepting members. Finding a club that fits your schedule and interests is very important so don't be afraid to talk to club leaders before enrolling in a club. Members may also switch clubs if there is a better fit for them somewhere else.

Make sure to talk to the club leader prior to enrolling in a club.



Park County 4-H Club Information



Who leads the clubs?

4-H members should have ownership of their club activities with guidance from adult leaders. Each club normally elects officers at the beginning of the 4-H year. Officers elected may include president, vice president, secretary, treasurer, reporter, recreation leader, and song leader. Other officers may be elected, depending on the club.

Planning is the key. It takes considerable thought, initiative, creativeness, and the making of plans well ahead of time. Most clubs outline their educational programs for each meeting early in the year.

Generally, program planning is done by the club officers and teen leaders with guidance from organizational leaders and club parents. The exact programming varies from club to club.



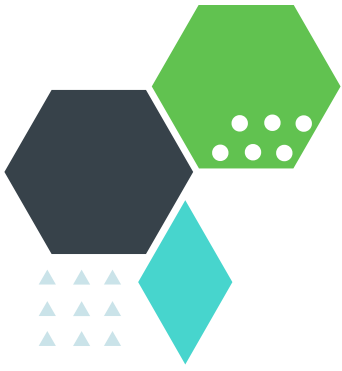
Why join a club?

The purpose of 4-H club meetings are to help youth:

- Acquire new information
- Learn to use leisure time creatively
- Develop social skills
- Acquire leadership and citizenship traits
- Learn to conduct meetings
- Build social capital

4-H members are given the opportunity to learn and practice decision making in group situations by using the knowledge and skills acquired at these meetings. 4-H members are expected to attend the monthly meetings. Parents are encouraged to attend meetings with their 4-H'ers. 4-H is a family affair.





Park County 4-H

Club Information

Club Meetings

The 4-H meeting includes conducting business, educational opportunities, and recreation. 4-H meetings normally last 1 to 1 ½ hours. Clubs may meet monthly or at any time determined by the club membership. Some club meeting activities are among the following:

Demonstrations.

Demonstrations are “show and tell” type presentations where the 4-H’ers share some of the things they’ve learned in their projects. Actual articles are used to show the steps necessary for a finished product.

Recreation.

The recreation portion of the meeting distinguishes the 4-H meeting from other educational activities.

Recreation may include challenges, group singing, relays, guessing games, singing games, active games, and quiet games.

Refreshments.

Some clubs serve refreshments at meetings, although this is not essential. Most often different families are hosts each month. The learning experience for the members who select, prepare, and serve the refreshments is the prime concern. Club members should learn how to select simple, nutritious, inexpensive refreshments and how to serve them. Parents can and should help by giving suggestions and guidance.

Business Sessions.

The business portion of the meeting should be short and snappy. It is a small democracy in action with members learning how to conduct meetings effectively, work with others through committee assignments, and cooperate with others in decision making.

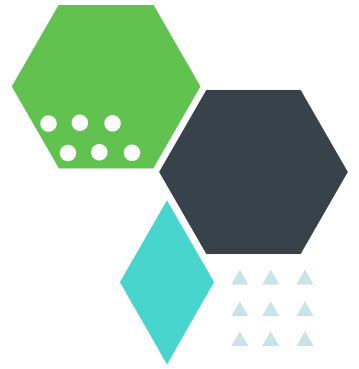
Illustrated Talks.

Illustrated talks differ from demonstrations in that they tell how rather than show how. Charts, models and other visuals are important for illustrated talks.



Park County 4-H

Club Information



Community Clubs

Community clubs have a number of members of various ages who work on a variety of projects. They may all work together on citizenship and service projects but generally enroll in various individual project areas. These clubs usually have an organizational leader and several project leaders. Most Park County 4-H clubs are community clubs.



Project Clubs

Project clubs are organized around one project area. Project club members generally meet to work on specific project skills and perfect their techniques.



Special Interest Clubs

Special interest clubs consist of a group of youth who share a similar interest or passion. 4-H'ers of a variety of ages may join a special interest club to enhance their knowledge about a particular event or activity. An example of a special interest club might be a Community Theatre Club or Snow-machining Club.





Park County 4-H Club Information

Bittercreek 4-H

Brook Loyning
307-202-0246

Cody Sharp Shooters

Tiger McNeil
307-527-6124

Little Hooves 4-H

Lisa Eaton
970-420-9588

Silver Spurs

Rachel James
307-250-5424

Lonestar League

Lindy O'Rourke
307-754-0225

Off the Grid

Heather Morrison
970-290-9372

Crazy Cayuse Wranglers 4-H

Christi Greaham
307-202-2617

Willwood 4-H

Starla Craig
307-754-9722

Southfork Community Clicks

Ashli Koster
307-250-2939

Hillbillies 4-H Club

Adam George
307-250-0156

Sure Shots
Leader Name
Phone Number

Upper Greybull

Angie Erickson
307-899-4332

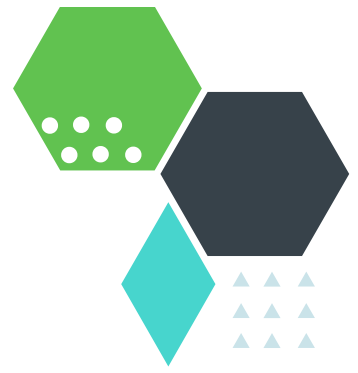
Heart Mountain 4-H

Karista Low
307-250-6998



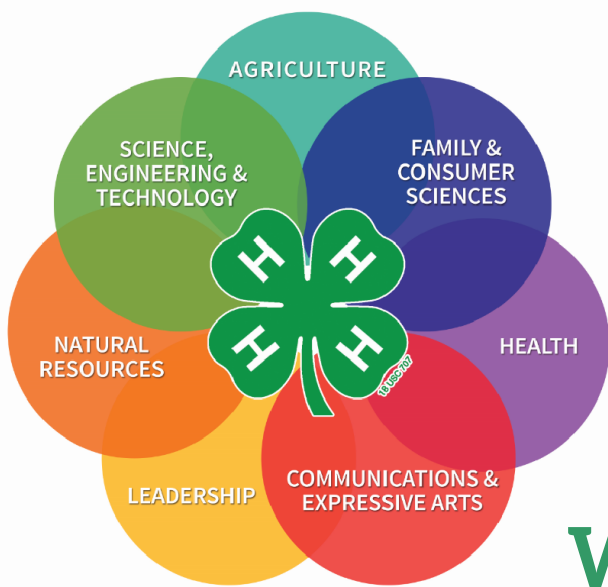
Park County 4-H

Project Information



What are projects?

Projects are real life, hands-on experiences that help 4-H'ers learn to make sound decisions. Projects put the hands and mind to work.



There are over 60 projects 4-H'ers can choose to work with. Most of the projects have been planned with several phases so that a member may advance to more difficult and challenging activities as he or she develops knowledge and skill. 4-H projects take on a wide variety of interests and activities and are designed to attract members regardless of their place of residence, economic status, or race.

Why do projects?

Along with club membership, project work is the vehicle in which youth develop positive life skills.

Participating in a project helps youth:

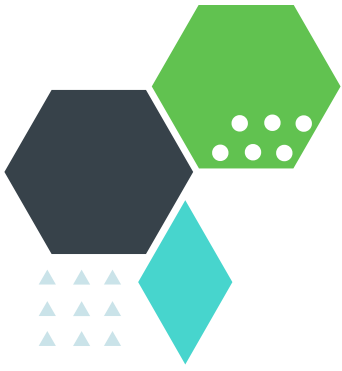
- Create a sense of ownership
- Give a feeling of achievement
- Strengthen family and community ties
- Provide leisure time activities
- Explore career opportunities

Further, working on projects provide members the opportunity to:

- Learn project skills
- Develop and understand project knowledge
- Develop good attitudes
- Assume responsibility
- Participate in healthful competition
- Make meaningful decisions

Youth work on their project(s) throughout the year, report progress of what they do and learn, and then exhibit their projects.





Park County 4-H

Project Information

How to complete projects?

Project work is conducted through various activities and events such as:

- Project meetings in the local club
- Demonstrations and talks at regular club meetings
- Club Tours
- Family activities or work at home
- Exhibiting at shows and fairs
- Record keeping



Most projects you can do at your own home, with the help of an adult. Some projects have Project Leaders that hold classes or workshops. Watch the current newsletter for announcements about classes or workshops being held. Some projects have deadlines for enrollment and events so please make sure you ask the Extension Office or project leaders before enrolling.

How to choose a project?

With over 60 project areas it can be a little overwhelming. Start small, try one or two projects. Over time you can change or add more projects. Projects are open to all eligible 4-H members. You should select a project you are interested in and would like to learn about. Don't be afraid to pick projects you don't know much about, because the whole point of participating in a 4-H project is to learn about it. You may enroll in the same project or a different project each year and you can enroll in as many projects as you have time for. If you have a project that isn't on the list contact us. It might be eligible to be a Self-Determined project.



Park County 4-H

Project Information



Before picking, ask yourself:

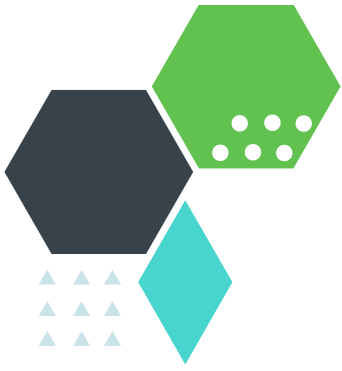
- Does it meet the needs and interests of the member?
- Is the project appropriate for the age and ability (physically and mentally) of the member? Will it be educationally challenging for the member?
- How much time does the member have and how much time does the project require? During which season of the year will most of the activity of the project be accomplished?
- Is the project acceptable to you as parents and does it fit into the family needs and situation?
- How much will the project cost? Is adequate space and equipment available at home?
- What are the opportunities for ownership and management responsibilities?
- Are there leaders to help with the project, or are you willing to help the member with the project?

- Aerospace
- Archery
- Beef
- Cake Decorating
- Cats
- Citizenship
- Computers
- Crocheting
- Dogs
- Electricity
- Entomology
- Fabric & Fashion
- Foods & Nutrition
- Gardening
- Geology
- Dairy Goats
- Meat Goats
- Health
- Horses
- Interior Design
- Knitting
- Llamas & Alpacas
- Leathercraft
- Muzzleloading
- Nature & Ecology
- Photography
- Pistol
- Pocket Pets
- Poultry
- Quilting
- Rabbits
- Sheep
- Recreation
- Robotics
- Ropecraft
- Shotgun
- Sportfishing
- Swine
- Veterinary Science
- Visual Arts
- Wildlife & Hunting
- Welding
- Woodworking
- Youthleadership
- Self-Determined
- Range Management



With over 60 project areas it can be a little overwhelming. Start small, try one or two projects. Over time you can change or add more projects.





Park County 4-H

Member Information

Expectations

To get the most out of your 4-H experience, it is important to stay involved! As a 4-H Member you are expected to . . .

- Join a club and participate in your club's meetings and activities.
- Participate in county wide 4-H Events (Achievement Day, clinics and workshops, and other activities throughout the year).
- Participate in project meetings when offered.
- Complete and turn in to the Extension Office a Portfolio Record Book no later than September 15 or deadline, of the 4-H year.
- Learn through projects and other activities.
- Read your county 4-H newsletter! It is written for you. There is news about other 4-H clubs and upcoming 4-H events for you and your club. Keep your newsletter and other 4-H materials in a safe place. This will help you be a better member.
- All youth in Market projects, must attend a Meat Quality Assurance class.
- Tell your parents about important dates in advance so they can get you to the meeting or event.

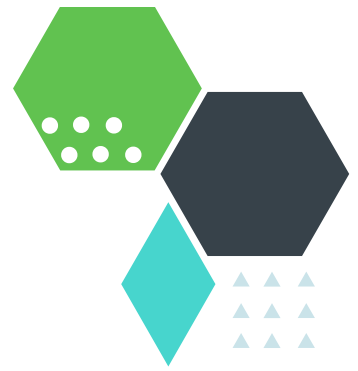


AND MOST OF ALL
HAVE FUN!!!



Park County 4-H

Member Information



Responsibilities

A 4-H club is a group of kids working with an adult volunteer leader toward common goals. These goals are chosen and accomplished by the entire club working together. The officers and leaders can't do it alone. This means that every member of the club needs to pitch in and do his or her part!

Below are some reminders to help you help your club be successful.

Attend all of your club meetings. You can't be an active member if you're not around. Arrive on time, and plan to stay until the meeting ends. If you miss a meeting for an important reason, let your leader or an officer know in advance if possible.

Remember that, in 4-H, meetings are held to:

- Get things done
- Bring up new ideas
- Build leadership skills of all members
- Be a change of pace from everyday activities
- Get to know other members
- Learn and have fun

Follow an agenda during each meeting and don't get off the subject.





Go to meetings with your ideas and share them with others.

Raise your hand and be called on before speaking. Only one person should talk at a time.

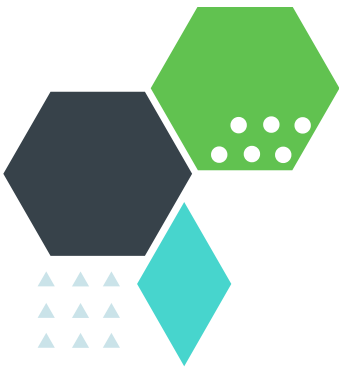
Listen to what others have to say. Even if you don't agree with their opinions, it lets you hear other points of view. No matter what, you should respect their freedom of speech.



How It All Ties Together

Targeting Life Skills ⁹	Community Action Framework ¹⁰	Features of Developmental Relationships ¹¹	4 Hs ¹²	Six Cs of PYD ¹³
BELONGING <ul style="list-style-type: none"> ✓ Nurturing relationships ✓ Social skills ✓ Communication ✓ Cooperation ✓ Personal safety ✓ Conflict resolution ✓ Accepting differences ✓ Teamwork 	<ul style="list-style-type: none"> ✓ Learning to connect ✓ Multiple supportive relationships with adults & peers ✓ Safety ✓ Policies & public institutions support youth development 	Attachment Positive & appropriate connections between youth and adults (e.g., teacher & student, coach & player)	HEART relating, caring 	CONNECTION
MASTERY <ul style="list-style-type: none"> ✓ Learning to learn ✓ Decision making ✓ Critical thinking ✓ Problem solving ✓ Wise use of resources ✓ Keeping records ✓ Marketable skills 	<ul style="list-style-type: none"> ✓ Challenging & engaging activities & learning experiences 	Progressive Complexity Youth are engaged in progressively more complex experiences as the activity progresses	HEAD managing, thinking 	COMPETENCE
INDEPENDENCE <ul style="list-style-type: none"> ✓ Self-esteem ✓ Resiliency ✓ Goal Setting ✓ Self-motivation ✓ Leadership ✓ Planning/Organizing ✓ Managing feelings ✓ Self-discipline ✓ Self-responsibility ✓ Stress management ✓ Healthy lifestyle 	<ul style="list-style-type: none"> ✓ Learning to be productive ✓ Learning to navigate ✓ Meaningful opportunity for involvement and membership 	Balance of Power Power shifts from adults to youth as activity progresses to develop youths' independence	HEALTH being, living 	CONFIDENCE
GENEROSITY <ul style="list-style-type: none"> ✓ Empathy ✓ Concern for others ✓ Service Learning ✓ Character ✓ Community Service ✓ Responsible citizenship ✓ Contributions to group effort 	<ul style="list-style-type: none"> ✓ Community awareness & involvement 	Reciprocity Youth and adults feel an equal committed to one another's well-being & success; both experience mutual respect & positive dependence	HANDS giving, working 	CONTRIBUTION CHARACTER COMPASSION

¹Kress, 2003; ²Brendtro, Brokenleg and Van Bockern, 2005, p 132; ³Peterson et al, 2001; ⁴Coppersmith, 1967; ⁵Harter, 1987; ⁶Kohn, 1993; ⁷Benard, 1991; ⁸Search Institute, 1997; ⁹Hendricks, 1996; ¹⁰Gambone & Connell, 2004;



Youth Quality Assurance

Youth Quality Assurance (YQA) teaches youth how to give the best care for their livestock in order to produce a high quality product for consumers. This is learned through understanding the importance proper nutrition, housing, identification, handling, carcass quality, health care, withdrawal times, and record keeping.

All youth planning to sell a market project must complete YQA. If members have gone through Pork check Off (PQA) or have completed the Beef Quality Assurance (BQA) or have another quality assurance certification, that will meet your requirements.

If you would prefer to test out of YQA, an age and species appropriate test may be taken at either extension office. Youth must score an 80% or higher, and can retake the test (on a different day) as many times as they would like. Members scoring 100% (on the senior level test) will no longer need to complete YQA in future years. Junior and intermediates scoring 100% will not need to complete YQA again until they reach a new age level.

2021



County Opportunities



Clinics and Workshops

Educational workshops, clinics and seminars are offered throughout the year in many project areas. Watch for these in the newsletter and mailings or emails from the Extension Office.

Presentation Contest

Members are encouraged to give a 7-15 minute presentation both individually or as a team on any subject. Members who compete at the county level are eligible to compete at the state level for prizes. The county presentation contest is held in June every year.



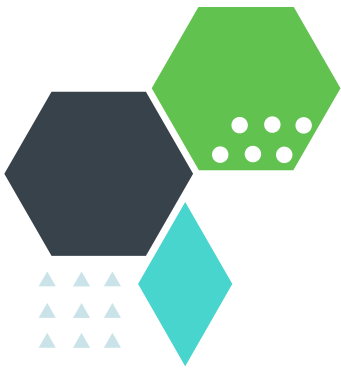
County Shoot

Members in the Shooting Sports projects have the opportunity to participate in a friendly competition with other members from the county. Watch the newsletter or talk to your shooting sports leader or call the 4-H office for entry information.

County Fair

Members participating in ANY project area have the opportunity to showcase their skills and projects at the County Fair every year at the end of July. The County Fair has several different competitions from livestock shows to the Fashion Revue to dog and cat shows to interview judging.





County Opportunities

4-H Camp

Members enrolled in 4-H can participate and bring a friend to the annual 4-H Camp at the beautiful H <> W Camp. During this fun-filled week in June, or July members can try new projects, make new friends, and develop life skills.

4-H Fridays

Weekly project based education during the school year. Project based learning experiences focusing on Food and Nutrition, Livestock, Visual Arts, Robotics, Youth Leadership, Civics and STEAM Education.



Achievement Night

Members have the opportunity to celebrate their accomplishments and thank their leaders and community supporters at the annual Achievement Night in November.



WYOMING STATE & REGIONAL EVENTS

Wool Judging- April 2021

The 2021 Wyoming 4-H Wool Judging Contest will take place in Laramie at the University of Wyoming Wool Barn. Contest rules and eligibility can be found at the link provided below.

<http://www.uwyo.edu/4-h/opportunities/state-contests/wool-judging/index.html>

Meat Judging- April 2021

The 2021 Wyoming 4-H Meats Judging Contest will take place in Laramie in the University of Wyoming Meat Lab. Current contest information including rules and eligibility can be found at the link provided below.

<http://www.uwyo.edu/4-h/opportunities/state-contests/meat-judging/index.html>

4-H Horse Camp- June 2021

Wyoming State Fairgrounds in Douglas, WY 4-H Horse Camp is open to all Wyoming 4-H Club Members, Parents, 4-H Leaders, and Wyoming Extension Personnel. The educational programs presented at Horse Camp are designed to provide practical, hands-on training. The major emphasis of the camp is to improve safe riding and handling skills.

<http://www.uwyo.edu/4-h/opportunities/state-opportunities/horse-camp.html>

SHOWCASE SHOWDOWN - June 2021

<http://www.uwyo.edu/4-h/opportunities/state-contests/showcase-showdown/index.html>

WYOMING STATE SHOOT - July 2021

Douglas, WY

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-shoot/index.html>

WYOMING STATE FAIR - August 2021

Wyoming State Fairgrounds in Douglas, WY

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-fair/index.html>



The State 4-H Leadership Team is a seven-person team that represents Wyoming 4-H at all statewide events and activities. These functions include, state leadership team retreat, Showcase Showdown, Legislative Day, and the Wyoming State Fair. Team members are also involved in providing county or multi-county leadership workshops, assisting at all state 4-H contests and events, and representing 4-H at organizational meetings.

WHO IS ELIGIBLE?

All current Wyoming 4-H members between the ages of 15 & 18 are eligible to apply. Generally those members who are juniors or seniors in High School during their term of service have the best experience on the team.

WHAT DOES THE LEADERSHIP TEAM DO?

Members of the Leadership Team have many opportunities to interact with the public and share their 4-H experiences. A few of the events the leadership team participants in are as follows:

- ~ Leadership Team retreat and training – May – location varies
- ~ State 4-H Showcase Showdown - June - Laramie, Wyoming
- ~ State 4-H Shooting Sports Contest –July – Douglas, Wyoming
- ~ Wyoming State Fair - August - Douglas, Wyoming
- ~ Legislative Day –February - Cheyenne, Wyoming
- ~ National 4-H Conference – March – Washington, D.C.
- ~ State 4-H Meat and Wool Judging – April – Laramie, Wyoming
- ~ Participate and speak at county programs and groups as invited

APPLICATIONS CAN BE FOUND ON THE STATE 4-H WEBSITE AT:

UWYO.EDU/4-H/OPPORTUNITIES/STATE-OPPORTUNITIES/STATE-LEADERSHIP-TEAM

DUE 4.1.21



HOW ARE MEMBERS OF THE LEADERSHIP TEAM SELECTED?

Members of the leadership team are selected through an application and interview process. Applications are due April 1 and interviews will be conducted during the month of April.



National Opportunities

**For more information about national 4-H opportunities:
Contact the State 4-H Office at (307) 766-5170**



- Opportunity for high school students in grades 10-12 from across the country travel to Washington, D.C.
- 4-H'ers to learn how to be citizen leaders and make a difference in their communities.
- Participants will enjoy a behind the scenes look at our nation's capital and meet members of Congress
- Participants will also develop communication, leadership and citizenship skills through hands-on learning and group activities, build new and lasting friendships.



- Opportunity for youth in grades 7-9 from across the country travel to Washington, D.C.
- Participants will enjoy a behind the-scenes look at our nation's capital and meet members of Congress
- Participants will also develop communication, leadership and citizenship skills through hands-on learning and group activities, build new and lasting friendships.

- Youth ages 15 and older are invited to be part of the Wyoming 4-H National Congress delegation in Atlanta, Georgia.
- The trip focuses on community service and diversity awareness.
- Delegates will attend leadership and personal development workshops, meet youth from 4-H programs across the United States, participate in community service, tour Atlanta, and more.



- National 4-H Conference is held in Washington D.C. and because it is the U.S. Secretary of Agriculture's premiere youth development opportunity, young people assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities.
- This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during the conference, and, afterwards report accomplishments to the USDA they have achieved as a result of the conference.

**Funding is available from the Wyoming 4-H Foundation for those who apply.
Youth delegates selected to represent Wyoming 4-H are selected through an application and interview process.
Members selected to attend may be awarded funding through the Wyoming State 4-H Foundation.**



International Opportunities



Sponsored by the
University of Wyoming 4-H
Youth Development Program
and the Vieremän Finland
4-H Association.

For more information:
Contact Warren Crawford
crawford@uwyo.edu

Come explore the world with us!

- You can experience the rich history and culture of Finland. The International 4-H Exchange Programs are designed to advance cultural understanding, prepare youth leaders to become responsible citizens, spark an interest in learning about foreign cultures, and develop a care of Americans with cultural understanding who can advance international dialogue and compete effectively in the global economy.
- Current members of the Wyoming 4-H program (14-19 years of age) are eligible to participate. Members must have an interest in traveling internationally, learning about different cultures, and living with a host family.



4-H Glossary

Achievement Night- An event where 4-H members, leaders, and clubs are recognized for their accomplishments throughout the previous 4-H year

Club- A 4-H Club is a group of 4-H members who meet regularly to conduct business, learn about projects, take part in community service events, and enjoy recreation. These groups have elected officers, a set of by-laws and a treasury maintained by fund-raising efforts. Most 4-H groups meet monthly. Members plan a yearly program for meetings and events in advance. All 4-H members, volunteers, and parents attend to share information about the club, and about, county, regional, state, and national 4-H events.

Club Leader- Lead and organize club meetings and activities. These individuals serve as a liaison between Extension staff, 4-H Council, and their club members. They communicate important dates and encourage participation to facilitate a sense of belonging.

Community Service - A project or an event undertaken by a club, project group, or an individual 4-H member to help make the community a better place in which to live.

Consignment- A legal document that serves as an agreement to sell your animal during the Livestock Sale.

4-H Council - With the guidance of the 4-H Youth Development Educator, this group plans, implements, and evaluates county 4-H programs. Officers are elected, and the group meets monthly. This organization undertakes major fund-raising efforts each year. Club leaders and volunteers are members of 4-H Council by default.

County Fair - An event where 4-H members may exhibit their projects including indoor static exhibits and livestock shows. Information about county fair can be obtained from your 4-H Extension Office.

Educator- An employee of the University of Wyoming that directs and coordinates the planning of 4-H events and oversees committees, clubs, and its members.

Event - A planned, educational opportunity for 4-H members to learn through group participation. It is learning by doing. Events are held at the club, county, regional, state, and national levels. Examples of club and county events are camps, fairs, exhibit days, judging, fashion reviews, demonstrations, fun nights, carnival, and similar programs.



Extension - An organization established May 8, 1914, when President Woodrow Wilson signed the Smith-Lever Act, which directed Cooperative Extension "to aid in diffusing among the peoples of the United States . . . useful and practical information on subjects relating to agriculture and home economics" by means of "instruction and practical demonstrations." Congress clearly intended to create an educational program, and wanted it to include work with young people. This educational program is a cooperative effort between three levels of government: the United States Department of Agriculture at the federal level; the University of Wyoming at the state level; and the county Extension Educators at the local level.

Fair Book - A publication specific to county fair. It lists the competition classes that are offered as well as fun events and sponsors.

Fashion Revue - The 4-H Fashion Revue is a county event that takes place during County Fair week. Members that participated in the Fabric and Fashion Project areas such as Constructed to Wear, Embellished and Recycled, and Buymanship are all encouraged to participate.

Indoor Judging - Members who have a static exhibit to enter into County Fair must participate in Indoor Interview Judging. The interview is a large portion of their final placement and an important piece of evaluating learning and skills obtained.

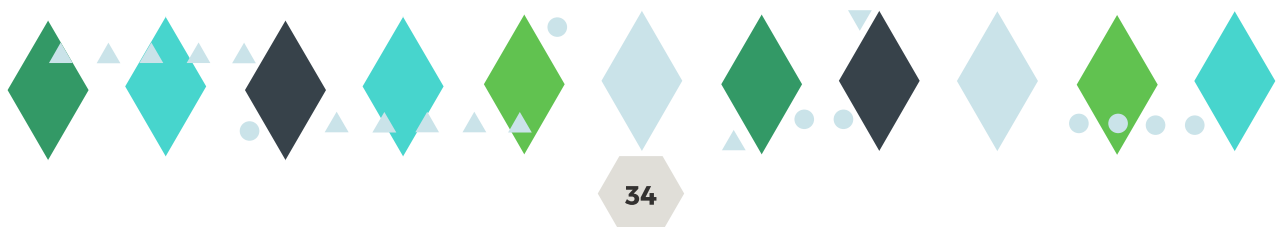
Junior Leader - A Junior Leader is a member aged 13-18 who is a 4-H member enrolled in the current year and interested in expanding their 4-H experience. Junior Leaders carry out planned leadership responsibilities under the supervision of volunteers including community dances, mountain camp, county fair, etc.

Livestock Clinic- Workshops in various species such as beef, sheep, swine, poultry, rabbits, and goats. Clinics consist of the following: selection and judging, health practices, feeds and feeding practices, and fitting and showing techniques.

Livestock Sale- Occurs at the end of County Fair as an opportunity for members to sell their market animals to supportive community members. The sale includes beef, swine, lamb, goat, poultry (pen of 3), and rabbit (pen of 3). Members may sell three animals (poultry and rabbit pens of 3 count as one) and no more than two of each species.

National 4-H Week - A nationwide observance held in the fall. Clubs are encouraged to participate by having displays and special programs publicizing 4-H.

Ownership Deadline - The last date to have ownership of an animal that a member intends to show during county fair. Beef deadline is February 1st. Dogs are May 1st. All other species have a deadline of June 1st.



Premium Check- Monetary award given to members that received ribbon placings County Fair. Livestock shows pay premiums to 1st through 5th place winners. Static exhibits are awarded according to ribbon color.

Project – A planned unit of work, using the 'learning by doing' concept in a specific skill or interest area carried out by a member or group of members with the supervisions and guidance of a volunteer.

Project Leader - A Project Leader is a volunteer who is willing to assume the responsibility of helping 4-H members acquire knowledge, attitudes, skills, and habits through the 'learning by doing activities' that are inherent in a specific project. A volunteer in this leadership role channels the enthusiasm, energy, and curiosity of youth towards new experiences. The project often plays the largest role in a member's 4-H work. Members are highly motivated because they take projects which interest them. As they gain competence, 4-H members acquire the courage to tackle more difficult tasks. The Project Leader encourages young people to set goals that they can attain and measure.

Project Meeting – A meeting of 4-H members, where the members learn specific knowledge or skills about a particular subject. These meeting have attendees from various clubs.

Silent Auction- An opportunity for members with static exhibits to sell their items. The silent auction takes place during County Fair after indoor judging once exhibits are on display to the public.

Static Exhibit- A 4-H project that is not a living animal, though it may be *about* an animal. It can include a wide variety or projects including things like poster boards, cake decorating, leather craft, photography, canned items, art, robotics, etc.

Youth Quality Assurance (YQA)- Youth Quality Assurance (YQA) teaches youth how to give the best care for their livestock in order to produce a high quality product for consumers. This is learned through understanding the importance proper nutrition, housing, identification, handling, carcass quality, health care, withdrawal times, and record keeping.

All youth planning to sell a market project must complete YQA. If members have gone through Pork check Off (PQA) or have completed the Beef Quality Assurance (BQA) or have another quality assurance certification, that will meet your requirements. Alternatively, the class may be taken individually online for a \$12 fee at YQCA.org.

