

1400 E. College Drive Pathfinder Building, Room 406D Cheyenne, WY 82007 307-633-4383

Wyseming 4-H

Laramie County 4-H

Who can join 4-H?

What is 4-H?

4-H is the largest out of school youth organization in the United States with over 7 million youth members.

The purpose of 4-H is to help youth acquire knowledge, develop life skills, and form attitudes that will enable them to become self-directing, productive members of society. There are Extension staff responsible for 4-H programs in every county in Wyoming. Whether you live in a city or rural area, there's something for you in 4-H.

Members learn life skills, make new friends, enhance selfesteem, achieve personal goals, develop positive relationships with peers and volunteers, and have fun learning and sharing as a family and a club. Youth may be members in the traditional 4-H program in Wyoming if they have passed their 8th birthday and have not passed either 19th birthday before January 1st of the current 4-H year. A member may join at any time after October 1st, provided the member meets the age requirement (will turn 8 before January 1st and not have turned 19 by January 1st). *Check with your clubs and projects as there may be deadlines for participation.

A 4-H Cloverbud can be between 5-7 years old by January 1st of the current 4-H year.

Wyoming and Laramie County 4-H has opportunities for adults in volunteer positions too!

What is a 4-H Project?

A topic that a member chooses to work on in a 4-H club. A 4-H project is something a member learns to do with the help of leaders and parents. Projects are open to all eligible 4-H members. 4-H projects are "learn by doing" experiences. Youth should select a project they are interested in and would like to learn about. Don't be afraid to pick projects you don't know much about, because the whole point of a 4-H project is to learn about it. You work on the project(s) throughout the year, keep records of what you do and learn, and then you can exhibit your projects at places such as the County Fair, County Shoot, or Showcase Showdown.

4-H Clubs

A 4-H Clubs are youth working in groups with a volunteer leader.
All 4-H members must belong to a club. Any youth may enroll in any club that is accepting members. Finding a club that fits your schedule and interests is very important so don't be afraid to talk to club leaders before enrolling in a club. Members may switch clubs or be long to more than one if there is a better fit for them somewhere else.

For important links, project & club lists, and enrollment instructions, please see the other side!



Enrollment

Each Laramie County 4-H
member and volunteer must
complete an online enrollment
through 4h.zsuite.org. There is a
\$10 enrollment fee for all youth
members (though some projects
have additional fees).
If there is more than one youth
in your family, everyone can be
enrolled under the same
household profile.
Enrollment must be completed
yearly.

4-H Staff

Kristi Nagy, 4-H Educator - Knagy @uwyo.edu Dawn Sanchez, 4-H Educator - Dawns@uwyo.edu Brittany Newlin, Office Associate - Bnewlin@uwyo.edu Karyn Burkett, Office Associate - Kforbes@uwyo.edu

Helpful Links

Laramie County 4-H <u>wyoming4h.org/laramiecounty4h</u> Wyoming 4-H <u>uwyo.edu/4-h</u>

4-H ZSuite 4h.zsuite.org

Laramie County 4-H Facebook <u>facebook.com/LaramieCounty4H</u> Shop 4-H <u>shop4-h.org</u>

Wyoming 4-H Projects

Aerospace Muzzleloading Archery Nature & Ecology Beef Photography Cake Decorating Pistol Cats **Pocket Pets** Citizenship Poultry Computers Quilting Crocheting **Rabbits** Dogs Sheep Electricity Range Management Entomology Recreation Fabric & Fashion **Robotics** Foods & Nutrition Ropecraft Gardening Shotgun Geology Sportfishing **Dairy Goats** Swine Meat Goats **Veterinary Science** Health Visual Arts Horses Wildlife & Hunting Interior Design Woodworking Knitting Youth Leadership Leathercraft *Self Determined Llamas & Alpacas

Any Questions?

Call the Laramie County 4-H Staff at 307-633-4383

Monday - Thursday 7am - 6pm

Laramie County 4-H Clubs CLUB NAME ... TOPIC ... GENERAL MEETING LOCATION

CEOD NAME TOTIC GENERAL MEETING ECCATION		
Albin All Around	General	Varies- Albin Area
Busy Bunch	General	Archer
Clover Club	General, Livestock	Archer
		LCFD#8
	al, Livestock, Shooting S	Pine Bluffs
Future Scholars of Americ		Carpenter
Helpful Hands	Livestock, General	Archer
Hillsdale Tiptoppers	Livestock, General	Archer
Horsin' Around	Horse, Dogs, General	
KADA 4-H Club	General	Albin Area
Kickin Up Dust	General, Beef	Horse Creek
Kountry Kids	General	Library-Cheyenne
NUCLEAR	Robotics	LCCC
Outlaws	General	Archer
	General Cheyen	ne, Location Varies
Prairie Dusters	Most of	^F Cheyenne/Federal
Rowdy Riders	General	East High School
Saddle Mountain Maverick		Carpenter
South Stars	General	East High School
Thunderbird 4-H	General	F. E. Warren
Warren Warriors	General	
Windy Mountain Ranchers	General	LCCC Pathfinder
Wranglers	livestock	Archer
4-H Homeschoolers	General	LCCC Pathfinder
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ZSuite Enrollment

- 1.Go to 4h.zsuite.org and click "Sign Up"
- 2. Create & Remember your pin
- 3. To add family members, select "Household Members" -> "+ Household Member". Fill in all required fields including clubs and projects.
- 4. Submit!
- 5. Once all fees are paid (\$10 enrollment, shooting sports, etc.), and the 4-H Office approves the enrollment, those new enrollments will be Active!