



# Crook County 4-H Newsletter

Do you or your child have an interesting 4-H story? Have you had a great experience in 4-H that has helped shape your life? Do you have a reason that you, your child, or your family joined 4-H? Please share your story!

What does 4-H mean to you?

It can be one sentence or multiple pages.  
your 4-H story to:

Crook County 4-H

PO Box 368

Sundance, WY 82729

or email it to [sfleenor@uwyo.edu](mailto:sfleenor@uwyo.edu)



## November 2016



# 4-H Enrollment Information

## Enrollment and re-enrollment begins October 1

### 4-H Youth/Volunteer Enrollment Process

### FOR EXISTING MEMBERS

1. Go to <http://wy.4honline.com> You will see a screen like this.
2. As an existing Member/Family that is re-enrolling for the next 4-H year select the first option  I have a profile
  - Enter your email address and password you used to create your Family login and click the **Login** button
  - If you can't remember your password select  I forgot my password enter your email address and click the **Send My Password** button.
  - A new automated password will be sent to the email address you provided along with instructions to login and reset your password.

	Name	Role	Membership ID	Enrollment Status	Last Active Year	Edit
1)	Mrs. Tester	Adult	868993	Inactive	2014-2015	<b>Edit</b>
2)	Boy Tester	Youth	868982	Inactive	2014-2015	<b>Edit</b>
3)	Girl Tester	Youth	868983	Inactive	2014-2015	<b>Edit</b>
4)	Mr. Tester	Adult	903413	Inactive	2014-2015	<b>Edit</b>

3. Once you are logged in you can review your Family info and update it if needed by clicking the **Edit Family** button

4. In the **MEMBER LIST** tab, please look at the **Member/Volunteer List** to view the members/adult volunteers associated with your family account. Please do not add a new individual that is already listed in the member/volunteer list!

- To Re-Enroll for the new 4-H year click on the **Edit** button to the right of each name
- Review the information displayed in the Personal Information screen.
- At the Bottom of the page on the right you will click the **Enroll for 2015-2016** button.

- On the next page you can review/update the personal information page.
  - The red asterisk \* indicates required fields
- You will now continue through several tabs verifying/updating information. To advance to the next screen click the **Continue >>** button.

**NOTE:** In an effort to reduce our mailing costs, please consider selecting the **EMAIL** option in the Correspondence Preference field.

In the **ADDITIONAL INFORMATION** screen you will review the Publicity Release, Statement of Assumed Risk Transportation Release, Code of Conduct, and for Leaders Training and Screening Understanding.

- Please Read this information! You must click this box in order to continue

- The next screen is the **HEALTH FORM** - If any of the individuals Health information has changed, please update it!

In the **PARTICIPATION** screen you will add or delete Clubs and Projects for each individual.

- If you are unsure of which Club to choose, please select I Club Placement and we will help choose a club.
- If you select a new club remember to click the **Add Club** Button to add it to your Club list.
- When finished with club selections click the **Continue >>** Button at the bottom.
  - You will be taken to the project tab where you can add or delete projects.
    - For returning members the years in project should automatically increase for projects you are continuing
    - Remember to click the **Add Project** button to add a project to the Project List.
    - You can delete a project by clicking the **Edit** button and then clicking the **Delete** button.
- When you are finished with club and project selections click the **Submit Enrollment** Button.
  - If your enrollment status is Pending, your record is complete and waiting for county level 4-H approval. If your enrollment status is Inactive or Incomplete, click Edit to review your record for missing information and resubmit.

## STEPS TO BECOMING A 4-H VOLUNTEER

1. Register with 4-H Online at [wy.4honline.com](http://wy.4honline.com)
2. Complete volunteer training. Any adult who wishes to be approved as a 4-H volunteer leader must first complete New Leader Orientation. There are two options available; you must complete one of the two. These trainings are free of cost to the prospective volunteer.
  - Participate in the group orientation/training. Please contact the County Extension Office for information on when this training is offered.
  - Complete the on-line New Leader Orientation sessions anytime. There are 6 sessions and they range in length from 6 to 12 minutes. The on-line New Leader Orientation sessions can be found under Quick Links on the home page of our Wyoming state 4-H Web site.
  - If you complete the online orientation options, you will also need to schedule a time to personally meet with the County 4-H Educator.
3. Once volunteer training is complete you will receive an e-mail with specific instructions on how to access the links to complete the background checks. The subject line will read: 4-H Volunteer Screening Instructions.

Volunteers are required to be rescreened every 5 years and attend some form of annual training.

### Did you know....

#### The Pledge

Each month the members of 4-H clubs repeat the 4-H pledge at the beginning of their meeting. In repeating the pledge, a member raises the right hand to the side of the head when speaking line one; lowers hand to heart when speaking line two; extends hand, palms upward, when speaking line three; and stands straight when speaking lines four and five.

The pledge was officially adopted in 1927, by the 4-H members, extension staff and volunteer leaders attending the first National 4-H Club Camp in Washington, D.C. Otis Hall, State 4-H Volunteer leader from Kansas, was responsible for the original wording of the 4-H pledge. When the Executive Committee of the Land-Grant College Association asked Dr. R.A. Pearson, President of Iowa State College and Dr. A.C. True of the Federal Extension Service to write a pledge for 4-H, they submitted the one written by Hall.

The 4-H pledge has been changed only once since 1927. At the request of several states and on the recommendation of 4-H members attending National 4-H Conference (formerly National 4-H Club Camp), the pledge was changed in 1973 to include "my world."

#### 4-H PLEDGE

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living,  
for my club, my community,  
my country, and my world.





## 4-H program news

# WANTED

4-H members for the  
Kara Kats Club

If you are looking for a club  
in the Sundance Area,  
please contact Kyndell  
Shoun at 290-2040

### Club Leader Meeting, Information Gathering *AND* Sharing Session

In order to share ideas and information, get news about 4-H, and help each other out as leaders, several meeting dates have been set for club leader sharing sessions.

- ♦ January 23 6:00 pm Extension Office, Sundance
- ♦ April 24 6:00 pm location TBD
- ♦ July 17 6:00 pm location TBD
- ♦ September 18 6:00 pm location TBD

A light meal will be served and childcare will be available if needed, so please RSVP to [sfleenor@uwyo.edu](mailto:sfleenor@uwyo.edu) or call 283-1192.



Thank you for the work you do to be a positive influence on the  
lives of the youth in Crook County!



## 4-H GROWS HERE




# 4-H Achievement Day



**Achievement Day Information:** This year the format will be different. Each club will have a table to showcase their members and their achievements for the year. It will be an open house celebration with families and donors invited to see what successes our members have accomplished throughout the year. Light refreshments will be provided and each club can provide a plate of cookies or vegetable tray at their table too.

If you would like to help out with achievement day, please contact me.

We are excited for the changes to our program and hope that more kids and their families want to attend this important event!

 **Crook County 4-H Achievement Day** 

**Open House**



**December 4, 2016**

FROM 2-3 pm in the Courthouse Community Room,  
Sundance

.....  
community members, families, and donors welcome!

-- enjoy crook county 4-h club displays, member projects,  
and award recipients

-- light refreshments will be served

  **UW** | **Wyoming 4-H** 

## Not Too Early to Think About Christmas for Needy Children



It is shoebox collection time again!

Many children in war torn or third world countries have never received a gift and you can make a difference in their lives through the power of a simple shoebox gift.

4-H Clubs in Crook County have been a huge supporter of Operation Christmas Child and you or your club can pack your own shoebox.

Select items for one of three age groups 2-4, 5-9 and 10-14. Suggestions for items to pack are hygiene items such as soap and washcloth, toothbrush and toothpaste, combs, school supplies, toys, small games, cards, hair accessories and a stuffed animal. Items need to be new.

Do not include liquids or candy. Some great items to send for older kids are soccer balls, a hammer and nails, sewing kits, small cooking pots, cooking utensils, clothes pins, balls of string, or yardages of fabric.

You can use a regular shoebox and decorate it with duct tape or wrapping paper or contact Grace Belize Anderson for boxes. She will arrange a pick up location.

If you would like to donate items for a shoebox or money to buy items or pay the \$7 per box shipping please call or text Grace Anderson at 307-756-2373. She will need items or filled shoeboxes by November 11th.

All the information is on [samaritianspurse.org](http://samaritianspurse.org) along with great stories of children who received a shoebox.

## What Goes in My Shoebox?

### “Wow” Item

Delight a kid! Start with a medium to large item that will capture the child’s attention the instant he or she opens the box.

**ideas include:** Soccer ball with pump, Stuffed animal, Toys (puppets, trucks, etc.), Doll (baby, Barbie, etc.), Musical instrument, Outfit, Shoes

### Other Suggestions

**Toys:** Include items that children will immediately embrace such as toy cars, yo-yos, jump ropes, balls, toys that light up and make noise (with extra batteries), etc.

**School Supplies:** pens, pencils and sharpeners, crayons, markers, notebooks, paper, solar calculators, coloring and picture books, etc.

**Non-liquid Hygiene Items:** toothbrushes, bar soap, combs, washcloths, etc.

**Accessories:** T-shirts, socks, hats, sunglasses, hair clips, jewelry, watches, flashlights (with extra batteries), etc.

**Crafts:** Make your own items such as hair bows, finger puppets, and friendship bracelets.

**A Personal Note:** You may enclose a note to the child and a photo of yourself, your family, or group. If you include your name and an address, the child may be able to write back.

### Do Not Include

Used or damaged items; war-related items such as toy guns, knives, or military figures; chocolate or food; out-of-date candy; fruit rolls or other fruit snacks; drink mixes (powdered or liquid); liquids or lotions; medications or vitamins; breakable items such as snow globes or glass containers; aerosol cans.

**Candy specifications:** During 2016, the following types of candy can be included in shoebox gifts: hard candy, gummy bears, caramels, taffy, and gum—as long as its expiration date is at least six months after National Collection Week: Nov. 14-21, 2016. Starting in 2017, no type of candy can be included in shoebox gifts.

**Toothpaste specifications:** Toothpaste can be included this year as long as its expiration date is at least six months after National Collection Week: Nov. 14-21, 2016. Starting in 2017, toothpaste cannot be included in shoebox gifts, but a child’s oral hygiene can still be improved by regular use of a toothbrush alone.

# 2017 Wyoming State 4-H Calendar of Events/Activities

More information online at [www.Wyoming4H.org](http://www.Wyoming4H.org)

Event	Date	Location
State 4-H Leaders' Conference	March 24-26	Casper, WY
National 4-H Conference	March 24-30	Washington, D.C.
Wool Judging/Meat Judging registration available mid-March	TBA (Mid-April)	Laramie, WY
Citizenship Washington Focus (15-18 years old) Registration closes March 1, 2017	June 10-17	Washington, D.C.
Horse Camp Registration deadline: May 27, 2017	June 15-18	Douglas, WY
Showcase Showdown	TBD	Laramie, WY
State Shooting Sports Match Registration deadline: June 25, 2015	July 6-9	Douglas, WY
Leadership Washington Focus (7 <sup>th</sup> -9 <sup>th</sup> grades) Registration closes March 1, 2015	July 16-21	Washington, D.C.
Wyoming State Fair	August 12-19	Douglas, WY
Shooting Sports Awards Trip <i>12 winners are selected based on scores at State Shoot</i> <i>2 winners are selected based on portfolio submissions (due end of July)</i>	September 2017	Raton, New Mexico
National 4-H Congress Applications due: TBD <i>Interviews held during Showcase Showdown</i>	November 24- December 28	Atlanta, Georgia

## Other opportunities:

State 4-H Leadership Team ~ applications due May 31/interviews at Showcase Showdown

National Shooting Sports Invitational ~ Applications due April 30 Updated: 10/20/16



# Crook County Apparel Order Form

Please Print Clearly

Orders Due by December 1

First and Last Name: \_\_\_\_\_

Club: \_\_\_\_\_

Size: \_\_\_  Child  Adult  short-sleeve \$10

Size: \_\_\_  Child  Adult  short-sleeve \$10

Size: \_\_\_  Child  Adult  short-sleeve \$10

Size: \_\_\_  Child  Adult  short-sleeve \$10



Total \$ \_\_\_\_\_

# Wyoming 4-H Calendar Contest Results

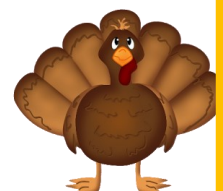
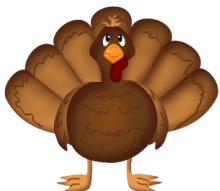
*Congratulations to the following Wyoming 4-H members whose pictures were chosen for the 1st annual calendar contest!*

Christiana Hewlett  
Dasha Kelso  
Jameson Fleenor  
Hunter Galluzzo  
Hunter Mulkey  
Hannah Mulkey  
Cody Mulkey  
Kiley Smith  
Darby Woffinden  
Jakobi Hibbert  
Kassadee Lym  
McKenzie Lym  
Allie Auch

High Plains 4-H Club  
Shell Rough Riders 4-H Club  
Ride N Hide 4-H Club  
Busy Bunch 4-H Club  
Busy Bunch 4-H Club  
Busy Bunch 4-H Club  
Busy Bunch 4-H Club  
Rockin' Wranglers 4-H Club  
Way Out West Photography Club  
Way Out West Photography Club  
Smiths Fork Stockman 4-H Club  
Smiths Fork Stockman 4-H Club  
Elk Mountain Outlaws

Albany County  
Big Horn County  
Crook County  
Laramie County  
Laramie County  
Laramie County  
Laramie County  
Natrona County  
Sublette County  
Sublette County  
Uinta County  
Uinta County  
Weston County

*Calendar orders can be placed at your local Extension Office*





# 2016-17 Wyoming 4-H Project Guide

***This is your guide . . .*** A 4-H project is an area that you want to learn more about during the year. There are projects on just about any topic you would like to study and explore, from art to woodworking, from computers to rabbits, from clothing to range management. Under each project in italics is a list of resource curriculum that can be used to help members learn about the project or assist leaders in helping members learn.

Curriculum with a \* is free and you can download it at the website listed. Other curriculum can be purchased at <http://www.4-hmall.org/> unless otherwise noted.

Don't forget to check out the project pages on the Wyoming 4-H Web Site at <http://www.uwyo.edu/4-h/projects/>. On these pages, you'll find descriptions for statewide projects, internet resources and links of interest, county fair exhibit suggestions, other suggested project resources.

And remember, you'll learn more than "subject matter" as you complete your projects. You'll learn many "life" skills that you'll use every day of your life, such as, understanding yourself, communicating better, solving problems, making decisions and working with others. Good luck in your project selections. Have a great 4-H year!

## **AEROSPACE**

Resource: 06842, *Pre-Flight*  
06843, *Lift Off*  
06844, *Reaching New Heights*  
06845, *Pilot in Command*  
06846, *Aerospace Adventures Helper's Guide*

## **ARCHERY**

Resource: \**Shooting Sports Manual (uwyo.edu/4-h)*  
*Leaders will receive project resources at Shooting Sports Leader Certification.*

## **BEEF**

Resources: 08143, *Bite Into Beef*  
08144, *Here's the Beef*  
08145, *Leading the Charge*  
08146, *Beef Helper's Guide*  
08455 *Exploring Beef Health and Husbandry*  
\**The 4-H Beef Project: An Introduction (uwyo.edu/4-h)*

## **CAKE DECORATING**

Resource: \**4-H Cake Decorating (uwyo.edu/4-h)*

## **CATS**

Resource: 08148, *Purr-fect Pals*  
08149, *Climbing Up!*  
08150, *Leaping Forward*  
08151, *Cat Helper's Guide*

## **CITIZENSHIP**

Resource: 08153, *Citizenship Adventure Kit*  
08154, *Citizenship Guide's Handbook*  
\**Community Pride Project Guide (uwyo.edu/4-h)*

## **CLOVERBUDS – YOUTH AGES 5-7**

Resources: 711AG *Cloverbud Volunteer Guidebook (<http://estore.osu-extension.org/Cloverbud-Volunteer-Guidebook-P220.aspx>)*  
710GPM *The Big Book of 4-H Cloverbud Activities (<http://estore.osu-extension.org/The-Big-Book-of-4-H-Cloverbud-Activities-P451.aspx>)*

## **COMPUTERS**

Resource: 08346, *Newbie Know How Supplement*  
08347, *Inside the Box*  
08348, *Peer to Peer*  
08349, *Teens Teaching Tech*  
01606Y *Discovering Computer Science and Programing through Scratch: Youth Guide*  
01607F *Discovering Computer Science and Programing through Scratch: Facilitators Guide*

## **CROCHETING**

Resource: \**Crochet Made Easy (<http://www.redheart.com/books/crochet-made-easy>)*  
\**Discover 4-H Crochet Clubs (<https://www.unce.unr.edu/4H/counties/clark-ne/files/pdf/CrochetCurriculum.pdf>)*

# 4-H Project Guide cont...

## DOGS

Resources: 08166, *Wiggles and Wags*  
08167, *Canine Connection*  
08168, *Leading the Pack*  
08169, *Dog Helper's Guide*  
\**Wyoming Dog Show Guidelines (uwyo.edu/4-h)*  
\*4H 716W *Indiana 4-H Dog Showmanship Guide (uwyo.edu/4-h)*

## ELECTRICITY

Resource: 06848, *Magic of Electricity*  
06849, *Investigating Electricity*  
06850, *Wired for Power*  
06851, *Entering Electronics*  
06852, *Electric Excitement Helper's Guide*

## ENTOMOLOGY (INSECTS)

Resource: 08440, *Teaming with Insects, Level 1*  
08441, *Teaming with Insects, Level 2*  
08442, *Teaming with Insects, Level 3*  
08443, *Teaming with Insects, Facilitators Guide*

## FABRIC AND FASHION

Resources: 4H2210, *STEAM Clothing 1: Fundamentals*  
4H2211, *STEAM Clothing 2: Simple Sewing*  
4H2212, *STEAM Clothing3: A Stich Further*  
4H2213, *STEAM Clothing: Maker's Guide to Sewing*  
4H2214, *STEAM Clothing: Beyond the Needle*  
*Wyoming Fabric and Fashion (ask for a copy from your 4-H educator)*

## FOODS & NUTRITION

Resource: 07144, *Six Easy Bites*  
07146, *Tasty Tidbits*  
07148, *You're the Chef*  
07150, *Foodworks*  
07730, *Foods Curriculum Helper's Guide*  
01512Y *4-H Cooking 101*  
01513Y *4-H Cooking 201*  
01514Y *4-H Cooking 301*  
01515Y *4-H Cooking 401*  
01516Y *Cooking Helper's Guide*  
08087DD *Microwave Magic - Bag of Tricks – THIS IS A DIGITAL DOWNLOAD ONLY*  
08088DD *Microwave Magic – Micro Magicians –*

*THIS IS A DIGITAL DOWNLOAD ONLY*

08089DD *Microwave Magic – Amazing Rays – THIS IS A DIGITAL DOWNLOAD ONLY*

08090DD *Microwave Magic – Presto Meals – THIS IS A DIGITAL DOWNLOAD ONLY*

08091DD *Microwave Magic – Helper's Guide – THIS IS A DIGITAL DOWNLOAD ONLY*

\**Foods Judging Guidelines (uwyo.edu/4-h)*

## GARDENING

Resources: 4H1037, *Gardening: See Them Sprout (2016)*  
4H1038, *Gardening: Let's Get Growing (2016)*  
4H1039, *Gardening: Take Your Pick (2016)*  
4H1040, *Gardening: Growing Profits (2016)*  
4H1041, *Gardening Helper's Guide (2016)*  
\**Selecting and Showing Produce (http://www.wyomingextension.org/agpubs/pubs/B1196.pdf)*

## GEOLOGY

Resource: \**Give Discover 4-H Geology Clubs ([https://usu.co1.qualtrics.com/CP/File.php?F=F\\_3WTABtbu0YzfvvH](https://usu.co1.qualtrics.com/CP/File.php?F=F_3WTABtbu0YzfvvH))*  
\**Kansas 4-H Geology Project Leader Notebook (uwyo.edu/4-h)*

## GOATS

### Dairy Goats

Resource: 08352, *Getting Your Goat*  
08353, *Stepping Out*  
08354, *Showing the Way*  
08355, *Dairy Goat Helper's Guide*  
\**The 4-H Dairy Goat Project: An Introduction (uwyo.edu/4-h)*

### Meat Goats

Resource: 07909, *Just Browsing*  
07910, *Get Growing with Meat Goats*  
07911, *Meating the Future*  
07912, *Meat Goat Helper's Guide*  
\**The 4-H Meat Goat Project: An Introduction (uwyo.edu/4-h)*

# 4-H Project Guide cont...

## HEALTH

Resource: 08174, *First Aid in Action*  
08175, *Staying Healthy*  
08176, *Keeping Fit*

## HORSES

Resources: 08053, *Giddy Up & Go*  
08054, *Head, Heart & Hooves*  
08055, *Stable Relationships*  
08056, *Riding the Range*  
08057, *Jumping to New Heights*  
08058, *Horse Helper's Guide*  
CO200, *Horses & Horsemanship*  
CO201, *Horse Science*  
*\*The 4-H Horse Project: An Introduction*  
([uwyo.edu/4-h](http://uwyo.edu/4-h))  
*\*Wyoming 4-H Equine Competition Guidelines*  
([uwyo.edu/4-h](http://uwyo.edu/4-h))

## INTERIOR DESIGN

Resource: *Design My Place (CD)* ([marketplace.unl.edu](http://marketplace.unl.edu))  
*Design Decisions* ([marketplace.unl.edu](http://marketplace.unl.edu))

## KNITTING

Resource: *\*Knitting Made Easy*  
(<http://www.redheart.com/books/knitting-made-easy>)  
*\*The 4-H Knitting Handbook*  
([http://extension.usu.edu/files/publications/publication/4-H\\_Sewing&Textiles\\_2012-02pr.pdf](http://extension.usu.edu/files/publications/publication/4-H_Sewing&Textiles_2012-02pr.pdf))

## LLAMAS AND ALPACAS

Resources: 4-H 996, *Llamas & Alpacas, Book 1*  
4-H 997, *Llamas & Alpacas, Book 2*  
4-H 998, *Llamas & Alpacas, Book 3*  
*\*4-H 999, Llama & Alpacas, Helper's Guide*  
(<https://extension.purdue.edu/extmedia/4H/4-H-999-W.pdf>)

## LEATHERCRAFT

Resource: *\*Leathercraft Unit 1 Project Guide*([uwyo.edu/4-h](http://uwyo.edu/4-h))  
*\*Advanced Leathercraft Unit 2 Project Guide*  
([uwyo.edu/4-h](http://uwyo.edu/4-h))

## MUZZLELOADING

Resource: *\*Shooting Sports Manual* ([uwyo.edu/4-h](http://uwyo.edu/4-h))  
*Leaders will receive project resources at Shooting Sports Leader Certification.*

## NATURE AND ECOLOGY

Resource: 08410 *Exploring Your Environment – Ecosystem Services*  
08411 *Exploring Your Environment – Earth's Capacity*  
08412 *Exploring Your Environment – Facilitators Guide*

## PHOTOGRAPHY

Resource: PC1, *Focus on Photography*  
PC2, *Controlling the Image*  
PC3, *Mastering Photography*

## PISTOL

Resource: *\*Shooting Sports Manual* ([uwyo.edu/4-h](http://uwyo.edu/4-h))  
*Leaders will receive project resources at Shooting Sports Leader Certification.*

## POCKET PETS

Resource: 06359, *Pet Pals*  
06360, *Scurrying Ahead*  
06361, *Scaling the Heights*  
06362, *Pet Helper's Guide*  
*\*The 4-H Pocket Pets Project: An Introduction*  
([uwyo.edu/4-h](http://uwyo.edu/4-h))

## POULTRY

Resources: 06363, *Scratching the Surface*  
06364, *Testing Your Wings*  
06365, *Flocking Together*  
06366, *Poultry Helper's Guide*  
*\*The 4-H Poultry Project: An Introduction*  
([uwyo.edu/4-h](http://uwyo.edu/4-h))  
*\*PS 5.145 Producing Turkeys for Show*  
([uwyo.edu/4-h](http://uwyo.edu/4-h))

## QUILTING

Resource: *You Can Quilt!*  
(<http://projectcentral.ohio4h.org/publications/you-can-quilt/>)  
*Quilting the Best Better*  
(<http://projectcentral.ohio4h.org/publications/quilting-the-best-better/>)

# 4-H Project Guide cont...

## RABBITS

Resource: 08080, *What's Hopping?*  
08081, *Making Tracks*  
08082, *All Ears*  
08083, *Rabbit Helper's Guide*  
*\*The 4-H Rabbit Project: An Introduction (uwyo.edu/4-h)*

## RANGE MANAGEMENT

Resource: 5311 *At Home on the Range*  
(<http://store.msuextension.org/>)

## RECREATION

Resource: 08043 *Hiking Trails*  
08044 *Camping Adventures*  
08045 *Backpacking Expeditions*  
08046 *Outdoor Helper's Guide*

## RIFLE

Resource: *\*Shooting Sports Manual (uwyo.edu/4-h)*  
*Leaders will receive project resources at Shooting Sports Leader Certification.*

## ROBOTICS

Resource: *\*Robotics Engineering Volume 1*  
([http://www.education.rec.ri.cmu.edu/content/lego/curriculum/rev1\\_index.htm](http://www.education.rec.ri.cmu.edu/content/lego/curriculum/rev1_index.htm))  
*\*Robotics Engineering Volume 2*  
([http://www.education.rec.ri.cmu.edu/content/lego/curriculum/rev2\\_index.htm](http://www.education.rec.ri.cmu.edu/content/lego/curriculum/rev2_index.htm))  
*\*NXT Video Trainer*  
([http://www.education.rec.ri.cmu.edu/content/lego/curriculum/nvt2\\_index.htm](http://www.education.rec.ri.cmu.edu/content/lego/curriculum/nvt2_index.htm))

## ROPECRAFT

Resource: *\*41001-95 Wyoming Ropcraft Manual (uwyo.edu/4-h)*

## SELF-DETERMINED

Resource: *\*Designing My Own Project (uwyo.edu/4-h)*

## SHEEP

Resources: 06367, *Lambs, Rams and You*  
06368, *Shear Delight*  
06369, *Leading the Flock*  
06370, *Sheep Helper's Guide*  
*\*The 4-H Sheep Project: An Introduction (uwyo.edu/4-h)*

## SHOTGUN

Resource: *\*Shooting Sports Manual (uwyo.edu/4-h)*  
*Leaders will receive project resources at Shooting Sports Leader Certification.*

## SPORT FISHING

Resource: 07598, *Take the Bait*

07599, *Reel in the Fun*  
07600, *Cast into the Future*  
07601 *Fishing Adventures Helper's Guide*  
*\*4-H Sportfishing Manual (uwyo.edu/4-h)*

## SWINE

Resources: 08065, *The Incredible Pig*  
08066, *Putting the Oink in the Pig*  
08067, *Going Whole Hog*  
08068, *Swine Helper's Guide*  
08456, *Exploring Swine Health and Husbandry*  
*\*The 4-H Swine Project: An Introduction (uwyo.edu/4-h)*

## VETERINARY SCIENCE

Resources: 08048, *From Airedales to Zebras*  
08049, *All Systems Go*  
08050, *On the Cutting Edge*  
08051, *Veterinary Science Helper's Guide*  
08744 DD, *Veterinary Science 1: Animal Behavior – THIS IS A DIGITAL DOWNLOAD ONLY*  
08745 DD, *Veterinary Science 2: Animal Vital Signs – THIS IS A DIGITAL DOWNLOAD ONLY*  
08746 DD, *Veterinary Science3: Disease Transmission – THIS IS A DIGITAL DOWNLOAD ONLY*  
08747 DD, *Veterinary Science 4: Principals of Biosecurity – THIS IS A DIGITAL DOWNLOAD ONLY*  
08748 DD, *Veterinary Science5: Advanced Concepts in Animal Care – THIS IS A DIGITAL DOWNLOAD ONLY*

## VISUAL ARTS

Resources: 08140, *Visual Arts 1: Sketchbook Crossroads*  
08141, *Visual Arts 2: Portfolio Pathways*

## WILDLIFE AND HUNTING

Resource: *NRA Hunter's Guide (<http://materials.nrahq.org/the-hunter-s-guide.html>)*  
*\*Wyoming Game and Fish Department Hunter Education Student Manual (<https://wgfd.wyo.gov/Education/Hunter-Education>)*

## WOODWORKING

Resource: 06875, *Measuring Up*  
06876, *Making the Cut*  
06877, *Nailing It Together*  
06878, *Finishing Up*  
06879, *Woodworking Helper's Guide*

## YOUTH LEADERSHIP

Resource: 07905, *My Leadership Workbook*  
07906, *My Leadership Journal*  
07907, *My Leadership Portfolio*  
07903, *Leadership Mentor Guide for Grades K-5*  
07904, *Leadership Mentor Guide for Grades 6-12*

# 2016-17 Crook County 4-H Calendar

Date	Event	Location	Time
10/5-10/12	<i>National 4-H week</i>	County wide	
10/12/16	<i>Shooting sports safety meeting</i>	Courthouse basement, Sundance	6:00 pm
10/23/16	<i>Shooting sports safety meeting</i>	Courthouse basement, Sundance	6:00 pm
11/24-25/16	<i>Extension Office Closed, Thanksgiving Break</i>	Extension Office	
11/6/16	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
11/16/16	<i>Shooting sports</i>	Fair grounds, Sundance	6:00 pm
11/20/16	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
12/4/16	<i>Achievement Day</i>	Courthouse basement, Sundance	2-3 pm
12/11/16	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
12/14/16	<i>Shooting Sports</i>	Fair grounds, Sundance	6:00 pm
12/23-1/2/17	<i>Extension Office closed, Winter Break</i>	Extension Office	
1/8/17	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
1/16/17	<i>Extension Office closed, no school</i>	Extension Office	
1/18/17	<i>Shooting sports</i>	Fair grounds, Sundance	6:00 pm
1/23/17	<i>Club leader meeting</i>	Extension Office, Sundance	6:00 pm
2/1/17	<i>Market Beef Ownership Deadline (forms at crookcofair.com)</i>	Fairgrounds, Sundance	
2/8/17	<i>Shooting sports</i>	Fair grounds, Sundance	6:00 pm
2/12/17	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
2/15/17	<i>4-H Scholarship Applications Due</i>	Laramie, WY	
2/26/17	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
3/5/17	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
3/15/17	<i>Shooting sports</i>	Fair grounds, Sundance	6:00 pm
3/19/17	<i>Shooting sports</i>	Fair grounds, Sundance	1:00 pm
3/24-25/17	<i>State Leaders Conference</i>	Casper, WY	TBD
4/2/17	<i>Shooting sports, County Shoot</i>	Fair grounds, Sundance	TBD
4/24/17	<i>Club leader meeting</i>	TBA	6:00 pm
5/1/17	<i>Dog Ownership Deadline (new dogs)</i>	Extension Office	
5/25	<i>Extension Office Closed, Memorial Day</i>	Extension Office	
6/1/17	<i>Market swine, sheep and all breeding animals ownership deadline (forms at crookcofair.com)</i>	Fair grounds, Sundance	
6/8-9/17	<i>Livestock Camp</i>	Newcastle Fair grounds	
6/13/17	<i>Presentation Day</i>	Courthouse basement, Sundance	10:00 am
6/23-25/17	<i>4-H Camp</i>	Mallo Camp	


# 2016-17 Crook County 4-H Calendar cont...

June 2017- TBA	<i>Horse Camp</i>	Douglas	
June 2017- TBA	<i>Showcase Showdown</i>	Cheyenne-LCCC	
7/4/17	<i>Office Closed, Independence Day</i>	Extension Office	
7/17/17	<i>Club leader meeting</i>	TBA	6:00 pm
July 2017- TBA	<i>State Shooting Sports</i>	Douglas	
7/23-30/17	<i>Crook County Fair</i>	Sundance	
8/13-19/17	<i>Wyoming State Fair</i>	Douglas, WY	
9/18/17	<i>Club leader meeting</i>	TBA	6:00 pm

Dates are current as of 10/31/16



## 4-H Basics

<p><b>The 4-H Symbol</b> A green 4 leaf clover with a white “H” on each of the leaves (variations are black with white or white with black)</p> 	<p><b>The 4-Hs</b> Head Heart Hands Health</p>
<p><b>Motto</b> “To Make the Best Better”</p>	<p><b>Slogan</b> “4-H Grows Here”</p>
<p><b>Pledge</b> I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living; for my club, my community, my country, and my world.</p>	<p><b>Colors</b> Green and White Green represents springtime White represents innocence</p>



# Calendar of Events



## Upcoming Events:

EPIC for Extension: November 7-9– Educators will be unavailable during those days for required meetings

Thanksgiving Break: November 24-25

Achievement Day: December 4 from 2-3

## Future Event Dates:

Livestock Camp– June 8-9, 2017

4-H Camp– June 23-25, 2017

Crook County Fair– July 23-30, 2017



**GROW WITH THE GREEN**





UNIVERSITY  
OF WYOMING  
EXTENSION



Crook County Extension Office  
PO Box 368, Sundance, WY 82729  
(307) 283-1192 • fax (307) 283-4555  
[wyoming4h.org/crook4h](http://wyoming4h.org/crook4h)



Office location: 309 Cleveland, Sundance  
Hours of operation: 7:30 am– 4:00 pm Monday– Friday

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Glen Whipple, Director, Cooperative Extension Service, University of Wyoming, Laramie, Wyoming 82071. Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color, religion, sex, national origin, disability, age, political belief, veteran status, sexual orientation, and marital or familial status. Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotope, etc.) should contact their local UW CES Office. To file a complaint, write the UW Employment Practices/Affirmative Action Office, University of Wyoming, P.O. Box 3434, Laramie, Wyoming 82071 3434.