

Crook County
CLOVER  CONNECTION

4-H Families & Friends

Happy New Year! This is a great time to make sure you are writing SMART goals for your record books or for school! I have included some tips on how to write SMART goals.

Make sure you visit our website, join the BAND group, and Facebook to keep up with new programming and upcoming events! As always, please reach out with any questions!





*Best Wishes,
Erica*


**Crook County Extension Office
309 Cleveland St (Basement)
(307)-283-1192
M-F 7:30 am - 4 pm**

Things to Note:

Don't Forget!

 Leaders and Members, if you haven't all ready, re-enroll for the 2024-2025 4-H year at 4h.zsuite.org

 Stop by the office and pay your enrollment fees to be an active member/leader!

 Join the BAND group by visiting <https://band.us/n/a6a2Afh246W3b>

Did you know, events are also listed on our 4-H website?!?

wyo4h.org/crook4h/

Upcoming Events

- | | | |
|---|----------------------------------|--------------------|
|  | Shooting Sports Leader Meeting | January 8th, 2025 |
|  | Cloverbuds | January 10th, 2025 |
|  | 4-H Fridays- Valentines Cupcakes | February 7th, 2025 |
|  | IGNITE | March 12-16, 2025 |
|  | National 4-H Conference | April 11-16, 2025 |

BAND app

**BAND is an all-in-one-app for
messaging, calendars, files,
photos, and videos!**

**Join our Crook County 4-H group
to stay up on events and changes!**

**SCAN
ME**



**Join the BAND group by visiting
<https://band.us/n/a6a2Afh246W3b>**

Local Events

**Cloverbuds
mark your
calendar!**

CL^{VER}BUDS

January 10

9-10am

Crook County Courthouse Basement

COME EXPLORE THE
NATURE &
ECOLOGY PROJECT!

Anyone ages
5-7
may attend!

RSVP
307-283-1192



CL^{VER}BUDS

February 28

9-10am

Crook County Courthouse Basement

Anyone ages
5-7
may attend!

RSVP
307-283-1192

COME EXPLORE THE
RABBIT & POULTRY
PROJECTS!



**Make sure you register
by calling the office or
scanning the code!**



4-H^{FRIDAY}

CROOK COUNTY COURTHOUSE BASEMENT-SUNDANCE

9am-11am

- December 6th- Holiday Crafts (Register by Nov 27th)
- February 7th- Valentines Cupcakes (Register by Jan 30th)
- April 4th- Spring Crafts (Register by March 27th)
- May 2nd- Mothers/Fathers Day Craft (Register by 24th)

REGISTER NOW

SCAN



**REGISTER BY SCANNING THE CODE OR
CALL THE EXTENSION OFFICE AT 307-283-1192**

Children grades 3-12 are invited to attend. You don't need to be signed up for 4-H prior to the workshop but enrollment is highly encouraged.

Enroll in 4-H at <https://4h.zsuite.org/>

Local Events

**Save
the
Dates**

DEVILS TOWER ROCK CLIMBING

**MAY 9TH-TRAINING 3-5PM
MAY 10TH - CLIMBING 9AM-5PM**

**REGISTRATION INFO
COMING SOON**



**SAVE
THE
DATE!**



State/National Events



READY, SET, EXPLORE!

COMING SOON!

We are so excited to introduce you to the new program from University of Wyoming Extension

Ready, Set, Explore!

This is a free, family-friendly program designed to inspire outdoor adventures and create unforgettable memories.

Throughout this packet, you will find information on what to expect while participating in this program, information about our partners, and learn how to sign up!

OCTOBER- SNEAK PEAK FOLLOWED BY NOVEMBER ACTIVITIES

In October, families can enjoy a "sneak peek" of the **Ready, Set, Explore** program! During this month, you'll have the chance to participate in all the activities without needing to officially register. Beginning in November, we'll start sending out monthly incentives to registered families (1 incentive per family), and participation to earn your WY State Parks Annual Day Pass will kick off as well! Participants can register anytime throughout the month. Don't miss the opportunity to try it out this October and see if you're ready to

Ready, Set, Explore!

To register use the following link or scan the QR code!
https://bit.ly/ready_set_explore_registration

Check out the October post on the Website.

FAMILY ADVENTURES AWAIT!

QUESTIONS? ☎ 307.568.4160 ✉ gasvoda@uwyo.edu

4-H, CVH, WORTH, & ANR



SHOWCASE showdown

EVENT DETAILS

📅 June 17 - 19, 2025

📍 University of Wyoming Laramie, Wyoming

🏠 Stay in the UW Residence Halls

ABOUT THE EVENT

- 11 State Contests
- Explore new contests and project areas
- Top placing seniors get to attend National Trip
- Project related Workshops
- Fun Workshops Activities
- Tour and Experience parts of UW Campus

Interested? Need more info?
Call the office 307-283-1192
or email ereasone@uwyo.edu

IGNITE BY 4-H

UW | Wyoming 4-H

HOW

Applications

Application are currently open and open until full. Apply now to insure a spot!



WHEN & WHERE

March 12 - 16, 2025
Washington DC

“Where Possibilities are Endless!”

Teens collaborate, create and cultivate a passion for expanding their minds and their world.

WHY

- Travel, Connect with teens from across the country, Career exploration.
- Experience renowned speakers and industry leaders, workshops and experiences.

WHAT




NATIONAL 4-H CONFERENCE

APRIL 11-16, 2025

ARLINGTON, VIRGINIA

INFORMATION

- DO YOU WANT TO HAVE A ROLE IN MAKING CHANGE?
- YOUTH PRESENT IDEAS TO HIGH-RANKING GOVERNMENT OFFICIALS.
- YOUTH WILL SEE D.C. AND MEET WITH OUR CONGRESSMAN AND SENATORS.
- MEET OTHER 4-H YOUTH LIKE YOURSELF FROM ACROSS THE UNITED STATES.

DETAILS

- YOUTH 15 - 18 YEARS OLD
- COST ESTIMATED AT \$2500 PER PERSON, SCHOLARSHIP WILL BE GIVEN.

APPLICATIONS

- APPLICATIONS CURRENTLY OPEN, UNTIL REGISTRATION IS FULL




2025

Crook County Fair

July 26th- August 2nd

Important Fair Deadlines

- ★ Market beef tagging, brand inspections, & ownership forms due to fair office February 1, 2025
- ★ Dog ownership forms to fair office May 1st, 2025
- ★ Market Sheep/Swine/Goat tagging, brand inspections, & ownership forms due to fair office June 1st, 2025
- ★ Market rabbits/poultry ownership form to fair office June 1st, 2025
- ★ Fair Entries Due July 7th, 2025

Questions about deadline requirements? Contact Jasmyne at the fair office. 307-283-2644

Beef Showmanship Clinic

Register today for a beef clinic, June 13-15 in Sundance. The \$200 fee is required to reserve your spot. Contact Mr. Jenkins at (307) 391-1093. Cash or checks to Whitcomb FFA Alumni are accepted

Great opportunity to learn some new skills in Beef Showmanship!

Kirk Stierwalt Showmanship Clinic

JUNE 13-15, 2025

Don't miss this incredible opportunity to elevate your showmanship skills with one of the best in the business! Kirk Stierwalt, renowned for his expertise in cattle showing and fitting, is hosting an exclusive Showmanship Clinic. Whether you're a beginner or looking to sharpen your skills, this clinic is perfect for anyone eager to learn from the best.

With only 20 spots available, you'll get personalized, hands-on instruction in a small group setting—so space is limited, and these spots will fill up fast! At just \$200 to join, this is your chance to gain invaluable insights and techniques that will set you apart in the ring.

Sign up today and take your cattle showing to the next level! Contact Hugh Jenkins for more details and to secure your spot before it's too late!



Cattle Showmanship



Sign-up now



Crook County Fairgrounds

REGISTER TODAY

- ✓ Learn from Kirk Stierwalt
- ✓ Exclusive Opportunity
- ✓ Only 20 Spots
- ✓ Fitting and Showing will be covered
- ✓ Boost your skills no matter your current level



Contact Hugh Jenkins to register
307-391-1093

<https://www.wyoming4h.org/crook4h/request-for-funds/>

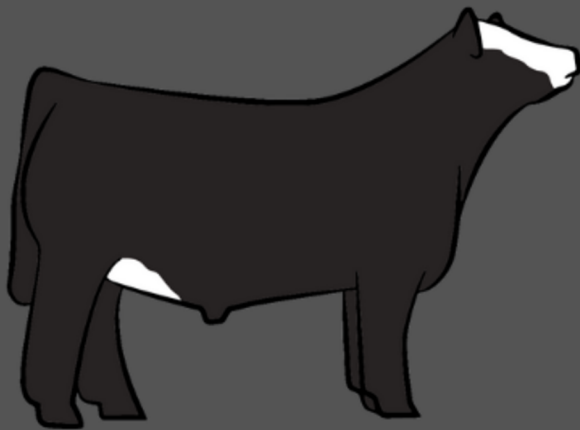
Market Beef Tagging

Crook County Market Beef Tagging

JANUARY 26TH, 2025

1:00 - 1:30 PM

SUNDANCE FAIRGROUNDS - BIG BARN



**Ownership Papers
Brand Inspections
Tagging**

**All Due
FEBRUARY 1st, 2025
to the Fair Office
by 5pm**



Shooting Sports

Shooting Sports Leader Meeting

January 8th, 2025

5:30pm

**Crook County Courthouse
Basement**



Are you interested in becoming a shooting sports leader?

Please attend this meeting!

If you are unable to attend please reach out to Erica,
307-283-1192, to discuss how to become a leader!

**Current leaders and potential leaders please
plan to attend this meeting!**

**If you cant attend please let me know if you
would like to zoom in!**

4-H Camp



SAVE THE DATE

4-H  CAMP

CROOK, WESTON, NIOBRARA

**June 27-29
2025**



4-H Camp

4-Her's 14 years & older help plan 4-H Camp! RSVP by 1/22/25 to the office! If you need a ride, please let Erica know. (limited seats)

4-H CAMP PLANNING

Who: 4-H'ers 14 years and older

What: Crook/Niobrara/Weston 4-H Camp Leadership Training and Planning Meeting

When: February 9th at 12:30 PM

Where: Newcastle Fairgrounds Event Center

Why: Meet teen leaders from Crook, Niobrara and Weston Counties, participate in a fun leadership training activity and start planning 4-H Camp 2025!



RSVP by 1/22/25 to Erin, Kellie or Erica

Come prepared to plan:

- Theme
- Activities
- Meals

Scholarships

Due
February
15th!

2025

STATE 4-H FOUNDATION SCHOLARSHIPS

University of Wyoming:

- Edna Mae and Wallace McClaflin
- Ella E. Schloredt
- Jimmy Nichols Memorial
- Farmhouse Foundation
- Janie Smith Memorial
- Margaret Butterfield Memorial
- Brown-Kohl
- Marian M. Henderson Memorial

Other Schools:

- Wilbur Brettel
- Murdoch's Ranch and Home
- Lynette Wallace
- Linnabur Scholarships
- John and Pauline Peterson
- Bonnie Ellenwood
- Underwood Family
- State 4-H Foundation



UNIVERSITY
of WYOMING
EXTENSION



Scan to Apply:



<https://www.wyoming4h.org/4hfoundation/scholarships/>

Shooting Sports

2025 4-H Shooting Sports Leader Certification Trainings

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.



CHANGING THE FUTURE OF
YOUTH SHOOTING SPORTS



Meredith
We inspire. She makes it happen.™

Steve Mack, Director

Wyoming State 4-H Foundation

College of Agriculture and Natural
Resources

1000 East University Ave. Dept.
3354

Laramie, WY 82071

(307) 766-5170

smack@uwyo.edu

Goshen County, Torrington, WY

- Dates - March 1-2, 2025
- [Registration : Goshen County](#)

Fremont County, Riverton

- Dates - March 15-16, 2025
- [Registration : Fremont County](#)

Johnson County, Buffalo, WY

- Dates - March 29-30, 2025
- [Registration: Johnson County](#)

Sublette County, Big Piney

- Dates - April 12-13, 2025
- [Registration: Sublette County](#)

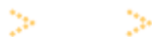
Park County, Cody

- Dates - April 26-27, 2025
- [Registration: Park County](#)

Shooting Sports Development Committee Meeting

- Date - February 15, 2025, Casper
- Hilton Garden Inn - 10 am to 3 pm
- [Directions from Douglas](#)
- [Directions from Riverton](#)

You can register using the links above or visit the Wyoming 4-H webpage at: <http://www.uwyo.edu/4-h/> then select "Volunteers" and "Additional Trainings."



<https://www.uwyo.edu/4-h/volunteers/additional-trainings.html>

We need volunteers in Shooting Sports!

HAPPY

January

BIRTHDAY

Charlotte W.

Sadie S.

Aiden W.

Jocelynn D.

Natalya S.

Aiden W.

Abigail P.

Rigin B.

Lily D.

Makenna U.

Tory J.

Douglas B.

Ashlyn E.

Logan H.

Paul L.

Willow L.

Evelyn B.

Kaylee B.

Zoey S.

Jocelynn D.

John M.



Crook County 4-H Clubs

NO GOATS, NO GLORY

LEADERS: AMI HANSEN - 307-680-8918

TANJA MILLER - 307-290-2324

**MEETINGS: 2ND MONDAYS/EVERY OTHER MONTH
4PM - MOORCROFT LIBRARY**

BEEF & BRIDLE

LEADERS: LYNSEY GREY-307-670-2316

**MEETINGS: SUNDAYS - 3PM- MOORCROFT LOCATION
TBD**

BEARLODGE WRANGLERS

LEADERS: MEGAN FRANZEN - 307-290-2279

SARAH ELLSBURY - 307-281-2956

**MEETINGS: 3RD WEDNESDAY-4:30PM SHOOTING
SPORTS BLDG-CROOK COUNTY FAIRGROUNDS
LIMIT OF 25 MEMBERS & ONLY 6 MEETINGS**

RANGE RIDERS

LEADERS: CORTNEY DIXON-307-752-8263

JACKIE DAILY - 307-283-2775

**MEETINGS: 3RD FRIDAYS-5:30PM SHOOTING SPORTS
BLDG-CROOK COUNTY FAIRGROUNDS**

COUNTY 18 HOMESTEADERS

LEADER: STEVIE PHILLIPS 307-752-6140

MEETINGS: TBD

CARLILE WRANGLERS

LEADERS: KRISTY DENNIS-307-756-9401

AMBER BURCH - 307-467-5678

MEETINGS: 2ND FRIDAYS-3PM- VARIABLE LOCATION

SILVER SPURS

LEADERS: JENN JAY 307-467-5595

MEETINGS: VARIABLE TIME

HULETT- W BAR FEED

BLACKTAIL HUSTLERS

LEADERS: REBECCA PALUS - 307-290-1052

MELISSA WILLIAMS - 307-680-5066

MEETINGS: FIRST BAPTIST CHURCH-HULETT

DATES TBD



S.M.A.R.T Goals

Setting S.M.A.R.T goals can help you focus your efforts, stay motivated, and achieve your objectives more efficiently!

How to write a S.M.A.R.T goal:

1. **Specific:** Goals should be well-defined and clear, answering the questions of who, what, where, when, and why. A specific goal has a much greater chance of being achieved than a general one.
2. **Measurable:** Goals need to have criteria for measuring progress. This involves identifying the indicators of success and how you will track your achievements.
3. **Achievable:** Goals should be realistic and attainable. While it's important to aim high, the goals should be within reach, considering the resources and constraints.
4. **Relevant:** Goals must matter to you and align with broader objectives. This ensures that the goals are meaningful and contribute to long-term aspirations.
5. **Time-Bound:** Goals should have a clearly defined timeline, including a starting date and a target date. This creates a sense of urgency and helps prioritize tasks.

Here's an example of a SMART goal: "Increase my reading to 10 books by the end of the year by dedicating 30 minutes each day to reading."

Request for Funds

Crook County 4-H has a form to request funds to help with those 4-H trips and events you want to participate in!

Need a little financial assistance to pay for registration at a 4-H event; local, state, or national? Fill out the Request for Funds form before the date of the event and turn it into Erica @ the Crook County Extension Office.

<https://www.wyoming4h.org/crook4h/request-for-funds/>



Projects

PICK YOUR PROJECT

There's a project for everyone!

- | | | | | |
|-------------------|--|---|---|--------------------|
| Aerospace |  |  |  | Muzzleloading |
| Archery |  |  |  | Nature & Ecology |
| Beef |  |  |  | Photography |
| Cake Decorating |  |  |  | Pistol |
| Cats |  |  |  | Pocket Pets |
| Citizenship |  |  |  | Poultry |
| Computers |  |  |  | Quilting |
| Crocheting |  |  |  | Rabbits |
| Dogs |  |  |  | Range Management |
| Electricity |  |  |  | Recreation |
| Entomology |  |  |  | Rifle |
| Fabric & Fashion |  |  |  | Robotics |
| Foods & Nutrition |  |  |  | Ropecraft |
| Gardening |  |  |  | Self-Determined |
| Geology |  |  |  | Sheep |
| Dairy Goats |  |  |  | Shotgun |
| Meat Goats |  |  |  | Sportfishing |
| Health |  |  |  | Swine |
| Horses |  |  |  | Veterinary Science |
| Interior Design |  |  |  | Visual Arts |
| Knitting |  |  |  | Wildlife & Hunting |
| Llamas & Alpacas |  |  |  | Woodworking |
| Leathercraft |  |  |  | Youth Leadership |



Enrollment Help ...

4-H ZSuite Enrollment

New Family Profile

If you've never signed into ZSuite before follow these steps:

1. Go to <https://4h.zsuite.org>
2. As a family creating a new profile, select **SIGN UP**. Fill in all fields, select **LET'S GO**.

SCAN ME



Adding 4-H Member

You are now on the Dashboard tab

1. Select **+Household Member**
2. Fill out 4-H members info, select **CONTINUE**
3. Fill out **PERSONAL INFO**, select **NEXT**
4. Fill out all six drop down WAIVERS, then select **NEXT**
5. Dropdown to your CLUB, select **ADD CLUB**. (Cloverbuds is not a club, select club placement)
6. Select **ADD PROJECT**. When selecting an animal project, Animal project information is not required at this time
7. Select **ADD TO CART** and then you can either **+Add ENROLLMENT** (another child or volunteer) or **SUBMIT**. You must click **SUBMIT** to be complete.

Cloverbuds (5-7 yrs) = \$1.35

4-H (8yrs & up) = \$10

Volunteers = \$10

**Cash or check payable to
Crook County 4-H**

Puzzled?

**Call Erica @ 307-
283-1192 or stop by
extension office
during business
hours**

Once submitted, your enrollment will change from pending payment or pending approval to ACTIVE once the Extension office receives payment!

Age Classification

4-H programs are offered on an age-appropriate basis to youth, ages 5-18. This is the general age requirement for 4-H participation. On occasion, multi-state and national 4-H programs and events may use different age criteria and will be adhered to as necessary to qualify for participation.

Age classification for 4-H club members are:

Cloverbud: Ages 5-7

Junior: Ages 8-10 (3rd-5th grade)

Intermediate: Ages 11-13 (6th-8th grade)

Senior Member: Ages 14-18 (9th-12th grade)

Ages are as of January 1 of the current 4-H year, which spans from September through August. Here are some examples for clarification:

- If a child is age 5 on January 1, they can join 4-H for the entire 4-H year as a Cloverbud member.
- If a child turns age 5 on January 2 or later, they must wait until the next 4-H year to join.
- If a member is 7 years or under as of January 1, they are a Cloverbud member.
- If a teen will be age 18 on December 31, they can join for the entire 4-H year.
- If a teen is age 19 on January 1, they cannot join 4-H but are encouraged to serve as a 4-H volunteer.
- Collegiate 4-H clubs are available at many colleges and universities for those wishing to continue 4-H activities into their early twenties.