

Laramie County 4-H Office

(307) 633-4383

2022

November

The Cloverleaf

Announcements

- If you ordered shooting sports apparel, it is at the 4-H office to be picked up
- Note that Outlaws have a club registration deadline of December 15th
- Please read all deadlines closely for events and entries listed in the newsletter
- Follow Laramie County 4-H on Facebook for the most up to date information throughout the month!
- Cloverbud Fundays have been moved back to PF 409
- The Extension Office will be closed November 24th & 25th for the Thanksgiving Holiday

THIS MONTH'S NEWSLETTER HAS INFORMATION ABOUT ALL OF THE FOLLOWING PROGRAMS:

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Avian Flu	12	Introduction to Canning	24
Tragedy to Triumph	13	New Family Orientations	25
Black Hills Stock Show & Rodeo	14	Crochet Workshop	25

*Schedule is subject to change, please visit our website or call the office with any questions

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 2022 Award Nominations <u>Due</u> Food, Fun, 4-H First Class Registration <u>Due</u> State 4-H Club Award Applications <u>Due</u>	2	3 Leathercraft <u>Meeting</u> Circuit Breakers Meeting	4 National 4-H Conference Lead Collegiate Facilitator & Collegiate Facilitator Adult Advisor Interest <u>Due</u>	5
6 NUCLEAR Robotics	7	8 Livestock Sale Committee Meeting	9 Geology Meeting	10 Tragedy to Triumph - Amberley <u>Snyder Event</u> Leathercraft <u>Meeting</u> Circuit Breakers Meeting	11	12 Cloverbud <u>Funday</u> First Lego League Qualifier
13 NUCLEAR <u>Robotics</u> Cheyenne Livestock Expo	14 Cheyenne <u>Livestock Expo</u> Achievement Night RSVP <u>Deadline</u> New Family Orientation	15 Cheyenne <u>Livestock Expo</u> Wyoming Cancer Program's Video Contest <u>Deadline</u>	16 Benefit Bash <u>Meeting</u> Junior Leaders Meeting Cheyenne Livestock Expo	17 Canning <u>Workshop</u> Leathercraft <u>Meeting</u> Circuit Breakers <u>Meeting</u> Cheyenne Livestock Expo	18 National 4-H Conference Youth Leadership Team & Collegiate Facilitator <u>Interest Due</u> Cheyenne Livestock Expo	19 Country Christmas Craft & Gift <u>Show</u> Cheyenne Livestock Expo
20 NUCLEAR <u>Robotics</u> Cheyenne Livestock Expo	21 Cheyenne Livestock Expo	22 Cheyenne Livestock Expo	23 Cheyenne Livestock Expo	24 Thanksgiving Day <u>Office Closed</u> Cheyenne Livestock Expo	25 <u>Office Closed</u> Cheyenne Livestock Expo	26 Cheyenne Livestock Expo
27	28	29	30 Cyber Wyoming Video Challenge <u>Deadline</u>			

*Schedule is subject to change,
please visit our website or call the
office with any questions

November

- 1 2022 Award Nominations DUE
- 1 Food, Fun, 4-H Enrollment Deadline for first class
- 1 State 4-H Club Award Applications DUE
- 3 Leathercraft Meeting
- 3 Circuit Breakers Meeting
- 4 National 4-H Conference Lead Collegiate Facilitator Interest DUE
- 4 National 4-H Conference Collegiate Facilitator Adult Advisor Interest DUE
- 6 NUCLEAR Robotics
- 8 Livestock Sale Committee Meeting
- 9 Geology Meeting
- 10 Tragedy to Triumph - Amberley Snyder Event
- 10 Leathercraft Meeting
- 10 Circuit Breakers Meeting
- 12 Cloverbud Funday
- 12 First Lego League Qualifier
- 13 NUCLEAR Robotics
- 13-27 Cheyenne Livestock Expo
- 14 Achievement Night RSVP Deadline
- 14 New Family Orientation
- 15 Wyoming Cancer Program's Video Contest Deadline
- 16 Benefit Bash Meeting
- 16 Junior Leaders Meeting
- 17 Canning Workshop
- 17 Leathercraft Meeting
- 17 Circuit Breakers Meeting
- 18 National 4-H Conference Youth Leadership Team Interest DUE
- 18 National 4-H Conference Collegiate Facilitator (New & Returning) Interest DUE
- 19 Country Christmas Craft & Gift Show
- 20 NUCLEAR Robotics
- 24 Thanksgiving Day - Office Closed
- 25 Office Closed
- 30 Cyber Wyoming Video Challenge Deadline

December

- 1 Leathercraft Meeting
- 1 Black Hills Stock Show & Rodeo Internship Application DUE
- 3 Achievement Night
- 6 New Family Orientation
- 8 Leathercraft Meeting
- 10 Cloverbud Fun Day - Room 409 LCCC Pathfinder Building
- 10 Crochet Workshop
- 15 Ginger Bread House Contest
- 15 Outlaw Club Registration DEADLINE
- 15 Leathercraft Meeting
- 21 Junior Leaders Meeting
- 26-30 Extension Office closed for winter break

January

- 2 Office Closed
- 4-7 Western National Roundup
- 10 Livestock Sale Comm. Room 419 Pathfinder-7:00pm
- 12 Leathercraft Meeting
- 14 FTC Qualifier: January 14th, 7:30am-5:30pm @ Prospect Ridge Academy
- 14 Natrona County Rabbit Clinic
- 14 Cloverbud Fun Day - Room 409 LCCC Pathfinder Building
- 15 NUCLEAR Robotics
- 16 Office Closed
- 18 Junior Leaders Meeting
- 19 Leathercraft Meeting
- 23 Black Hills Stock Show Entry Deadline
- 25 Dog Skill-A-Thon
- 26 New Family Orientation

February

- 11 Cloverbud Funday
- 11 Natrona County Rabbit Clinic
- 15 Junior Leaders Meeting
- 15 Dog Skill-A-Thon
- 15 Wyoming 4-H Scholarship Deadline
- 18 Nebraska Cattlemen Livestock Judging
- 19 NUCLEAR Robotics
- 22 Dog Skill-A-Thon

March

- 1 New Family Orientation
- 11 Cloverbud Funday
- 15 Junior Leaders Meeting
- 15 Dog Skill-A-Thon
- 18 Natrona County Rabbit Clinic
- 19 NUCLEAR Robotics
- 24-26 Sportsman's Expo
- 29 Dog Skill-A-Thon

April

- 8 Cloverbud Funday
- 10 Junior Leaders Meeting
- 14-19 National 4-H Conference
- 15 Natrona County Rabbit Clinic
- TBA NUCLEAR Robotics
- 26 Dog Skill-A-Thon
- 26 Natrona County Rabbit Clinic

May

- 3 Dog Skill-A-Thon
- 13 Cloverbud Funday
- 14 Natrona County Rabbit Clinic
- 17 Dog Skill-A-Thon
- 17 Junior Leaders Meeting
- 24 Dog Skill-A-Thon

June

- 3 Natrona County Rabbit Clinic
- 7 Dog Skill-A-Thon
- 10 Cloverbud Funday
- 20-22 Showcase Showdown - Laramie

LARAMIE COUNTY 4-H AWARD NOMINATION



NOMINATE SOMEONE!


IT'S TIME TO NOMINATE YOUR FAVORITE PERSON/BUSINESS FOR ACHIEVEMENT NIGHT AWARDS! DO YOU KNOW AN OUTSTANDING 4-H LEADER OR MEMBER OR A NON 4-H PERSON OR BUSINESS THAT HAS HELPED 4-H IN EXTRAORDINARY WAYS?

THIS IS YOUR OPPORTUNITY TO NOMINATE THEM TO BE RECOGNIZED AT OUR AWARDS PROGRAM IN DECEMBER.

Submit Nominations by November 1st at:

<https://bit.ly/3fdWD8P>

***Achievement
Night
Nominations***



THE STATE 4-H OFFICE IS OFFERS \$2000 IN AWARDS EACH YEAR FOR CLUBS WHO HAVE EXCEPTIONAL COMMUNITY SERVICE PROJECTS AND LEARNING ACTIVITIES, AWARDS 10 CLUBS WITH \$200 EACH FOR THEIR MONTHLY ACTIVITIES.

How does it work?

~~ Clubs are asked to share community service work (Hands to Larger Service Award) and Learning Experiences (Head to Clearer Thinking Award) they engaged in. This work cannot be events or activities planned at the county level, but rather those that are part of a yearly club program.

~~ Awards will be given based on community service projects that run from October 1, 2021 – September 30, 2022.

~~ Qualifying applications are due to the State 4-H Office by November 1.

~~ Paper applications are available from the 4-H Office or you can submit them in the following links.

Link for Head to Clearer Thinking submission -

https://wyoming4h.formstack.com/forms/club_programming

Link to Hands to Larger Service submission -

https://wyoming4h.formstack.com/forms/club_service



**Community
Service**

**CLUB AWARDS
OPPORTUNITY**

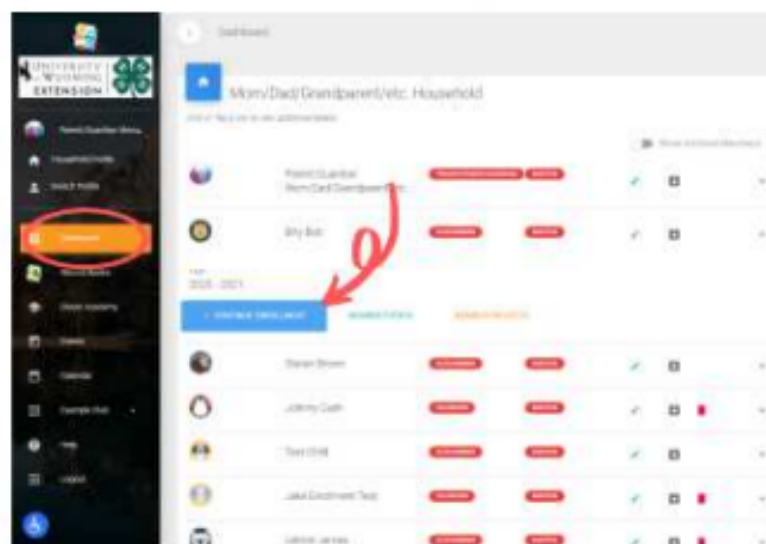
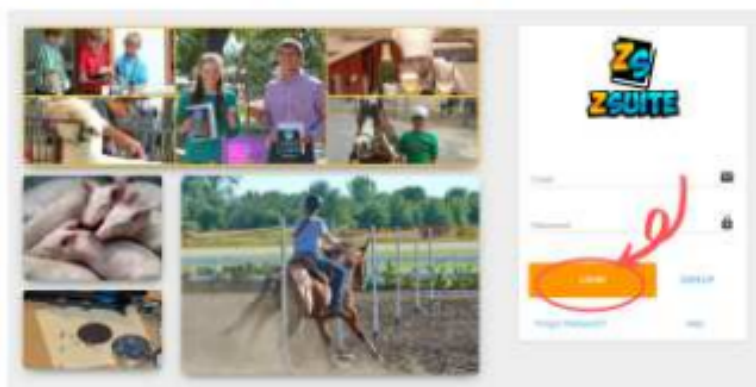
For questions call the
4-H Office (307) 633-4383

4-H RE-ENROLLMENT SEASON IS HERE

ALL MEMBERS AND VOLUNTEERS NEED TO RE-ENROLL EACH YEAR. IF YOU HAVE ANY QUESTIONS OR NEED ANY HELP, CALL THE 4-H OFFICE!

1. Go to <https://4h.zsuite.org/> (open in Google Chrome, not Internet Explorer)
2. Log into your account
3. Choose the primary account (usually the parent)

You should now be directed to the Dashboard screen where you will see a list of all household members and their current enrollment status. (Note the background color of each member. Red signifies inactive profiles, while green signifies a member that is currently enrolled.)



you would like to enroll. Click on

[CONTINUE ENROLLMENT](#)

5. Fill in the required fields for one of your member in each section.



6. Don't forget to add a club [ADD CLUB](#)

7. You will also need to select projects for each club by clicking [ADD PROJECT](#) then selecting a project from the drop down menu

8. Then click [SUBMIT](#)

*Should you have any questions, you can always use the **Live Chat** located at the bottom right of the screen.



You will return to the **dashboard** screen. Repeat this process for the other members of your household.

November 16
December 21
January 18
February 15
March 15
April 10
May 17

7 pm - Community House - Archer



Youth can be enrolled in Junior Leaders and still be involved in their other 4-H Club - come get involved.

4-H Junior Leader Club is open to all youth ages 13 & older as of January 1, 2023. The group focuses on leadership, community service and flat out fun!! Youth can be enrolled in Junior Leaders and their own 4-H Club - come get involved.

Questions?
Call Dawn
307-799-8780

ACHIEVEMENT NIGHT

DECEMBER 3, 2022

6PM , ANB BANK LEADERSHIP CENTER - LCCC PATHFINDER BUILDING

Save The Date

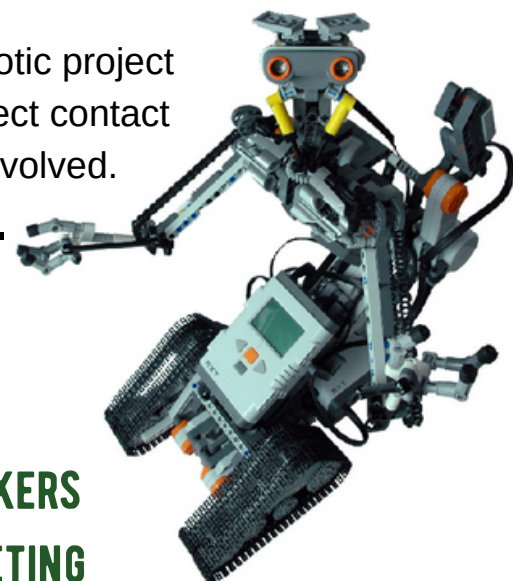


Mark your calendars and come join us for a free dinner, bingo and the celebration of our 4-H youth and adults

We will have a taco bar. Please bring a side or dessert to share.

Please RSVP: <https://bit.ly/3eMysOw>

Laramie County is fortunate to currently have two sets of robotic project meetings going on. If you are interested in the Robotics Project contact one of the leaders to get more information and become involved.



LARAMIE COUNTY 4-H LEGO ROBOTICS

The Laramie County 4-H Lego Robotics meets in room 416 in the LCCC Pathfinders building. For information on this group contact John Weigel (307) 701-2196

Sunday, November 6th 2-4pm

Sunday, November 13th 2-4pm

Sunday, November 20th 2-4pm

Sunday, January 15th 2-4pm

Sunday, February 19th 2-4pm

Sunday, March 19th 2-4pm

Sunday, April 16th 2-4pm

CIRCUIT BREAKERS ROBOTICS MEETING

This robotics group meets Thursday night 6:00 -8:00 p.m. at Archer. If you are interested in doing robotics contact Hannah and Matt Fields - (307) 630-6051

Nov. 3

Nov. 10

Nov. 17

WJ

Congratulations!



CONGRATULATIONS TO THE SENIOR LIVESTOCK SKILL-A-THON TEAM - HAYLEE, REGAN AND ANTHONY. NOT PICTURED CALLIE. RESERVE CHAMPION AT THE NATIONAL CONTEST HELD IN CONJUNCTION WITH WESTERN JUNIOR LIVESTOCK SHOW. REGAN ALLEN WAS 5TH HIGH INDIVIDUAL OVERALL.



LIVESTOCK SKILL-A-THON CHAMPION BEGINNER WAS TEIGEN DERNER & SAGE DERNER WAS TOP 10 IN THE CLOVERBUD DIVISION.

Fun to see our youth learning today. If your club or group has pictures to share please send them to Karyn and we will include them in the newsletters as we have room kforbes@uwyo.edu

PROJECT MEETINGS & CLUB HIGHLIGHTS

THANK YOU for
sending in your
events from your
clubs!

HILLSDALE

TIPTOPPERS

Hillsdale Highway Cleanup 2022
The Hillsdale Tiptoppers have adopted
Highway 142 in an effort to clean up
litter each year for 28 years!



OUTLAWS



TIDBITS

RADIO PROGRAMS

Do you want to share your love for Laramie County 4-H?

Have you ever wanted to be a radio star?

Dawn is looking for 4-H members to be a part of the monthly radio program!

Contact dawns@uwyo.edu for more information

LOOKING FOR ANOTHER 4-H PROJECT ANIMAL?

The Cheyenne Animal Shelter has chickens, roosters, guinea pigs, rats, and rabbits ready for adoption. When adopting this animals, talk to Barbara and mention that you are a 4-H member and the adoption fee will be waived. Please call 307-365-6638 with any questions.



DOG SKILL-A-THON

2023 SCHEDULE

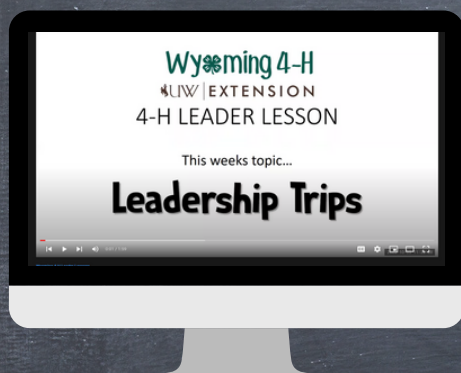
January 25th	6:00 Archer Community House
February 15th	6:00 Archer Community House
February 22nd	6:00 Archer Community House
March 15th	6:00 Archer Community House
March 29th	6:00 Archer Community House
April 26th	6:00 Archer Community House
May 3rd	6:00 Archer Community House
May 17th	6:00 Archer Community House
May 24th	6:00 Archer Community House
June 7	6:00 Archer Community House

DOG SKILL-A-THON IS AN OPPORTUNITY FOR YOUTH INTERESTED IN DOGS. YOUTH TEST THEIR DOG SCIENCE KNOWLEDGE. YOUTH WILL LEARN THROUGH GAMES AND HANDS-ON ACTIVITIES. YOUTH WILL LEARN ABOUT EQUIPMENT, BREEDS, GENERAL DOG KNOWLEDGE, CONFORMATION, ANATOMY AND DOG CARE AND HANDLING.

DO YOU HAVE
SOMETHING TO ADD TO

The Cloverleaf

Send your ideas, questions, pictures, or events to kforbes@uwyo.edu to be added in the next edition!



LEADER LESSONS

Wyoming 4-H Leader Lessons are short yet informational videos to share on topics like goals, participation, and events.

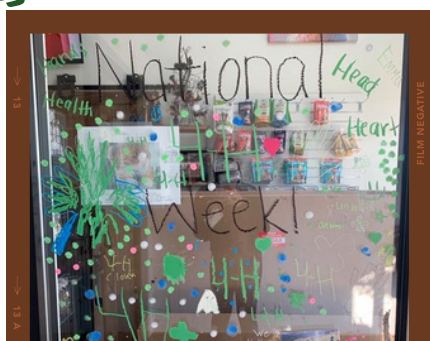
Check out the YouTube Playlist for Leader Lessons!

<https://bit.ly/3TqtSnt>

NATIONAL 4-H WEEK RECAP



Hillsdale Tiptoppers partnered with Murdoch's to decorate their storefront



The Outlaws painted windows at Broadmoor East Veterinary Clinic



While attending the Western Junior Livestock Show, members of Horsin' Around decorated their alley way

Laramie County 4-H ROCKED National 4-H Week! Our members, volunteers, and parents deserve a round of applause for sharing 4-H with our communities!



2023 NATIONAL 4-H



United States
Department of
Agriculture

CONFERENCE LEADERSHIP POSITIONS



APPLY NOW



The U.S. Department of Agriculture's (USDA) National Institute of Food and Agriculture (NIFA) is now accepting submissions from youth and adults to serve in leadership positions at 2023 National 4-H Conference. National 4-H Conference offers opportunities for youth to learn, practice, and apply civic engagement skills through roundtable discussions, federal agency briefings, and more. These unique and engaging experiences would not be possible without the Youth Leadership Team, Collegiate Facilitators, and Adult Advisors who provide leadership to conference activities and events. Collegiate Facilitator positions (new, returning, and lead) will require a signature from the State 4-H Leader or Land-grant University Director. This signature acknowledges that the individual must be enrolled as a 4-H adult volunteer through a local Land-grant University prior to interacting with youth participants.

Those interested in the following positions should review the National 4-H Conference leadership position descriptions, complete the National 4-H Conference Leadership Interest Form, and email the completed form along with resume to National4HConference@usda.gov, using the subject line "National 4-H Conference Leadership Interest."

Collegiate Facilitator (New and Returning)

- Up to 16 positions open for 2023 National 4-H Conference

- Submit interest by November 18, 2022

Collegiate Facilitator Adult Advisor

- 2 positions open for 2023 and 2024 National 4-H Conference

- Submit interest by November 4, 2022

Lead Collegiate Facilitator

- 1 position open for 2023 National 4-H Conference

- Submit interest by November 4, 2022

Youth Leadership Team (YLT)

- Up to 6 positions open for 2023 National 4-H Conference

- Submit interest by November 18, 2022

For questions contact: Annie Ceccarini
annie.ceccarini@usda.gov & Andrea Wikiera
andrea.wikiera@usda.gov



IT'S TIME TO GIVE THANKS!

National 4-H Week might be over, but the time to show how thankful you are is just beginning! Stop by the 4-H Office to pick up keys to thank community members, leaders, and volunteers for all they have done for Laramie County 4-H!

CLOVERBUD MEETING SCHEDULE

Saturday, November 12, 2022 - Room 409 Pathfinder Building

Saturday, December 10, 2022 - Room 409 Pathfinder Building

Saturday, January 14, 2023 - Room 409 Pathfinder Building

Saturday, February 11, 2023 - Room 409 Pathfinder Building

Saturday, March 11, 2023 - Room 409 Pathfinder Building



Saturday, April 8, 2023 - Room 409 Pathfinder Building

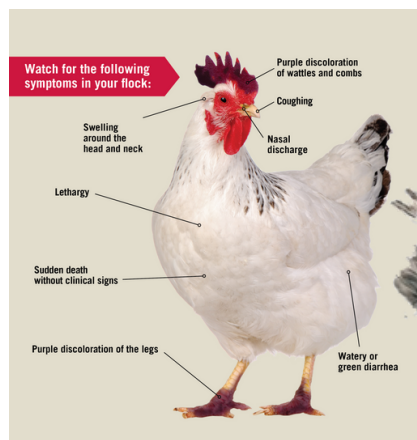
Saturday, May 13, 2023 - Room 409 Pathfinder Building

Saturday, June 10, 2023 - Room 409 Pathfinder Building

Saturday, July 8, 2023 - Room 409 Pathfinder Building



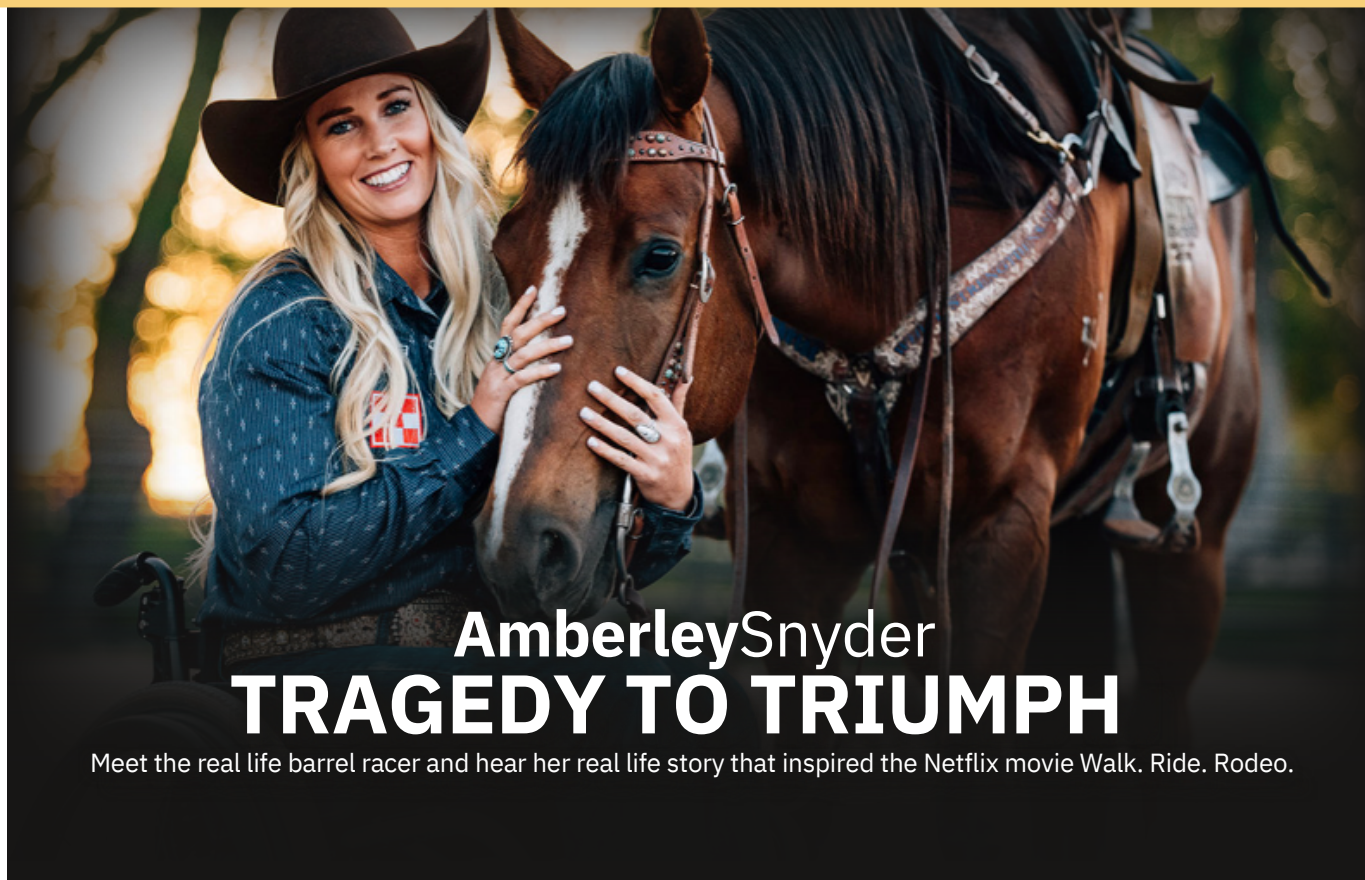
AVIAN FLU – STILL AROUND!



The Wyoming Livestock Board has recently identified an infected flock in the state.

Learn the symptoms of avian disease and if you see or suspect anything, call your flock supervisor, veterinarian, the Wyoming Livestock Board, or @USDAAPHIS right away. See photos of signs of highly contagious illnesses, including avian influenza here:

<https://www.aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/avian/avian-influenza/2022-hpai>



Amberley Snyder TRAGEDY TO TRIUMPH

Meet the real life barrel racer and hear her real life story that inspired the Netflix movie Walk. Ride. Rodeo.

RIDING CLINIC

November 10 | 9:30 – 11:00 a.m.

Champion barrel racer Amberley Snyder will host a clinic to help equine students master the art of barrel racing drills, coaching, and goal setting. Spots for the clinic have already been filled but individuals are encouraged to come down to the arena to watch as she coaches students on the ins and outs of barrel racing.

Open to 10 riding student participant, open for anyone to watch.
LCCC Arena

LUNCHTIME PRESENTATION

November 10 | 12:30 – 2:00 p.m.

Rodeo star, Amberley Snyder, will share her experience from living the perfect life to it all crashing in an instant. A rollover accident leaving her paralyzed changes everything. She learns how accepting help and serving others can be such an important part of life. Amberley shows how life knocked her down, but with the help of her family, friends and faith she has worked to “get back on the horse” and to make that a mindset for all moving forward.

1-hour talk | 30-min Q&A/photos/meet-and-greet | Lunch will be served

Only open to students.
ANB Bank Leadership Center | Clay Pathfinder Building

EVENING PRESENTATION

November 10 | 6:00 – 7:30 p.m.

Champion barrel racer Amberley Snyder will speak about her life journey before and after a tragic accident, leaving her paralyzed from the waist down. Her goals in physical therapy were “Walk, Ride, Rodeo.” Her message of faith and determination will open your heart to the possibilities of happiness regardless of your life situation while motivating you to set the goals to overcome the challenges thrown in your path.

1-hour talk | 30-min Q&A/photos/meet-and-greet/book signing

This event is free and open to the public.
ANB Bank Leadership Center | Clay Pathfinder Building

2023 BLACK HILLS STOCK SHOW & RODEO®

SHOW-RITE YOUTH SHOWS

FRIDAY, JANUARY 27 *thru* SATURDAY, FEBRUARY 4

ENTRY & SHOW INFORMATION



Youth Beef, Goat and Sheep Shows

Beef: \$50/head

Goat & Sheep: \$45/head

Showmanship: \$5/showman



Entry Deadline:

January 23, 2023

Internship Opportunity

Applications Due December 1st, 2022 by 4pm

The BHSS Event Internship Program provides up to seven qualified college students to assist in all aspects of event planning and execution for the Black Hills Stock Show and Rodeo. Interns will receive lodging and some meals during their events.

For more information and the application, visit
<https://bit.ly/3VM6vHZ> or call the 4-H Office

**General
Livestock & Sale
Equine**



College Scholarships



The Wyoming 4-H Foundation awards thousands of dollars in scholarships to youth who will be attending college, university, or technical school to further their education.

To see all scholarships offered by the Wyoming 4-H Foundation, specific criteria, and applications, visit

<http://www.wyoming4h.org/4hfoundation/scholarships>

DUE FEBRUARY 15, 2023

Call the State office at 307-766-5170 with any questions.

2023 Rabbit Clinics

Natrona County would like to invite all Wyoming 4-H rabbit exhibitors to RSVP and attend their clinics to improve all skills and knowledge. All clinics will be taught by Natrona County Rabbit Superintendent, Veronica Mason.



**Clinics Start at 9am
ARLC Building (Casper)**

**For questions,
call JoAnna
Hall at
307-235-9400**

January 14 : Rabbit Housing & Feeding - Casper Room

February 11 : Meat Pens - Midwest/Edgerton Room

March 18 : Committee Meeting - Mills/Evansville Room

April 15 : Breed ID, Breed Tattoo, Showmanship, ID Forms Clinic - Casper Room

(Bring your healthy, clean rabbits and carpet square)

April 26 : Tattoo Clinic - TBD

May 14 : Getting Ready for Fair/ Fair Prep (Np Rabbits Need) - Mills/Evansville Room

June 3 : Meat Pen Tattoo Clinic/Mock Show - Casper Room

RSVP at : facebook.com/oil-city-thumpers-398801110535193/



CYBER WYOMING VIDEO CHALLENGE

Are you interested in creating a video around Cyber Security - here is a great chance to get involved.

Register at: <https://forms.gle/8BF8cLrVh3w9nBg17>



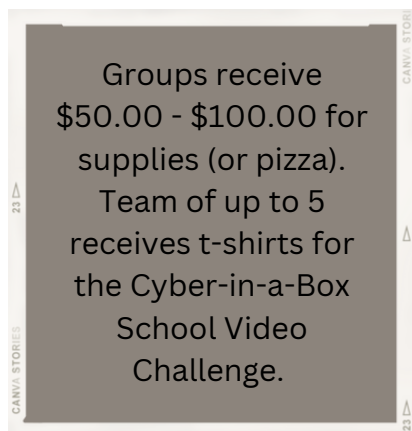
Timeline

Registration October 1-November 30.

Video deadline: March 1.

Judging completed: March 30.

Virtual Premiere, April 20, 2 p.m.



**NWSS
ANIMAL DNA ENVELOPES**

**JUNIOR MARKET DNA &
ENTRY DEADLINE:
NOVEMBER 1**

Now is the time to order your DNA envelope for sheep and goats for National Western Stock Show. Here is link to more information:

<https://nationalwestern.com/livestock-shows/livestock-exhibitor>

DOG PROJECT VOLUNTEERS

Part 1- <https://youtu.be/yoMCN0-4gxI>

Part 2- <https://youtu.be/TnDu43Iz6fA>



There is a State 4-H Facebook Group for Dog project volunteers that parents can join to share information or questions with each other. It is WY 4-H Dog Volunteers . The committee met and made a few updates to the guidebook (coming soon!) but the meeting was recorded (5 hours) in two parts.





Thank you!



For all your help to produce such a successful 2022 4-H Open House! We loved to see so many new and returning faces!



Leathercraft Meetings

All scheduled meetings will be at the Archer Community House, 6-9pm

November 3rd 10th 17th	December 1st 8th 15th	January 12th 19th	February - August TBA
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CONGRESSIONAL AWARD



The Congressional Award provides opportunities for young people to unleash their potential by achieving personal goals focused on volunteerism, character development, and fitness.

Participants earn Bronze, Silver, and Gold Medals and Certificates. Each level involves setting goals in four program areas; Voluntary Public Service, Personal Development, Physical Fitness, and Expedition/Exploration.

Youth move at their own pace, on their own or with friends. The Congressional Award has no minimum grade point average requirements. It accommodates young people with special needs or disabilities who are willing to take the challenge. Youth ages 13 ½ are eligible to start their journey. If a 4-H member is looking for an advisor or want more information about the program contact Deb Dolph 307-630-7123 - debdolph@wyomed.org

WYOMING FOOD. FUN. 4-H!

This is a self-paced project to get young people in the kitchen and preparing home cooked meals, trying new foods, encouraging family time, developing communication skills and having fun! In addition to promoting kitchen and cooking skills, Food, Fun, 4-H will teach youth how to be smart consumers through planning, time management and budgeting.

4-H Families will need to enroll by November 1, 2022 to be eligible to participate in the first activity. Each family/household will receive a kitchen utensil kit related to that month's recipes, along with other informational materials. Youth must prepare at least two of the recipes in the packet and complete a post-lesson report, answering three questions 1) I liked... 2) I wish... and 3) I wonder... Participants will be asked to submit two photos – one of them preparing the dish and the other of the family unit sharing the meal. Completion of these requirements by the end of the month qualifies them to receive the next month's utensil kit. The questions are meant to get the youth thinking about ways to either modify or enhance the recipes for when they make it again, can it be doubled or halved. These are lifelong skills that might lead them down the road to becoming entrepreneurs! The program will run November to May. If they don't meet the requirements, it doesn't exclude them from future participation. They will just need to wait a month and try again. There isn't a cost to participate, but families/households will need to purchase their food/pantry items.



Call the 4-H Office for more information or to see about using our kitchens for multiple families!

Scan the QR code...Sign up today!



TO FIND OUT MORE:
CONTACT US @ (307) 334-3534 OR KELLIE@UWYO.EDU



BRING IN THE HOLIDAY SEASON BY COMPETING IN OUR GINGERBREAD HOUSE CONTEST. WORK ALONE OR WITH A TEAM AND BUILD THE GREATEST GINGERBREAD HOUSE. REGISTRATION IS FREE AND THERE ARE MANY CATEGORIES TO ENTER!

<https://bit.ly/LC2022GingerbreadHouseContest>



COUNTRY CHRISTMAS CRAFT & GIFT SHOW

Country Christmas Craft and Gift Show is set for ~ November 19, 2022 at the M & K Buildings at Archer. If you are interested in having a booth contact

Pam Freeman at: freeman.pam16@gmail.com, or cell: (307)630-7489



4-H HATS AVAILABLE

We received a few more of these neat hats. They are available at the Extension Office - get one wear it or keep it as a collectors item. Limited supply available

Cost - \$25.00

Funds raised go to support WAE4-HA.

Pirate Pumpkin Drop-off Cheyenne Wy

Dates of pick up: November 4-6 & November 11-13

ABOUT ME:

I am a local Eagle Scout Candidate from Troop 43G working on my Eagle Scout Project. Which is using pumpkins after the holidays for local livestock to prevent pumpkins from going into the landfill.

If you are interested in feeding your livestock the pumpkins. (goats, chickens, cattle, ect). Please sign up on the drop off form and contact me with any questions. Before dropping the pumpkins off to you, we will check that they are not rotten, covered in candle wax, or painted.

Drop off form



<https://docs.google.com/forms/d/e/1FAIpQLSehTftzfBxuV-Yb2ArvODMkKgUaTHa7bju9RI2tK8IixpoGkw/viewform>

CONTACT INFORMATION:

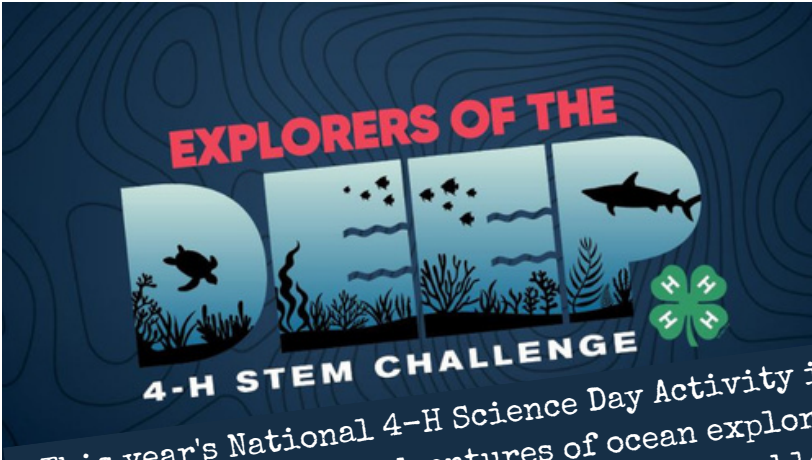
Melissa Kidd

phone number: 307-640-8223

e-mail: repurposepumpkins@gmail.com

Facebook Page: Pirate Pumpkin Pick-up
7406 Barrington Rd Cheyenne Wy, 82009





NATIONAL 4-H SCIENCE DAY

This year's National 4-H Science Day Activity is Explorers of the Deep. This focuses on the mysteries and adventures of ocean exploration—with robots! This fun hands-on activity has kids build simple ocean bots and learn about the mystery of oceans. This is a great activity that you can do at your next 4-H meeting or another educational setting. The Extension Office can provide you with the supplies to teach the activity yourself or Dawn would be happy to come teach the activity for you. Join in the Fun as we learn about our deep waters that surround the world.

For more information, visit <https://4-hmilitarypartnerships.org/>



Military Teens Talk

Share your voice with other military connected teens during out virtual conversations. Volunteer to facilitate and participate this November and share your stories, experiences, and ideas. Teen talk is open to 8th-12th graders and adults who work with them!

Let your voices be heard!

We are looking for teen talk facilitators ages 16 and above to facilitate sessions. Facilitators 16-20 serve as peer leaders for teen talks. Facilitators 21 and up support teen sessions as note takers and advisors. Facilitators receive vitrual training and volunteer to lead at least one session

Operation HomePort



If you Meet These Requirements ...

- Have a high school diploma or GED
- Are 18 years of age or older
- Speak/write English proficiently
- Can successfully pass a federal background check

CONTACT US

919-513-3165
navycypprogram@ncsu.edu
<https://operationhomeport.weebly.com>

Operation HomePort Child & Youth Program



If You Would Like To...

- Make a positive difference in the lives of children and youth every day
- Get paid to gain invaluable, real-world experience working in the DoD's largest child-care network
- Learn essential life skills while traveling and exploring the world
- Experience professional growth and career networking

NAVY CYP

NC STATE

NOW HIRING

ENERGETIC PERSONALITIES | CREATIVE MINDS | ADVENTUROUS SPIRITS

We are looking for your Laramie County 4-H photos from the 2021-2022 4-H year. We would love to see photos from workshops, meetings, activities, community service, and anything else you participated in. Please email pictures to knagy@uwyo.edu.



Congratulations to our very own 4-H Educator, Dawn Sanchez for receiving a Specialty Award in Workforce Development for the Virtual Career Night at the National Association of Extension 4-H Youth Development Conference in October!



Wyoming Cancer Program's

VIDEO CONTEST

Students grades 9-12 submit videos designed to raise awareness about the dangers of radon and encourage radon testing in every home.

Deadline November 15

To submit your video, upload it to YouTube and include the link on the submission form or email the link to wdh.cancerservices@wyo.gov.

Visit health.wyo.gov/radon or scan the QR code for detailed contest information and rules.



Wyoming
Department
of Health

122 W. 25th St., 3rd Floor West
Cheyenne, WY 82002 • 1.800.264.1298
wdh.cancerservices@wyo.gov www.health.wyo.gov/cancer



INTRODUCTION TO CANNING

Learn
Together

LCCC-PATHFINDER
ROOM 417

NOVEMBER 17, 2022
6:00 P.M.



Youth and adult teams or individuals are invited to come learn about the different types of canning and get a hands-on experience with water bath canning.

Cost: \$15.00 per person.

Adults will be making cranberry sauce - youth will make apple butter or apple sauce

Register by going to:
<https://bit.ly/extensioncanning>

CALL WITH QUESTIONS
LARAMIE COUNTY
EXTENSION
(307) 633-4383

Wyoming 4-H



**Hands-on
Fun!**

November 14 or December 6 or January 26 or March 1

Each night will contain the same information - so pick the one that works for you.



New Family

6:00 p.m.

Night

LCCC-
Pathfinder
Room 409



Come join us for dinner and learn the
ins & outs of Laramie County 4-H.



Register at:

<https://bit.ly/4-Hfamilynight>

For more information call
4-H Office at:
(307)633-4383



Wyoming 4-H



COME LEARN TO

CROCHETING

9:00 a.m.

**LCCC- Pathfinder
Room 409**

Come try your hand at
crocheting. You can make
something for yourself or join
in the community service
project and make something
for someone else.

**DECEMBER 10
2022**



Register by going to:
<https://bit.ly/4-Hcrochet>

For more information
call 4-H Office at
(307)633-4383

The Cloverleaf

Brought to you by Laramie County 4-H

Laramie County Community College Campus
1400 E. College Drive
Pathfinder Building Room 406
Cheyenne, WY 82007

Monday - Friday 8am - 5pm

307-633-4383

wyoming4h.org/laramiecounty

facebook.com/laramiecounty4h

Wyoming 4-H

 UW | EXTENSION

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November 1, 2022