



September Newsletter



CONVERSE COUNTY 4-H

Important Dates

September 4: Extension Office closed

September 15: Record Books due for judging

September 29: Club Chartering paperwork due

September 30: Market Sale requirements due

August flew by and September is here, which means the new 4-H year is quickly approaching! Be sure to wrap up your record books and get them in by September 15th for judging. Club books and chartering paperwork are also due this month, check the calendar and club pages for more information.

Applications close for National 4-H Congress and the Wyoming 4-H State Leadership Team at the beginning of this month. If you're interested in either of those opportunities, be sure to complete those applications ASAP! More information can be found at the end of the newsletter.

Have a great month!



Kellyanne





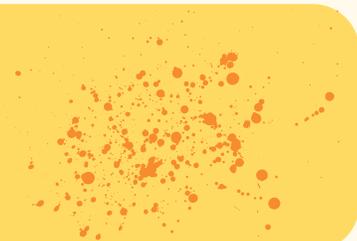
September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4 Office Closed	5	6	7	8	9
10	11	12	13	14	15 Record Books Due to be Judged	16
17	18	19 Douglas Cloverbuds 4:30pm	20	21 Glenrock Cloverbuds 4:30pm	22	23
24	25 Achievement Program Award Nominations Due	26	27	28	29 Club Chartering Paperwork Due	30 All Market Sale Requirements Due

- All dates are subject to change



October 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 National 4-H Week New 4-H Year Begins	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	Douglas Cloverbuds 4:30pm	18	Glenrock Cloverbuds 4:30pm	20	21
22	23	24	25	Achievement Program 6:30pm	27	28
29	30	31	1	2	3	4

• All dates are subject to change

CLUBS

Dry Creek Willing Workers

No update

Future Stars

No update

LaBonte Sagebrush

No update

Magic Chefs

No update

Sand Creek

No update

CLUBS

Walker Creek

No active leader

Wild Bunch

No update

Notice to Club Leaders

Club Chartering paperwork is due to the Extension Office by 4:30 p.m. on September 29th. Secretary and Treasurer books must be turned in by September 15th to qualify for awards.

Failure to submit this paperwork by the deadline will result in one year club probation and forfeiture of your club's wreath sale percentage check.

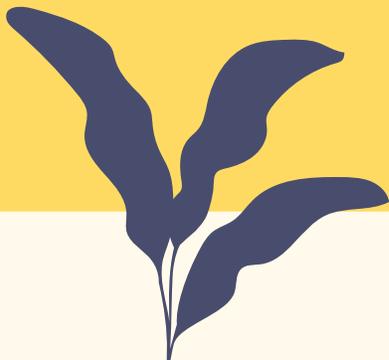
PROJECTS

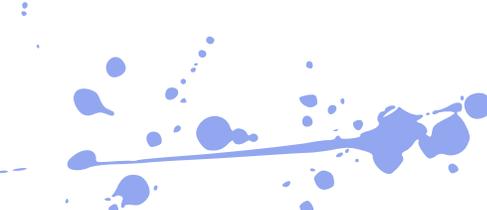


Cloverbuds

Douglas: September 19th,
4:30 P.M.

Glenrock: September 21st,
4:30 P.M.



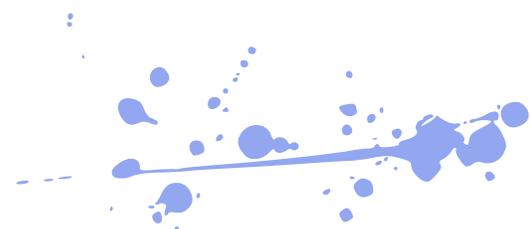


**NOMINATIONS
OPEN!**

**Nominations are open for our 2023
Achievement Program awards! Scan the
QR code to submit your nominations.**

Nominations will close on 9/25, voting will begin on 9/26.

**Outstanding Junior Member
Outstanding Intermediate Member
Outstanding Senior Member
Outstanding Leader (1-5 Years)
Outstanding Leader (6-10 Years)
Outstanding Leader (Over 10 Years)
Extra Mile Award
Friend of 4-H Award
Hard Luck Award
Distinguished Alumni Award**



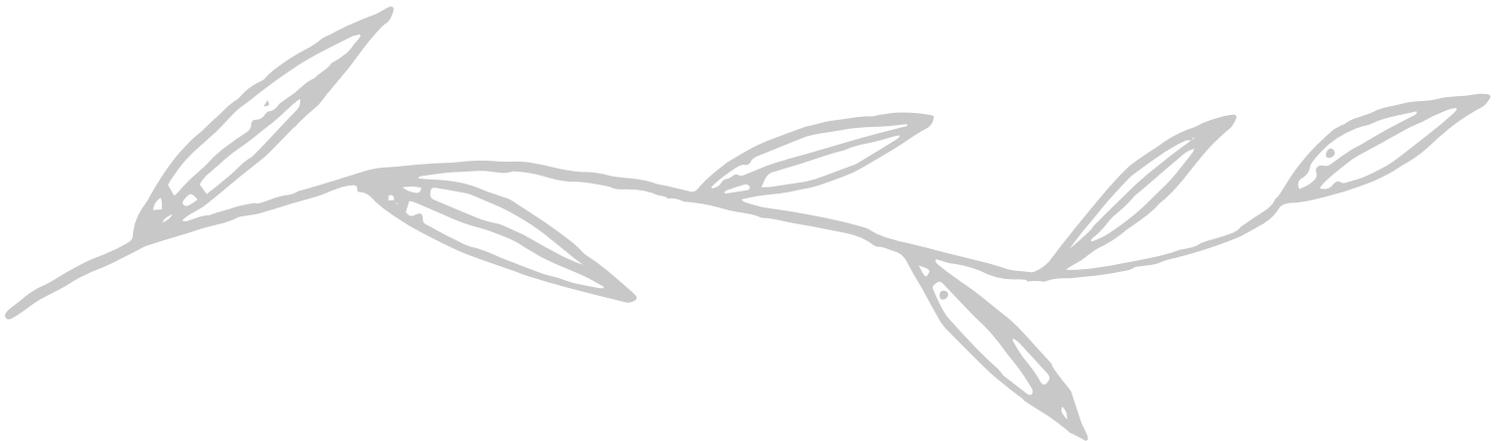


**IMPORTANT
REMINDER!**

RECORD BOOKS ARE DUE ON SEPTEMBER 15TH!

A printed copy is due to the Extension Office by 4:30 p.m. on 9/15 to be eligible for judging and awards.

If you sold a 4-H tagged animal at the market sale, you must submit a record book and proof of buyer thank you by 9/30 to receive your check!





VOLUNTEERS NEEDED

We are looking for 4-H leaders, parents, and community members to help judge Record Books! Please let Kellynne know if you are interested.



September Record Book Tip

The due date for Record Books is quickly approaching. You need to have them turned into the office on September 15, 2023, by 4:30 p.m. to be judged. **Record Books for Market Sale animals need to be submitted by September 30, 2023, per the market sale agreement.**

- Time to wrap up your record books!
 - Add pictures
 - Include your 4-H and non-4-H participation in your Involvement Report
 - Go into detail on your summaries

Name:

How old were you on January 1st of this year?

Age Division: 8-10 (Junior) 11-13 (Intermediate) 14-18 (Senior)



ZSUITE RECORD BOOK

1 Project Report

2 4-H Involvement

Wyoming 4-H



UNIVERSITY
OF WYOMING
EXTENSION





ZSUITE RECORD BOOK



Why should you complete a record book?

- Learn to set goals, make plans to achieve those goals, learn to adapt to challenges and obstacles.
- Get practice keeping records.
- Track your activities, events, skill development, expenses, profits, and much more.
- Measure your achievements and growth.
- Use it for scholarships, resumes, or job applications.
- Help earn points towards Honors Club.
- Reflect on how far you've come over the years!



DON'T WAIT!



You can add record books in ZSuite at the beginning of the year. Working on your record book during the year helps you remember what happened and makes it less work at the last minute!

What's In Your Book?

1

PROJECT REPORT

Goals
 Project Plan
 Supplies, Expenses & Income
 Exhibits & Summary
 Project Pictures and Clippings

Complete for EACH project

Check ZSuite under "Clubs" tab to see what you're signed up for.

(Market Swine, Breeding Sheep, Archery, Photography, Outdoor Recreation, etc.)

2

4-H INVOLVEMENT

4-H Awards & Recognition
 4-H Leadership
 4-H Community Service
 4-H Participation

Ongoing - Add to it each year

4-H Story
 4-H Year Pictures & Clippings
 Other Participation

Complete for current year

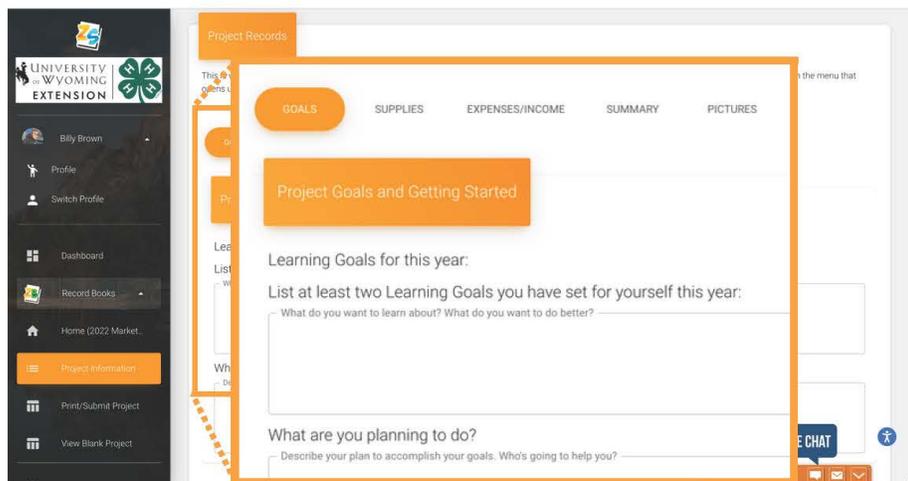
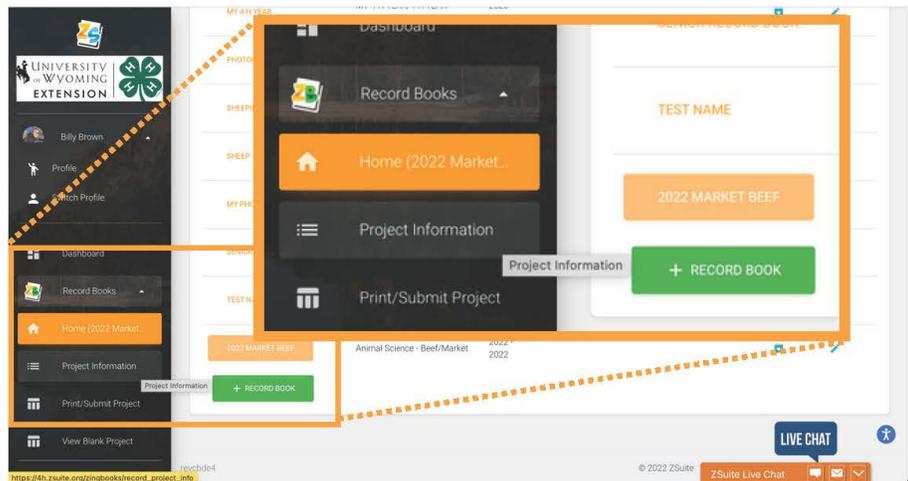
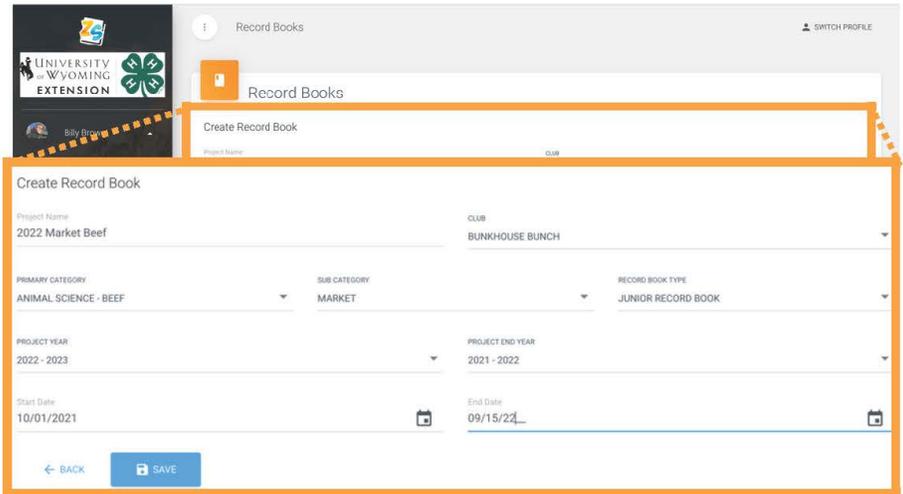


Your First ZSUITE RECORD BOOK

1 Project Report



- Log in to ZSuite
 - Choose a member's profile
- Then select "Record Books" from the menu in the left sidebar
- Start by choosing the "Add Record Book" button from the bottom of the list
- The Project Name is how the Record Book will appear in your list.
 - Name it something that helps you stay organized (Archery - 2nd Year, Dog 2023, etc.). You will have a Project Report for every project for every year.
 - You need one Project Report record book for every project (market swine, archery, photography, etc) not separate ones for every animal or exhibit you make.
- Fill in the rest of the information from the drop down menus.
 - Project Year and Project End Year will be the same.
 - The dates are when you started and ended the project or the 4-H year (like October 1st to when you turn in your record book)
- Once you save, the Project Report book will appear in the list in the Record Book tab. Use the blue edit pencil to change the Project Name or Dates. Click on the orange title to select it, then choose the "Project Information" button on the left.
- Start with the tabs on the left early in the year! Set goals first, take an inventory, put in expenses and income or even pictures as they happen! Then finish off your book by filling in your summary at the end of the year.

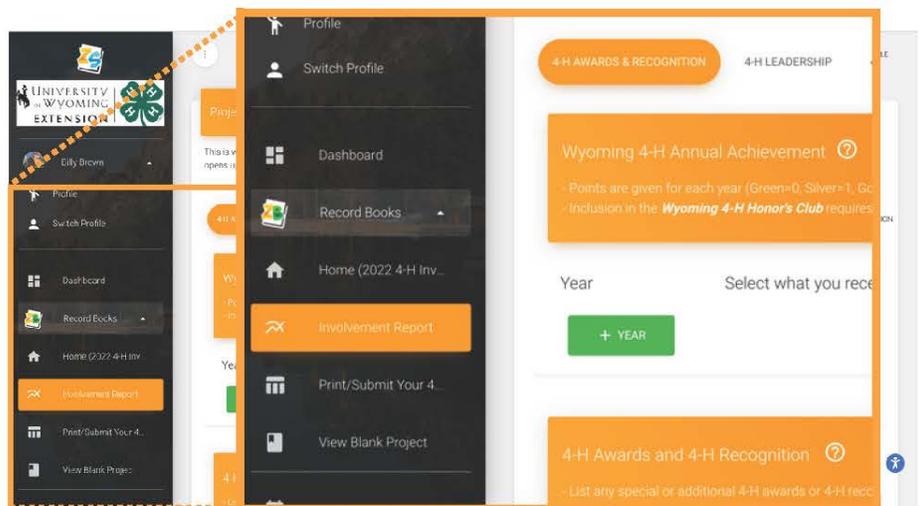
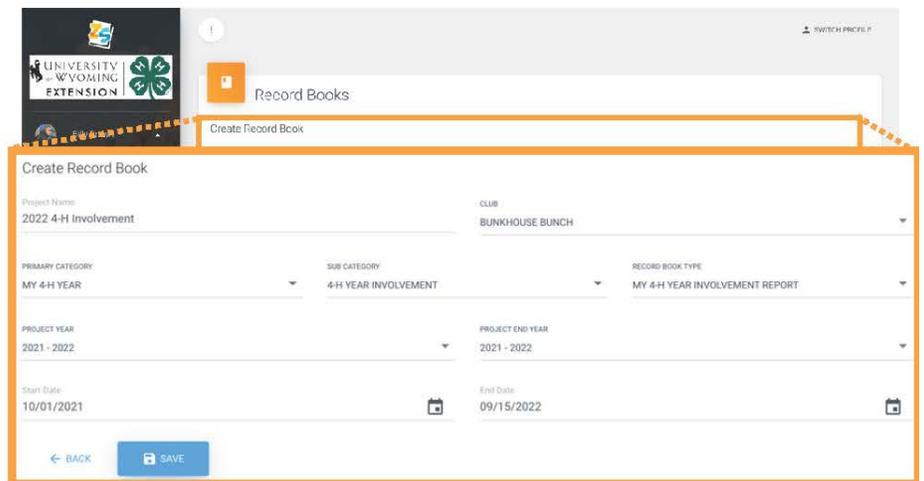
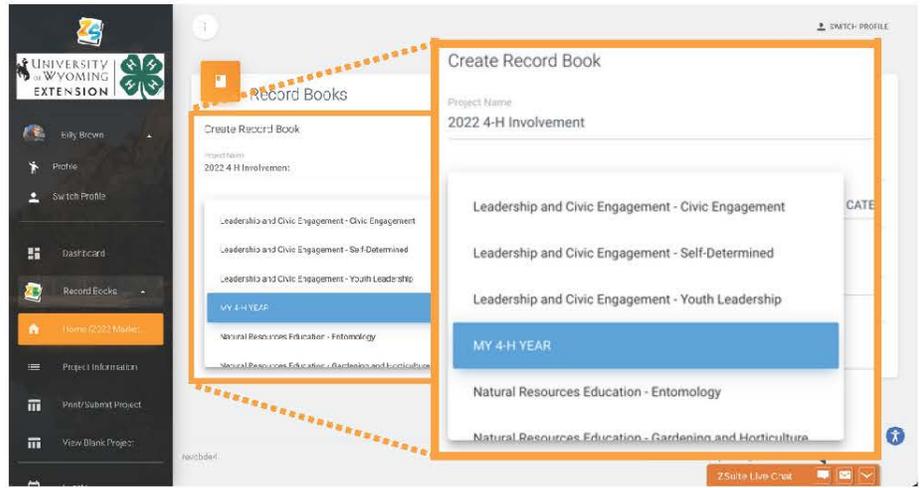




Your First ZSUIE RECORD BOOK



- You also need to add a Record Book for your 4-H Year Involvement.
 - Go to "Add a Record Book" and select "My 4-H Year" in the drop down menu with the Project Report options.
 - Fill in the details for the year you are reporting, then save this record book section.
- You will build on the Involvement Report over the years so you can use the same one every year (or transfer the old information to a new one every year).
- Go through each tab of the report to complete each section.
 - Remember that you will have all your 4-H years in these sections (except the story and pictures). Make sure to add your dates so you can tell what years the activities were from as you add more to them!
 - Fill in community service, 4-H activities etc. as they happen so you don't forget!
- If you don't know what kinds of activities you should include in each section don't hesitate to ask your leaders or the Extension Office for examples!





You should set SMART goals at the BEGINNING of your 4-H year! You can start by adding record books for each project you will be doing during your 4-H year. These will be your Project Reports. Start working on your record book early! Think about what you've already learned in your projects, and about the things you'd still like to learn. Your goals should GROW with YOU!

Let's make it...

S

Specific

Choose one thing you want to improve or one skill you want to learn.

M

Measurable

What will you have at the end to know you reached your goal? Try to make it a number.

A

Attainable

Think about what you can get done with your 4-H year! Make it reasonable and challenging!

R

Relevant

Make sure your goal is related to your 4-H project. As you spend more years in a project, make your goals more challenging.

T

Time-Bound

Give yourself a timeline. You can have a short-term goal you finish in a couple weeks or months. Or a long-term goal that takes you all year.

Let's try it!

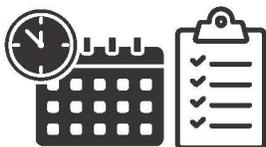
Practice writing a SMART goal...

Then make a Plan...

Some things to consider:

- Going to 2 practices a week.
- Watching videos online.
- Asking a leader, parent, sibling, or friend for help (especially for Juniors).
- Marking days on your calendar so you don't forget to keep working on the goal.
- Finding a friend with the same goal to help keep you going.
- **THE LIST GOES ON!**
- Going to monthly project meetings.
- Attending a clinic or a camp.

Talk about specific things you want to do to help you reach each of your goals! As the year goes on think about how your plan has gone. Whether it went well you you needed to make changes.





GOALS

SUPPLIES

EXPENSES/INCOME

**At the beginning of the year:**

- What do you already have? Things you use for your project every year, such as:
 - Archery - your bow, arrows, gloves, quivers things you keep for years
 - Livestock - feed buckets, blowers, stands, breeding animals you keep
 - Visual Arts - paint brushes, markers, household items you use that you already have on hand
- If it's your first year in a project, you might not have much on hand already. If you've done the project before, look at what you had on hand or bought in previous years. Do you still have those things? They should be listed under your equipment.

SUPPLIES

EXPENSES/INCOME

SUMMARY

**Throughout the year:**

- What do you still need? Things you needed to buy during the year, such as:
 - Archery - New fletching for arrows, new quivers, if you bought a bow
 - Livestock - Feed, fitting supplies, new show sticks, any market or new breeding animals you got this year
 - Visual Arts - canvases, new paints, poster boards
- Expenses can also include any classes, clinics, or camps you paid to attend for your project.

Throughout or at the end of the year:

- Income is where you'll put anything you sold, gave away or kept for yourself.
 - Did you sell an animal? This could be a market animal or through your breeding program.
 - Did you sell any crafts? At a craft fair, to friends or family, etc.
 - Did you give away any supplies to someone else? If it's your last year in a project or you replaced old supplies you can put if you gave away or donated old supplies.
 - Did you keep anything for yourself? Include if you kept a market animal for your family, made a piece of art or piece of equipment that you kept or will use for yourself.



EXPENSES/INCOME

SUMMARY

PICTURES



What did you learn this year?

- Go back to the goals you set for yourself at the beginning of the year.
 - What specific things did you do to help you accomplish your goals?
 - What challenges did you have?
 - Did your goals change during the year?
 - Did you create more goals throughout the year?
 - What skills did you learn?
 - Who helped you?
 - Where did you find information?
- What activities did you do for the project?
 - How many practices/project meetings did you attend?
 - Did you do any workshops, clinics, jackpots, shows, competitions, or fairs for the project?
- Explain the skills or knowledge you gained from participating in this project this year.
 - I learned how to...
 - compare cost of different brands of ingredients.
 - control my breathing to improve my shooting accuracy.
 - use acrylic paints on ceramic.
 - ...etc.
- How will you apply what you learned to other areas or to future years in the project?



Exhibit ☺

Note: not all sharing experiences will have a placing/award.

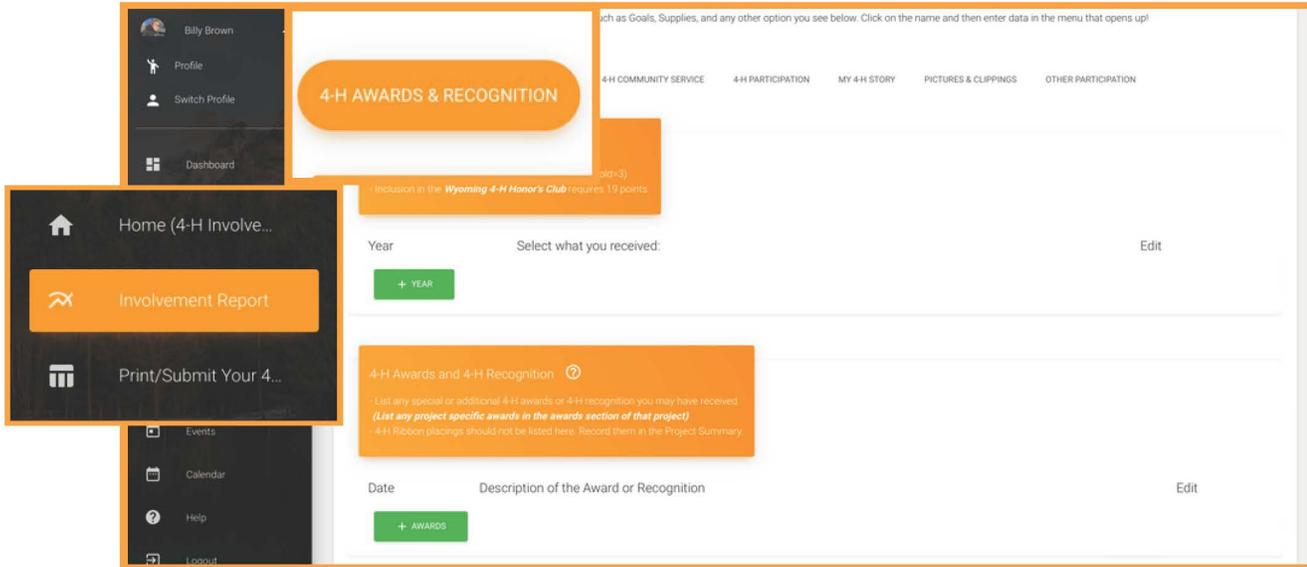
What did you exhibit or share for your project?

- These will include:
 - indoor/static exhibits during fair
 - showing your animals
 - giving presentations on your project
- You should put a ribbon or placing if you got one, but other awards you got for your exhibits should go in the awards section (if you got a ribbon for your class and were an overall champion, just the class ribbon goes here)..





The Involvement Report will be added to every year
(All your 4-H years should be in one Involvement Report).
You can use the same Involvement Report every year or add previous years.



Annual Achievement Points (Gold, Silver, or Green).



- Usually you receive Achievement Points based on your Record Book. For the current year, you can select "None" from the list. You can edit this after you receive your Achievement Level.



- The year is the calendar year you are turning in your record book or receiving the Achievement Level.



- The Involvement Report can be added to every year, so once you get your Level, you can add it to your book so you don't forget for next year.

4-H Awards and Recognition

- Project placing ribbons (Purple, Blue, First, Second, etc.) should go in the Project Report they go with. Only list additional awards like Overall Champion, Best of Show, Outstanding Overall Exhibit, etc.

- Other awards that could go here:

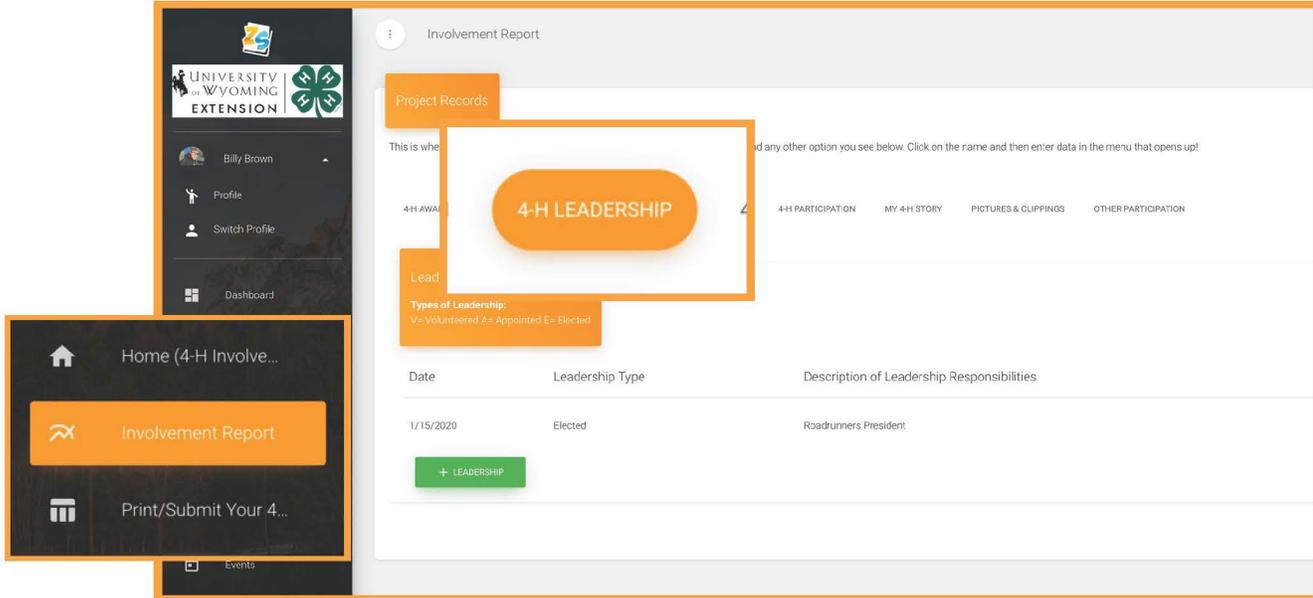
- Cash Awards, Scholarships
- Seals, Certificates
- Plaques, Trophies, Belt Buckles
- Trip Awards



***Don't leave blanks, put "N/A" if needed



The Involvement Report will be added to every year
 (All your 4-H years should be in one Involvement Report).
 You can use the same Involvement Report every year or add previous years.



Leadership comes in many forms!

For younger members it can be as simple as leading a pledge, or seconding a motion.

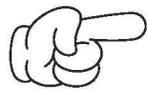
Make sure your leadership responsibilities GROW with you



Leadership Types



- **Volunteer:** These are things you have signed up for or asked to do. Giving presentations, making motions, public speaking, helping with workshops or programs, judging events, or fairs.



- **Appointed:** Things you've been asked to do, like if you're asked to lead a pledge, or join a committee.

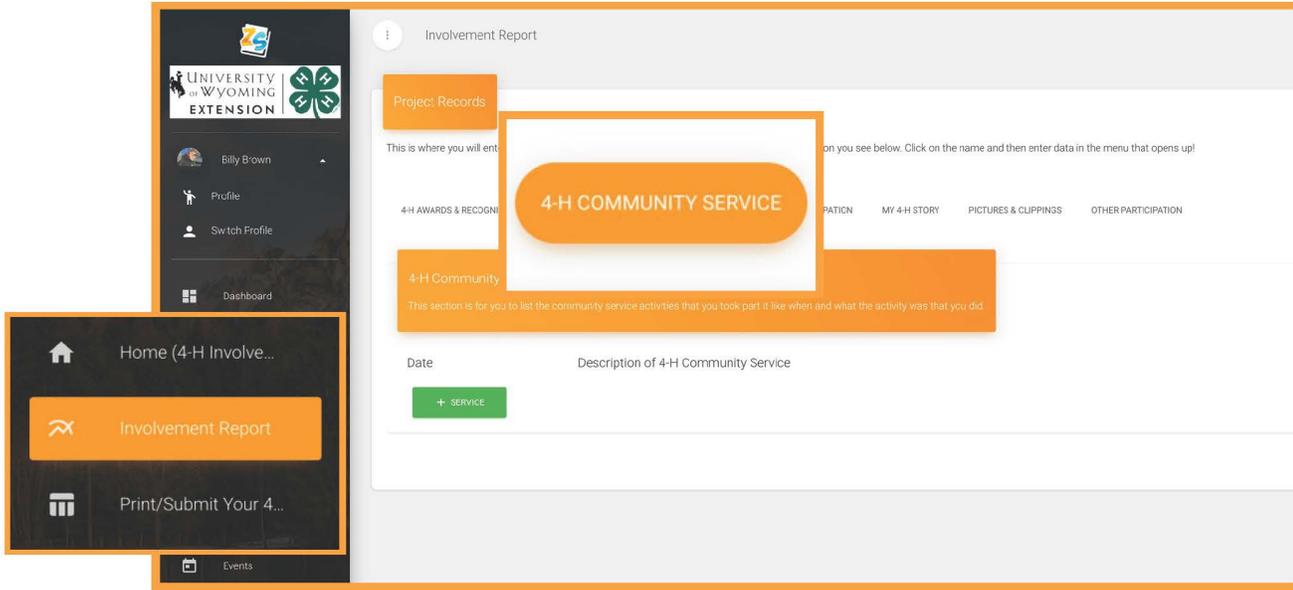


- **Elected:** Responsibilities people voted for. Usually this is holding a 4-H office like club secretary, president, etc. You can include just being nominated or running for an office (especially if it's your first time) as an appointed leadership role.

Don't just put a general activity, explain how the role applies to leadership. Don't forget dates to show your progress over the years!

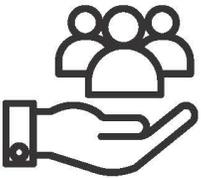
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(All your 4-H years should be in one Involvement Report).
You can use the same Involvement Report every year or add previous years.



Using your "hands for larger service"

- These are all the things you did during the year to help others out, without getting anything in return.
 - These can be things you do with your club, as a county, or on your own. Make sure you describe what you did, how much was collected, how many people helped or how many people received help! You might do some of the same activities every year so don't forget to put dates on your activities.

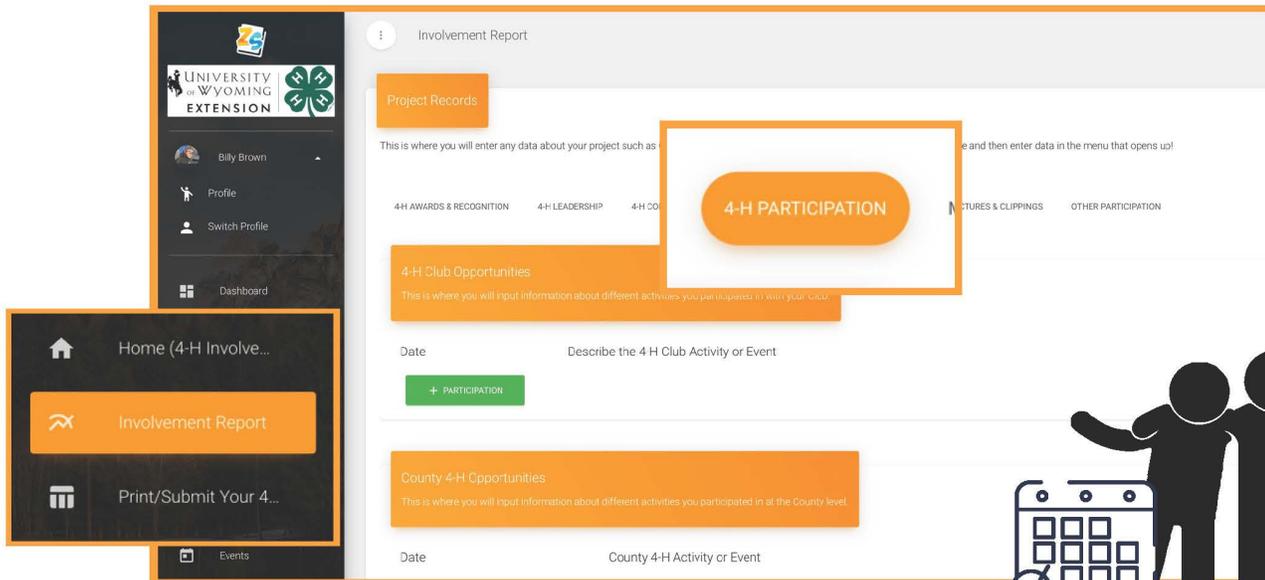


Some ideas:

- Donate to or volunteer at a soup kitchen, food pantry, animal shelter, disaster relief efforts, or other donation based charities
- See if you can make cards or spend time at a senior center or hospital
- Help with a road side clean up, or park or fairgrounds clean-up
- Adopt a family during the holidays (Make/donate meals, Angel Trees, Valentines, Easter Baskets, May Day, etc.).

***Don't leave blanks, put "N/A" if needed

The Involvement Report will be added to every year
(All your 4-H years should be in one Involvement Report).
You can use the same Involvement Report every year or add previous years.



Show what you've done this year!

- List all the activities you've done at the club, county, state, or national level.

Club Activities:

- Attending club meetings (save space and put how many you attended in one line), Club holiday parties, Club fundraisers

County Activities (activities with multiple clubs in your county) :

- Helping or participating in a 4-H carnival, County Fair, County Contest, Achievement Programs, County Project Meetings, Workshops, Classes or Clinics.

State Activities (activities with multiple counties):

- State Contests like Showcase Showdown, State Fair, State Shoot/Raton, Judging Contests, etc. WYLE, State Leaders Conference or other State events

National Activities (activities with multiple states participating):

- Citizenship or Leadership Washington Focus, National 4-H Congress, Western National Roundup, NILE, etc.

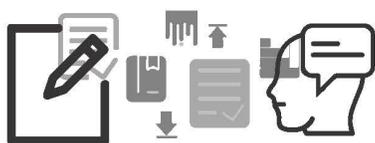
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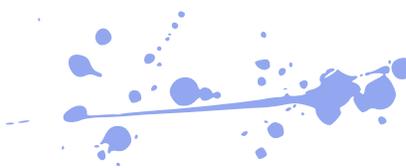


You should write a new story each year. It could follow the same general outline, but make sure you tell this year's story, and it's not the same story every year. This is a story, don't just write one or two lines. Show your growth!

Some things you can include in your story:

- Introduce yourself:
 - Your name, what grade you're in, how many years you've been in 4-H.
- Highlights from your 4-H projects and activities (what did you enjoy, what didn't go like you thought it would, what might you do differently next year?)
- What did you enjoy most about your 4-H year?
- What was the most successful part of your 4-H year?
- What did you learn in 4-H this year (that you maybe haven't talked about as part of your projects)?
- Did you have any challenges? What happened? What did you do?
- What leadership or community service or other activities did you learn the most from?
- Did you use the things you learned in 4-H in other parts of your life?
- How was this year important to you?
- What are your future plans in 4-H? What are your future plans for school or for a career?





HOW ARE RECORD BOOKS JUDGED?

Each record book is judged by two volunteers. The scores are then averaged to calculate the overall score. Example score sheets can be found at

<https://www.wyoming4h.org/converse4h/record-books/>

WHAT DO THE SCORES MEAN?

Green seals are awarded to members who receive a score of 49 or under. Silver seals are awarded for scores of 50-75, Silver seals earn 1 point toward the WY State Honors Club. Gold seals receive a score of 76 or higher and earn 3 points toward Honors Club.

WHAT IS HONORS CLUB?

The Wyoming 4-H Honors Club is the highest degree of recognition a 4-H member can achieve. 4-H members are inducted into the Honors Club when they reach a total of 19 points through their record book seals. Honors Club inductees are given special recognition that includes an exclusive UW Cowboy Clover tie/lapel pin or necklace/bracelet charm, and a \$500 travel scholarship.



**Converse County 4-H
Market Animal Checklist**

- Actively enrolled in the correct market animal project on ZSuite**
- Animal(s) tagged with yellow WSF tag**
- Complete Youth Quality Assurance, if required, by July 12th, 2023** (Quality Assurance must be completed if this is your first year showing a market animal or you have moved up to a new age division)
- Attend mandatory market sale meeting** (Date TBD)
- Animal meets minimum weight, as outlined in Converse County Fair Book, during county fair weigh-ins**
- Participate in Showmanship and Market classes at county fair**
- Submit proof of buyer thank you to 4-H educator by September 30, 2023** (To submit proof, email a picture of your thank you to kdoyle6@uwyo.edu or bring it by the Extension Office. If you are delivering a thank you basket or another gift item, be sure to take a picture during delivery and submit it as proof)
- Submit 4-H Record Book with completed Involvement Report and Project Record for your market animal project by September 30, 2023.** (If you would like your record book to be eligible for judging and achievement awards, it must be submitted by September 15th)

Note: Additional requirements may be outlined by the Converse County Fair Board and Market Sale Committee during the mandatory market sale meeting



Do you know somebody interested in joining 4-H as a member or volunteer? Share this page with them so they can get on the contact list for new enrollments!

Current 4-H members/volunteers are automatically on the re-enrollment list and do not need to complete this form

BECOME A MEMBER

- 1. Scan QR code and fill out contact form or email kdoyle6@uwyo.edu**
- 2. Visit www.uwyo.edu/4-h/ to learn more about projects and opportunities available to Wyoming 4-H members**
- 3. Like Converse County 4-H on Facebook to stay up to date on information**
- 4. You will receive an email with enrollment instructions when the new 4-H year opens on October 1st!**



BECOME A VOLUNTEER

- 1. Scan QR code and fill out contact form or email kdoyle6@uwyo.edu**
- 2. Visit uwyo.edu/4-h/volunteers to learn more about becoming a project or club volunteer**
- 3. Like Converse County 4-H on Facebook to stay up to date on information**
- 4. You will receive an email with enrollment instructions when the new 4-H year opens on October 1st!**





CALLING ALL YOUTH entrepreneurs!

Want a chance to sell your creations?

The Extension Office will be offering space for young entrepreneurs to sell their creations in our office!

We will help promote and keep track of sales.

- All items must be created by a current 4-H member
- Items must be listed at prices less than \$50 each
- Each member may have 5 items for sale at a time
- Items must be high quality
- No perishable items may be sold

Examples:

- Leather items
- Sewn items
- Embroidered items
- Artwork
- Jewelry
- etc.





WYOMING STATE 4-H LEADERSHIP TEAM

When can I apply for the State 4-H leadership Team?

2024 State 4-H Leadership Team applications are open till September 2nd. Interviews will be conducted in September and October. With the team selected by November 1st.

Have more questions?

Please Email:
wyo4hleadershipteam@gmail.com

To Apply Please Visit:

<https://www.uwyo.edu/4-h/opportunities/state-opportunities/state-leadership-team/index.html>

What is the State 4-H Leadership Team?

The State 4-H Leadership team is a select team of senior aged youth that have demonstrated leadership in their county 4-H programs, and who are interested in developing and refining skills to teach other 4-H youth about leadership, promotion, and service. Team members will also work on events/projects pertaining to their project area of choice.

Who can apply for the State 4-H leadership Team?

Current Wyoming 4-H members ages 15-18, that are in good-standing in their County 4-H program, who enjoy taking leadership opportunities and having a positive impact on Wyoming 4-H and their project area.

Why should you apply for the State 4-H Leadership Team?

The State 4-H Leadership Team provides opportunities for youth to represent Wyoming 4-H through leadership and service at all statewide events and activities including state leadership team retreat, Showcase Showdown, Legislative Day, State Shoot, and the Wyoming State Fair. Team members are also involved in providing county or multi-county leadership workshops, assisting at all state 4-H contents and events, and representing 4-H at organizational meetings. Team members will also be provided an opportunity to focus on a project or event related to their project area of choice. This provides new opportunities for youth to become leaders for their projects at a state level.



NATIONAL 4-H CONGRESS

NOVEMBER 24-28, 2023

ATLANTA, GEORGIA



A chance for youth to expand their skills, engage with other 4-H members, and be inspired to make an impact in your club, community, county and world

Ages 14 (as of January 1st of that year) and older, are invited to be part of the 2023 Wyoming delegation.



**Apply by September 1st, 2023 online.
More information at
<http://www.uwyo.edu/4-h/opportunities/travel.html>**

Make It With Wool Contest

November 12, 2023

Entry Deadline
November 3, 2023



Niobrara
County
Fairgrounds,
Lusk WY

**Open to Weston, Niobrara, Goshen, Converse and Natrona
County**

Ages: 5 and up

Objectives:

- to promote the beauty and versatility of wool fabrics, fibers and yarn
- to encourage personal creativity in sewing, knitting, crocheting, or felting with wool fabrics, fibers and yarns
- to recognize creative skills
- to develop life skills

Age Divisions (as of January 1, 2022):

- Young Sewers - age 5-7
- Pre-Teen - age 8-12
- Junior - age 13-16
- Senior - age 17-24
- Adult - age 25 and older

Requirements:

- Completed Entry Form
- Cost: \$12 for each category entered
- Three 5"x5" sample of each wool used or three 36" lengths of each yarn used

Categories

- Garmet
- Made for Others
- Wearable Accessory
- Wool Quilt/Other Wool Art/Non-Wearables
- Young Sewer

For More Information Contact

Erin Persche

epersche@uwyo.edu or 307-746-3531



UW

Extension
Converse County

Office Location

1839 Madora Ave
Douglas, WY 82633

Office Hours

Monday-Friday
7:30 a.m.-4:30 p.m.

Contact Information

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Converse County 4-H Website

<https://www.wyoming4h.org/converse4h/>



Converse County 4-H Facebook

<https://www.facebook.com/Converse4H>

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