



GOSHEN COUNTY 4-H

NEWSLETTER

ENROLL BY MARCH 1

Keep up with the 4-H Fun by re-enrolling at this website: 4h.zsuite.org
Enroll by March 1!

A step-by-step guide is enclosed!



#GoCo4H Virtual Achievement Program

Thanks to all who participated in our virtual achievement program!

The video of our "live" presentation remains on Facebook. We also featured more than 200 members on social media and some results are included results in this newsletter, too!

Be sure to like and follow us on Facebook and Instagram!

Beef Tagging



January 2 - from 9am-10am
January 30 - from 9am-10am

Both dates at Goshen County Fair Grounds. All projects must be tagged in order to exhibit at the Goshen County Fair and Wyoming State Fair. Ownership deadline is February 1, 2021.

Leaders

COUNCIL MEETINGS & TRAININGS



MEETING

January 12
February 16
March 16

April 20
May 18
June 15

July 20
NO AUGUST MEETING
September 21

October 19
November 16
NO DECEMBER MEETING

Meetings begin at 6pm at the Extension Office. Zoom links are available - contact Megan.

Please send at least one club representative to each meeting to stay up-to-date!

4-H LEADER TRAININGS & CERTIFICATIONS

Appreciation & Recognition - January 25 at 6:30 via ZOOM

Recognizing our members is so much more than just Achievement Night. This session will explore a variety of ways leaders can recognize members and why it matters.

Using Technology - February 22 at 6:30 via ZOOM

No matter how you're engaging members, technology can help make meetings fun! This session will collect fun ways technology can be used in 4-H Club meetings!

What Does a Great 4-H Experience Look Like - March 22 at 6:30 via ZOOM

The Wyoming 4-H Leadership Team will help us explore their great 4-H experiences. This session will examine ways to implement an engaging and fun experience for youth and adults.

Communication Best Practices - April 26 at 6:30 via ZOOM

Join leaders from around the state as they share communication techniques that work for them.

A link will be sent to the email to your ZSuite email one week prior to the meeting. Contact the Extension Office if you don't receive the link. These sessions will count toward leader training hours. If you would like to join at the Extension Office, please let us know!

Shooting Sports Leader Certifications:

Fremont County (Riverton): February 20-21

Converse County (Douglas): March 6-7

Goshen County (Torrington): March 13-14

Johnson County (Buffalo): March 27-28

Uinta County (Lyman): April 10-11

Register online at the State 4-H website under the Volunteer "Additional Training" tab.

Local 4-H News

SUPREME COW PROGRAM



The Goshen County Supreme Cow Program is a remarkable learning opportunity for 4-H and FFA Members enrolled in the Breeding Beef project. The fun and learning last most of the year!

If you're interested in learning more about this unique program, plan on joining the Supreme Cow volunteers for the first educational session of 2021 on January 13 at 6pm at the Extension Office. The topic will be Supreme Cow 101.

February 13: Replacements/Body Score (TBD)

March 10: AI & Reproduction, 6pm Extension Office.

JR. LIVESTOCK SALE COMMITTEE MEETING

Jr. Livestock Sale Committee will meet on January 18 at 6pm at the Extension Office. We will be conducting elections and making plans for the 2021 Jr. Livestock Sale.

Please give any agenda items to Megan by 12 NOON on January 18.



WOOL & MEATS JUDGING



4-H Meats Judging tasks members to identify a variety of meat cuts, rank and compare quality and defend placings by giving oral reasons. Practical and fun, this judging program will host a organizational ZOOM meeting on Tuesday, January 12 at 6pm. Meats Judging is coached by Mike & Mai Lee Olsen. Please contact the Extension Office for the link.



4-H Wool Judging explores the length and fiber count of wool. Wool Judging includes grading wool, comparing wool and answering questions (no reasons!) To learn more about Wool Judging, plan to join the organizational meeting on Tuesday, January 12 at 6pm via ZOOM. Contact the Extension Office for the link. Wool Judging is led by 4-H Educator Megan with some **STRONG** assistance from the 2018 Reserve Champion National Wool Judging team of Anna and Kaci Schmick.

TEEN LEADERSHIP OPPORTUNITIES

Junior Leaders are teens at least 13 years old from 4-H Clubs across the county who practice leadership and service by completing a variety of 4-H-related projects throughout the year. This includes project learning opportunities and planning and designing an Escape House for the community. Their favorite activities are planning and leading 4-H Camp and Cloverbud Day Camp.

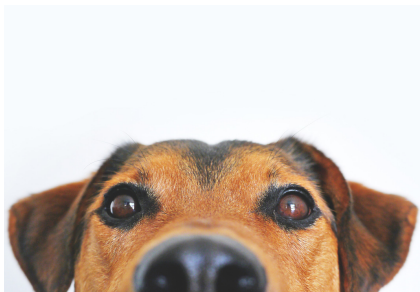
CITs (Counselors-In-Training) are at least 12 years old and interested in learning the ropes of leadership and becoming a 4-H Camp Counselor.

Jr. Leaders & CITs should enroll in the Youth Leadership project in ZSuite and plan to attend the next meeting: **JANUARY 17 AT 3PM AT the 4-H BUILDING.**

Junior Superintendents are 4-H and/or FFA Members at least 14 years old who provide leadership and assistance throughout the Goshen County Fair. From helping with weigh-ins, running shows and general office tasks, these teen leaders are an integral part of the Goshen County Fair.

Junior Superintendents should complete an application and email to Megan by May 1st. Applications are available on our website: www.wyoming4h.org/goshen4h/
To learn more about Teen Opportunities, contact Megan.

4-H DOG PRACTICES



Be sure to enroll in the 4-H Dog Project in ZSuite to be contacted about upcoming 4-H Dog practices! Dog practices generally include Rally, Obedience and Showmanship. Once the weather improves, Agility practice will occur outside.

The 4-H Dog Project is led by Cheryl Raboin and Tinker Clarke.

ANIMAL ID PACKETS AVAILABLE

Taking critters to the Goshen County Fair requires appropriate identification, Quality Assurance training or safety requirements. Since each critter is different, we have developed some handy Animal ID Packets to help ease the confusion. Visit our website to review the necessary information for your critter or keep your eyes peeled for some brief videos on our Facebook page. Check out www.wyoming4h.org/goshen4h/





Photo Credit:
Dirt Road Wife Photography

VIRTUAL FABRIC & FASHION CLUB

Are you ready to learn more about the Fabric & Fashion project? Join 4-H fashionista Kadra Clark each month for a virtual Fabric & Fashion session to explore the possibilities of this versatile and fun project. Each session includes a project to complete and submit for feedback and exploration of the *new* WyoLearn state 4-H Canvas course. Planned sessions include:

- Fabric & Fashion Round Table
- Personal Appearance
- Buymanship
- Recycled & Embellished
- Fashion Revue

More information will be emailed directly to members enrolled in the 4-H Fabric & Fashion Project in ZSuite so please be sure to enroll as sessions will begin in February!



AMERICORPS MEMBERS



Similar to the PeaceCorps, AmeriCorps members provide service to local communities in exchange for an educational award to be used toward college credit. Goshen County Extension is SO EXCITED to have two such volunteers helping us in 2021 and even more excited that they're familiar 4-H faces! Please help us welcome these guys to the team!

KYLIE CARSON, a 2019 graduate of Southeast, began her AmeriCorps service in December. In her second year at LCCC majoring in Ag Business, Kylie's current projects include developing Horse Hippology resources, teaching Quality Assurance and helping with our 4-H in the Classroom initiatives. Kylie is finishing her term as a Wyoming FFA State Officer.

KADRA CLARK, a 2020 graduate of Southeast, also began her service in December. Kadra is currently in her first year at Chadron majoring in Business Marketing with a minor in Textiles. Kadra is putting her 10 years of 4-H Fabric & Fashion experience to work as she's currently building the WyoLearn 4-H Canvas course and planning the Fabric & Fashion virtual club. Kadra is on the rodeo team at Chadron.

Kadra and Kylie will provide their service virtually until the end of their respective semesters when they will join us "in-person" to continue providing project learning opportunities and provide programming support through July. We look forward to the great opportunities Kadra and Kylie will provide to Goshen County 4-H!

Achievement Edition

Congratulations to these 4-H Members on receiving special recognition during this year's Virtual Achievement Program.



Wyoming 4-H Honors Club



Jackson Baker, Bear Creek Guys & Gals 4-H Club

William Baker, Bear Creek Guys & Gals 4-H Club

Connor Booth, Gleaners Union 4-H Club

Abby Frederick, Lingle Aggies 4-H Club

Jesse Lynn Garson, Prairie Center 4-H Club

Brenna Herring, Horseshoe Acres 4-H Club

Sid Petersen, Prairie Center 4-H Club

4-H Council Scholarships



Jacob Chapman, Goshen Livesockers 4-H Club

Kadra Clark, Prairie Center 4-H Club

Cora Frederick, Lingle Aggies 4-H Club

Kendall Haas, Bear Creek Guys & Gals 4-H Club

Bailey Powell, Lingle Aggies 4-H Club



Overall Record Books

First Year - Gracie Case, Bear Creek Guys & Gals

Junior - Dutch Ogburn, Bent Barrels Crooked Arrows 4-H Club

Intermediate - Wittni Bugher, Gleaners Union 4-H Club

Senior - Bree Coxbill, Goshen Livestockers 4-H Club

Rookie Horseman

Orren Spalding, Gleaners Union 4-H Club



Leathercraft

Hadley Evans, Bear Creek Guys & Gals 4-H Club

Hard Luck Award

Colter McFarlin, Gleaners Union 4-H Club



Record Books

Sierra Allen, Happy Hounds

Kodie Andersen, Bent Barrels Crooked Arrows

Mareya Barkman, Bent Barrels Crooked Arrows

Boden Barnes, Bent Barrels Crooked Arrows

Jordan Barth, Bent Barrels Crooked Arrows

Drew Boche, Horseshoe Acres

Elizabeth Boche, Horseshoe Acres

Harper Boche, Horseshoe Acres

Madison Bugher, Gleaners Union

Wittni Bugher, Gleaners Union

Gracie Case, Bear Creek Guys & Gals

Dailor Chabot, Bent Barrels Crooked Arrows

Reece Cook, Gleaners Union

Bree Coxbill, Goshen Livestockers

Connor Coxbill, Goshen Livestockers

Emmett Coxbill, Goshen Livestockers

Jordin Eutsler, Bent Barrels Crooked Arrows

Hadley Evans, Bear Creek Guys & Gals

Amberly Froerer, Happy Hounds



Record Books



Abby Frederick, Lingle Aggies

Anna Frederick, Lingle Aggies

Cora Frederick, Lingle Aggies

Brett Gara, Goshen Livestockers

Lucas Gara, Goshen Livestockers

Kendall Haas, Bear Creek Guys & Gals

Leah Hill, Lingle Aggies

Jaycee Hurley, Gleaners Union

Kassidy Hurley, Gleaners Union

Emma Johnson, Happy Hounds

Carly Keller, Horseshoe Acres

William Knowlton, Bent Barrels Crooked Arrows

Kaycee Kosmicki, Bear Creek Guys & Gals

Tripper Kosmicki, Bear Creek Guys & Gals

Tessa Larkin, Bear Creek Guys & Gals

Jakob Llewellyn, Horseshoe Acres

Keana Llewellyn, Horseshoe Acres

Kylee Llewellyn, Horseshoe Acres

Rory Mehling, Bear Creek Guys & Gals





Record Books

Durward Randall, Bent Barrels Crooked Arrows

Katlynn Sands, Goshen Livestockers

D'Veigh Schanaman, Bear Creek Guys & Gals

Jack Sedman, Bear Creek Guys & Gals

Beaux Shimic, Goshen Livestockers

Katelyn Shimic, Bear Creek Guys & Gals

Tylar Stoddard, Bear Creek Guys & Gals

Avery Tighe, Bear Creek Guys & Gals

Tatum Wiedman, Goshen Livestockers

Dally Wilkins, Lingle Aggies

Coy Wilson, Bear Creek Guys & Gals

**PINS & PRIZES ARE AVAILABLE AT
THE EXTENSION OFFICE OR WILL BE
AVAILABLE AT YOUR NEXT 4-H CLUB
MEETING!**



UNIVERSITY
OF WYOMING

Extension

AG/HORT CONFERENCE | JAN 4-15, 2021

Free registration and information at <https://bit.ly/ag-hort-2021-conference>

LIVESTOCK PRODUCTION



Beef Cattle Heifer Development
Direct Marketing Beef Considerations
Horn Fly Management for Wyoming Beef Cattle
Managing Cattle in Drought Conditions
Measures to Minimize Livestock Losses During Wildfires and Blizzards
Pasture Analysis to Adjust Herds for Another Drought
Poisonous Plants of High Elevation Irrigated Meadows
Wyoming Freezer Beef

ECONOMICS AND RISK MANAGEMENT FOR AGRICULTURAL PRODUCERS



Calculating Custom Rates
Calculating Machinery Costs
Drone Regulations
Enterprise Risk Analysis—an Overview
Evaluating Risk Alternatives via Rightrisk Analytics
Evaluating Risk Strategies
Hiring and Keeping Agricultural Workers
Negotiation in Agriculture—Where Do I Start?
Understanding Risk in Ag

ECONOMIC AND MARKET OUTLOOKS



Crop and Livestock Market Outlook for 2021
The Economic Impacts of COVID-19 on Wyoming's Agricultural Sector
Wyoming Economic Outlook—COVID-19, Energy Transitions, and Legacies
Wyoming Food Freedom Act

SUCCESSION PLANNING



Difficult Conversations—How Do We Discuss What Really Matters?
Drafting a Power of Attorney That Lessens the Chances of Abuse
How Are You Communicating With the Next Generation?
How Do You Handle End-of-Life Issues in Your Legacy Planning?
How Do You Plan for the Cost of Succession?
What Is an Ag Legacy
Where Are We With Our Management Succession?
Why Don't Family Businesses Plan for Succession?

YARDS, GARDENS, & ACREAGES



A Few Native Plants for Gardens
Alternative Non-Chemical Pest Control for Vegetable Gardens
Backyard Livestock Production
Blister Beetles in Alfalfa—Information on the Risk They Pose for Hay Consumers
Deer Damage Prevention in a Landscape Setting
Getting the Most From Your Vegetable Garden
Grape Phylloxera—a New but “Old” Grape Pest Now in Wyoming
How to Take and Interpret a Soil Test for Gardens
Japanese Beetle—Another New Pest for Wyoming
Raising Chickens
Right Tree, Right Place—Tree Selection and Planting
Small Scale Season Extension for Backyard Gardeners
Starting Plants From Seed Indoors
Wyoming Freezer Beef

PRODUCTION AGRICULTURE



Assessment, Management, and Restoration of Wyoming Soils—Introducing a Wyoming Soil Health Initiative
Blister Beetles in Alfalfa—IPM Information for Hay Producers
Composting Livestock Mortalities and Butcher Waste
Cost of Burning Crop Residues – Soil Impacts, Nutrient Loss, and Disease
Don't Volatilize Your Bank Account—Avoiding Loss of Nitrogen Fertilizers
Grape Phylloxera—a New but “Old” Grape Pest Now in Wyoming
Grazing Management—Systems and Methods
Integrating Annual Forages Into Irrigated Small Grains
Japanese Beetle—Another New Pest for Wyoming
Sunn Hemp as a Potential Forage Crop

WATER MANAGEMENT AND DROUGHT



Economic Impacts of a Water Demand Management Program in the Wyoming Colorado River Basin
Demand Management Feasibility Assessment in the Wyoming Colorado River
Wyoming Conditions: 2020 Drought & 2021 Water Year—What Might We Expect in the Coming Months?

Hemp Workshops



UW Extension will be hosting a Hemp Conference January 13 and February 3. Participants can join via Zoom or limited attendance at the Extension Office. Topics and presenters include:

Hemp grain weed management, Jeff Kostuik,

director of operations in central Canada and the U.S. for Hemp Genetics International (HGI)

Hemp seed oil introduction, Roger Gussiaas, president Healthy Oilseeds, LLC Carrington, North Dakota

Montana hemp variety trial information, Perry Miller, cropping systems professor, Montana State University

Wyoming hemp permits/testing update, Wes Brown, hemp lead, Wyoming Department of Agriculture

FMI contact UW Extension Educator, Brian Sebade at 721-2571.



Every month on Facebook, CNP focuses on a different food and a few physical activities. In January, CNP is sharing bean facts, recipes, and more. Look for “Cent\$ible Nutrition Program” on Facebook for quick, fun information and videos.

In light of the coronavirus, CNP has taken its classes online! CNP is here to help you live your healthiest life, even during the uncertainty of this time. Join our free classes from the comfort of your home. Learn ways to save money and time at the grocery store, cook quick and healthy meals, and stretch your food dollars.

Register in three easy steps on the website:

<https://uwyocnp.org/cnp-online-classes/>

Our class schedules are flexible, and we try to be available when you are. We offer classes in the morning, afternoon, and evening to fit your schedule. Online classes are currently offered over Zoom.

95% of people in CNP classes make a healthy food change. If you would like to make changes in 2021, CNP can help you work towards your health resolutions.

Contact our Goshen County CNP Educator Beth Wood (mwood15@uwyo.edu or 307-562-2436) to find out more information.

JANUARY 6 IS NATIONAL BEAN DAY



State 4-H News



To align with the UW scholarship application deadline, all 4-H scholarship applications are due by **February 15, 2021**

For more information please visit the Wyoming State 4-H Foundation
<http://www.wyoming4h.org/4hfoundation/scholarships/>

The Wyoming State 4-H Foundation is proud to manage scholarship opportunities to students that are current and/or past 4-H members in Wyoming.

Applications are due **February 15** and require a resume. Let Megan know how to help you!

2021 IMPORTANT 4-H DATES

WOOL & MEATS STATE CONTEST: April 9-10, Laramie

SHOWCASE SHOWDOWN: June 15-17, Location TBD

STATE SHOOT, July 8-11, Douglas

GOSHEN COUNTY FAIR: July 29-August 7

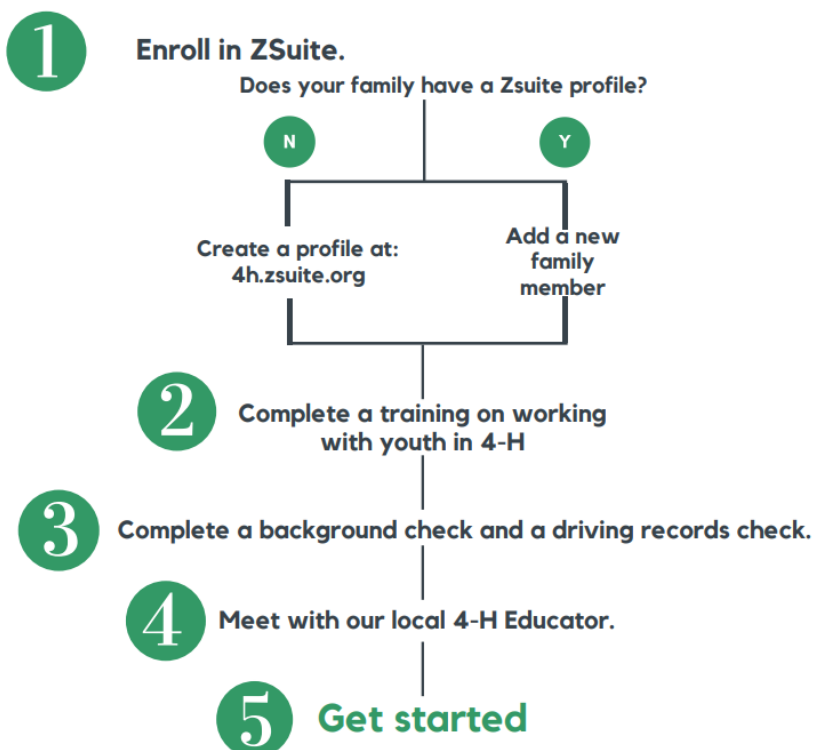
WYOMING STATE FAIR, August 17-21, 2021



BECOMING A 4-H LEADER

Have you been thinking about becoming a Goshen County 4-H Leader? Now is the time! In order to continue offering incredible opportunities, we need enthusiastic adults willing to share their time and talents!

Getting started is easy! Check out this chart and call the Extension Office for more information.



University of Wyoming Extension



Goshen County

4516 US HWY 25/85

Torrington, WY 82240

Phone: 307-532-2436

PRSRT STD

US POSTAGE PAID

Permit #9

Change Service Requested

IMPORTANT DATES IN GOSHEN COUNTY 4-H

January

- 2: Beef Tagging, 9am-10am, Fair Grounds
- 12: Meats & Wool Meeting, 6pm, ZOOM
- 13: Supreme Cow Session, 6pm, Extension Office
- 17: Jr. Leader & CIT Meeting, 3pm, 4-H Building
- 18: Jr. Livestock Sale Committee, 6pm, Extension Office
- 19: 4-H Council Meeting, 6pm, Extension Office
- 25: Virtual Leader Training, 6:30pm
- 30: Beef Tagging, 9am-10am, Fair Grounds

February

- 1: Market Beef Ownership Deadline
- 9: Master Gardener Meeting, 6pm, Extension Office
- 13: Supreme Cow Educational Session, TBD
- 15: State 4-H Foundation Scholarships Due
- 16: 4-H Council Meeting, 6pm, Extension Office
- 20-21: Shooting Sports Leader Certification, Riverton
- 22: Virtual Leader Training, 6:30pm

March

- 1: Enrollment Deadline
- 6-7: Shooting Sports Leader Certification, Douglas
- 9: Master Gardener Meeting, 6pm, Extension Office
- 10: Supreme Cow Session, 6pm, Extension Office
- 13-14: Shooting Sports Leader Certification, Torrington
- 16: 4-H Council Meeting, 6pm, Extension Office
- 22: Virtual Leader Training, 6:30pm
- 27-28: Shooting Sports Leader Certification, Buffalo

4H.ZSuite.org