



Goshen Gazette

DECEMBER 2013 & JANUARY 2014

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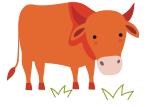
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And More...

The Extension Office will be closed December 24—January 2 in observance of University of Wyoming Winter Closure. We will reopen on January 2, 2014. Office hours are:
8 am-12 NOON
1 -4 pm

Market Beef Tagging



Saturday, January 4, 2014 10am-12 NOON
Saturday, January 25, 2014 10am-12 NOON
at the Fairgrounds!

All 4-H & FFA exhibitors must tag their project in order to exhibit at the 2014 Goshen County Fair!

Congratulations

Congratulations to the 2013 Outstanding Leaders, Members, Supporters and Friends of 4-H recognized at Achievement Day and Leaders Banquet:

| | |
|-------------------------------------|--|
| Outstanding Junior Member: | Ashley Tosh, Bear Creek Guys & Gals |
| Outstanding Intermediate Member: | Cade Herring, Horseshoe Acres |
| Outstanding Senior Member: | Aleighca Keeran, Bent Barrels Crooked Arrows |
| Outstanding Alumni: | Barb Becker, Southeast Cowpokes |
| Rookie Leader of the Year: | Rebecca Petersen, Prairie Center |
| Outstanding Leader (2-9 years): | Charlotte Steben, Goshen Livestockers |
| Outstanding Leader (Over 10 years): | Linda Mclae, Horse Key Leader |
| Friend of 4-H: | Sandra Hansen |
| Business Friend of 4-H: | Casey Essert, Empire Realty |

These folks make our 4-H Program strong and successful! Congratulations & THANK YOU!

NEW LEADER ORIENTATION

Leaders who have not yet done so, please plan on completing this fun and informative introduction to 4-H. This is *mandatory training* is necessary and required in order to be a 4-H volunteer!

Monday, January 13, 6:30 pm
Please RSVP by Thursday, January 9
Monday, March 31, 6:30 pm
Please RSVP by Thursday March 27

This introductory training is appropriate for Leaders looking to "brush-up" on their role as a 4-H Volunteer.

Merry Christmas

From all of us at the University of Wyoming Extension Goshen County Office, please have a *very safe and happy* Holiday Season!
You make our jobs fun!
Wishing you all the best in the new year!



Re-Enrollments Due

Returning members have until February 1 to turn in enrollment forms. Since February 1st falls on a Saturday, returning members have until Monday, February 3rd to turn in enrollment forms!

Goshen County Extension:

Megan Brittingham
4-H Youth Educator
mbrittin@uwyo.edu

Caleb Carter
Ag Educator
ccarte13@uwyo.edu

Denise Jackson
CNP Coordinator
djacks28@uwyo.edu

Lori Schafer
Officer Manager
lschafe2@uwyo.edu



**Leaders Council Mtg.
No December Meeting
January 21
February 18
@ 6:00 P.M.**

Future of the 4-H Building Committee Meeting

Each 4-H Club is asked to discuss ideas and plans for a new 4-H Building. Some questions to consider: *What events will take place in a new 4-H Building? What does it include? What does a new building look like?*

As part of this process, each Club is asked to send a representative to a committee meeting scheduled for:

January 21, 5 pm, 4-H Building

Club representatives to this meeting are asked to share the results of Club conversations so that one plan can be presented to the full Council for consideration.

For more information, contact President Karen Coon or Vice President Jennifer Booth.

4-H In The News

The Scottsbluff Star Herald Farm & Ranch section is helping us celebrate 100 years of Wyoming 4-H in the coming year! Each 4-H club has been asked to prepare and submit articles, histories, photos and highlights as a way to showcase our clubs and activities.

One or two clubs will be featured each month. Please submit your articles directly to Sandra Hansen via email: ag@starherald.com

| Deadline | Club(s) | Will Run |
|-------------|--------------------|-------------|
| December 16 | Southeast Cowpokes | December 29 |

Volunteers Needed!

It is not too late to become a 4-H Leader! Time commitments vary, but all volunteer positions are important to the success of our 4-H Program! There are many ways to be involved!

Goshen County 4-H continues because of the dedication of our volunteers.

New Leaders must complete a background screening, New Leader Orientation and a brief interview with Megan.

Volunteers don't necessarily have the time, but they have the heart!

Contact the Extension Office!

Re-enrollment is due February 3

Club Fundraisers



- ◆ **MUST** turn in a "Fundraising Request Form" to Extension Office for approval PRIOR to all fundraising activities
 - ◆ The form is **Not** optional
- ◆ **Required** to contribute 10% net profit to Goshen County 4-H Foundation
- ◆ Money contributed to 4-H Foundation goes back to 4-H members through sponsorship of trips, trainings, camps, scholarships, contests and more!

All Goshen County Extension Service checks written to members, leaders or clubs **must be cashed within 120 days of the date written. The checks will be voided **after** the 120 days have expired and will **not** be reissued.**

This includes Harvest Carnival checks!

Thank you in advance for your cooperation in this matter.

CONGRATULATIONS

Caleb & Loleen Carter



Welcome to Goshen County 4-H's latest addition: Michael Vern Carter, born on Monday, November 25. Michael weighed 8 pounds 11 ounces. Welcome, Michael!

CHARTER INFORMATION

Club leaders were asked to complete the Chartering process for the 2013-2014 4-H Year. These forms should be returned to the Extension Office as soon as possible.

These forms are:

- Charter
- Affirmative Action Statement
- Educational Goals & Community Service Plans
- Project Meeting Reports (If Available)

Please submit these as soon as possible! Thanks!

Sale Committee Meeting

The next meeting of the Junior Livestock Sale Committee is scheduled for Wednesday, January 8, 2014 at 6:30 pm at the Extension Office.

There is one opening for an "At-Large" position. Please contact any member of the Committee if you are interested in filling this position.



SAVE THE DATE!
2014 Goshen County Fair:
Discover the Magic
July 26- August 2

Upcoming Open Dog Clinics

Open Dog Clinics are open to all Dog Project members. Each Clinic will include Obedience, Rally and Showmanship. Be sure to check the newsletter for additional opportunities!

Sunday, January 20, 4-H Building:

- 2 pm: Members with 3 or more years experience
- 3 pm: First & Second year Dog Project members

Sunday, February 23, 4-H Building:

- 2 pm: Members with 3 or more years experience
- 3 pm: First & Second year Dog Project members

Sunday, March 16, Pavilion:

- 2 pm: Agility Clinic

Things To Bring:

Water and Bowl, Crate/Kennel, Doggie Clean-Up Bags, Leashes and Collars

Dog vaccinations must be current and 4-H members must wear athletic types of shoes (soft sole) to practices.



DOG MEMBER OPPORTUNITY

Dog Project members with at least 3 years experience are invited to stay and help teach beginning Dog exhibitors during the upcoming Open Clinics. This is an excellent way to help younger members learn the ropes and to practice your own skills!

For more information, contact Cheryl and Tinker!

The Salvation Army needs bell ringers! 4-H Clubs, families and individuals are needed!

Please contact Kathy Foltz at 532-3665 for more information.



SUPREME COW

Supreme Cow Educational Program dates:

- Monday, February 17, 2014 at 6:30 at EWC Room MT120
Herd Health
 - Monday, March 17, 2014 at 6:30 at Extension Office
Managing Calving
 - Monday, April 14, 2014 at 6:30 at Extension Office
Feeds and Basic Nutrition
- 4-H youth interested in participating should enroll in the "Breeding Beef" project!

4-H Enrollment

Let the good 4-H times roll! The 4-H year runs from October-September. New members are accepted from October through May 1.

All members need to complete a green Enrollment sheet. These sheets are now available! Returning members will be able to get their green Enrollment sheet from their Leader. If members are changing clubs, addresses, emails, etc. please indicate that on your Enrollment Form and share that information with your Leader. Enrollment forms for returning members are due **February 1, 2014**. New members will request blank green Enrollment sheets from Club Leaders. Make sure they are filled out completely and returned to the Extension Office. New members have until May 1 2014 to turn in Enrollment Forms.

QUESTIONS? Contact the Extension Office or your Club Leader! We are here to help YOU!

Hunter Education Classes

Bent Barrels Crooked Arrows 4-H Club requires members to complete Hunter Education. These classes will be held:

January 7,9,14 and 16
in the Brand Room, 6-9pm



A one day-long class will be offered January 18 at the Goshen County Sportsman's Club.

For more information, or to register please contact 4-H Leader, George Haas.

2014 4-H CAMP



Save the Date...

- 4-H Cloverbud Camp: June 20, Jay Em
- 4-H Camp: June 29-July 1: Haven on the Rock

CIT (Counselor-In-Training) invitation letters will be sent to eligible 12 year olds in February.

Teen 4-H members interested in serving as a Camp Counselor should contact the Extension Office.

**ENROLLMENT FORMS ARE DUE
 FEBRUARY 3, 2014!**



4-H Foundation

Goshen County 4-H Foundation would like to thank the following 4-H Clubs for their donations in 2012-2013:

- Bear Creek Guys & Gals
- Bent Barrels, Crooked Arrows
- Gleaners Union
- Goshen Drifters
- Goshen Livestockers
- Happy Hounds
- Horseshoe Acres
- Lingle Aggies
- Rough Riders

Clubs that participated in Harvest Carnival also donated 10% of their earnings. Those 4-H Clubs are:

- Adventurous Pioneers
- Bear Creek Guys & Gals
- Bent Barrels Crooked Arrows
- Gleaners Union
- Goshen Livestockers
- Horseshoe Acres
- Leaders, Breeders & Feeders
- Lingle Aggies
- Lone Star
- Prairie Center
- Rough Riders
- Southeast Cowpokes

The Goshen County 4-H Foundation, through private donations, provides financial support to Goshen County 4-H members. Board Members are:

- Terry Nighswonger, President
- Ron Kaufman, Vice President
- Kaye Orton, Secretary/Treasurer
- Billie Allen and Russ Michael, members

The Goshen County 4-H Foundation supports members in the following ways:

- ⇒ 2012 National 4-H Livestock Judging Contest, Louisville, KY
- ⇒ State Shooting Sports Trip, Raton, New Mexico
- ⇒ National 4-H Conference Trip, Washington, DC
- ⇒ National 4-H Congress Trip, Atlanta, GA
- ⇒ 4-H Camp & Cloverbud Camp
- ⇒ Junior Leader Retreat
- ⇒ State Shooting Sports Contest
- ⇒ Rabbit & Poultry Palooza!
- ⇒ Mother & Daughter Tea
- ⇒ Senior Judging Teams at State Contests
- ⇒ Showcase Showdown Senior Participants
 - ⇒ Rocket Launch
 - ⇒ Table Setting
- ⇒ Wyoming State Fair Senior Participants
 - ⇒ Showmanship
 - ⇒ Fashion Revue
- ⇒ Goshen County 4-H Scholarships
 - ⇒ Junior Leader Scholarship
 - ⇒ Mildred Kidney Educational Scholarship
 - ⇒ Jessica Hovis Memorial Scholarship



2013 Scholarships

Graduating seniors, it is not too early to be thinking of college scholarships!



College of Ag Brand of Excellence

Wyoming 4-H:

Goshen County 4-H Foundation:

These include: Jessica Hovis Memorial Scholarship, Goshen County 4-H Educational Fund (Mildred Kidney), Jr. Leader Scholarship

Marlene Schlager Memorial Scholarship

Goshen County Homemakers Scholarship

Static Exhibit Auction Scholarship

Deadline January 1, 2014

Deadline February 15, 2014

Deadline April 15, 2014

Deadline April 15, 2014

Deadline April 15, 2014

Deadline April 15, 2014

wyoming4h.org

wyoming4h.org/goshen4h/

Extension Office

Extension Office

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Manners Matter!



Cent\$ible Nutrition Program

Helping Families Eat Better for Less

Ice Fishing

Top 10 Table Manners Kids Need to Know:
According to parents, these are the table manners that matter most.

1. Come to the table when you are called.
2. Arrive at the table neat and clean-hand and face washed, hair brushed, hat off (at the table, a hood counts as a hat).
3. Put your napkin in your lap as soon as you sit down. Sit up straight and keep your elbows off the table.
4. Wait to start eating until everyone at the table has been served.
5. Take small bites and chew with your mouth closed. Eat slowly and quietly (no gobbling). Don't smack your lips, gulp your drink, swish, slosh, burp on purpose or blow bubbles. Swallow before you speak.
6. Take part in the conversation at the table. Don't chat on the phone, text your friends, listen to headphones or read.
7. If you need to leave the table during the meal, say "Please excuse me for a moment".
8. If something gets stuck in your teeth, excuse yourself and head for the bathroom.
9. If you can't reach something you want, ask someone to please pass it to you. Say "Thank you" at the end of the meal. Then ask, "May I be excused?"
10. Help clear the table without waiting to be asked.

While the soup cooks on a cold day, have some fun with ice! You can lift an ice cube out of a glass of water with a piece of string.

Gather up:

- A 6 - inch piece of string
- Salt
- Glass of cold water
- Ice cube



Lay one end of the string across the top of the ice cube and sprinkle salt on it. Count slowly to 10, then gently lift the string. You have just caught an ice cube!

This works because the salt on the ice cube lowers its freezing temperature. Since the ice cube can't get any colder than it is, it starts to melt. The string sinks into the pool of water. As the salt dilutes the water, the freezing point goes back up and the ice refreezes trapping the string.

Helping Families Eat Better for Less!

Contact Denise at 532-2436 to learn how you can
Save Money and Eat Better for Less!

HORSE TACK AVAILABLE

The Goshen County Extension Office has used horse tack available to 4-H Horse Project members for *free*. Tack includes saddle blankets, halters and bridles. Please take items on a first come, first serve basis. Items are being donated to 4-H members from the **Bobby Prive Memorial**. Mr. Prive lived in LaGrange.

Re-enrollment is due February 3

Fall Needle Drop

Caleb Carter, Extension Educator, Crop Systems

If you have a pine tree in your yard, you might have noticed more brown and falling needles than usual. Spruce trees, and especially blue spruce, seem to be even more affected this year, as Extension folks all around the state have been seeing this issue in their yard visits. Spruce trees lose some of their interior needles every year, as new needles are added. This year many are also feeling the effects of the hot dry summer, causing them to lose even more needles than normal.

One thing that you can do to help your tree if you are noticing excessive needle browning and falling is to provide water over the winter. Yes, even in winter trees need water, and especially evergreen trees. They do not lose their needles, so they are still losing water to the environment, a process called transpiration. Any day that is above freezing and the ground is not frozen, you can water your trees. Spread water around, not just directly below the tree, but also out to the drip line, or the outer boundary of the tree canopy. Also be sure to water during the middle of the day so that the water can soak into the ground and not pool up on top of the soil, turning into a frozen puddle that can damage plants.

Shrubs, deciduous trees, and even your grass can also benefit from winter watering if the ground is not frozen. Not only does it help provide water over the long winter, but it also can help give them a jump start in the spring by having moisture already in the soil.

University of Wyoming
Goshen County Extension
Goshen County Resource Center
4516 US Hwy 26/85
Torrington, WY 82240
Phone: 307-532-2436
Fax: 307-532-7531
Wyoming4h.org/goshen4h/

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Permit # 9

Change Service Requested

DECEMBER 2013 - JANUARY 2014

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Important Dates for Goshen County 4-H

December 2013

26-31: Extension Office Closed, Winter Closure

January 2014

- 1: Extension Office Closed, New Years
- 4: Market Beef Tagging, 10 am-12 NOON, Fair Grounds
- 8: Sale Committee Meeting, 6:30 pm, Extension Office
- 13: New Leader Orientation, 6:30 pm, Extension Office
- 20: Extension Office Closed, Martin Luther King Jr. Day
- 21: 4-H Building Committee Meeting, 5 pm, 4-H Building
- 21: 4-H Council Meeting, 6 pm, Extension Office
- 25: Market Beef Tagging, 10 am-12 NOON, Fair Grounds
- 26: Open Dog Clinic, 4-H Building

February 2014

- 1: RE-ENROLLMENT DEADLINE, 4 pm, Extension Office
- 15: State 4-H Foundation Scholarships Due
- 17: Supreme Cow Educational Program, 6:30 pm, EWC
- 18: 4-H Council Meeting, 6 pm, Extension Office
- 21-23: State Leaders Conference, Riverton
- 23: Open Dog Clinic, 4-H Building

ENROLLMENT FORMS ARE DUE
FEBRUARY 3, 2014!



CELEBRATING 100 YEARS OF
GROWING IN WYOMING

Stay connected with 4-H on Facebook!
www.facebook.com/GoshenCounty4H

