



# “The Chatter” January 2016



UNIVERSITY OF  
WYOMING  
EXTENSION

HAPPY  
NEW  
YEAR

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**Stacy’s Snapshots**

Whew, the holiday season has quickly arrived, I cannot believe that 2016 is here! Now that the New Year has arrived, this is a great time to start planning for all your 4-H projects and activities this year! Part of becoming a well-rounded citizen and participating in 4-H is becoming an active member of your 4-H club. As you begin to plan your activities, make sure to put your club meetings on your calendar. Participating as an active member of your 4-H club is fun, but if you don’t know what to expect it can be a little intimidating. Keep these pointers in mind as you attend each club meeting, and before you know it you will be comfortable voicing your opinions and participating in club activities!

**Attend all of your club meetings.** You can’t be an active member if you’re not around. Arrive on time, and plan to stay until the meeting ends. If you miss a meeting for an important reason, let your leader or an officer know in advance if possible.

**Follow an agenda** during each meeting and don’t get off the subject.

**Go to meetings with your ideas** and share them with others.

**Raise your hand** and be called on before speaking. Only one person should talk at a time.

**Listen** to what others have to say. Even if you don’t agree with their opinions, it lets you hear other points of view. No matter what, you should respect what others have to say just as they respect you.

**Be a friend.** Get to know other members, help out when needed. Not all members are the same, and no member is more important than any other member. Be a friend, and you’ll have a friend!

**Know how to run a good meeting.** Utilize parliamentary procedure, and actively participate!

The “official” way to suggest something in a meeting is to “make a motion.” This is done by being called on (recognized) by the president and then saying, “I move that the club does...” Another club member seconds your motion. Then there is discussion and the club votes on the motion. That’s really all there is to it, it just takes practice!

**Give a club and county public presentation.** Are you afraid to speak in front of a group? Don’t worry, you can learn how in 4-H. Public speaking skills will not only help your club, but also help you succeed in everything else you do. It’s not hard once you get started.

**Enjoy your 4-H club.** Have fun and learn at the same time!

Most of all, don’t forget to watch for upcoming workshops, meetings, and clinics to help you get started on your project work this year!

*Stacy Buchholz*

### **A New Way to Register for 4-H!!!**

Registration for both members and leaders will be **online** this year! Each family will be able to go to <http://wy.4honline.com> and enroll themselves! There are detailed directions on how to enroll on the following page! Please do not hesitate to call the Extension Office at (307)746-3531 if you have any questions! You may also stop in the office if you would like help enrolling!

### **TO ALL 4-H PARENTS:**

Take this opportunity to show off your skills and teach them to 4-Hers! We really need help with the following projects:

- Photography
- Visual Arts
- Cake Decorating
- Woodworking



If you have any experience in these areas and are willing to help teach them, please call the Stacy at the Weston County Extension Office at (307)746-3531!

### **THE NEW 4-H YEAR**

Officially, the new 4-H year began October 1, 2015. If you know of someone who would like to become a 4-Her, please have them stop by the 4-H office for more information! You might explain the them that one can join a 4-H club from 8 years old to 18 or through 12th grade. They can do all kinds of fun activities, like build a rocket, design clothes, learn about computers, or help save the environment. You name it, they can do it in 4-H. And better yet, they can get a lot of help from adult volunteers. They are mentors who teach and help them learn and have fun! (Current members are encourage to re-enroll as soon as possible).

### **F.Y.I 4-H Dues!**

The county member enrollment fee will be \$10.00 per member. This year, there will be NO fee for leaders! If you have any questions, please call the Extension Office at (307)746-3531.

### **~Fair Board Meeting~**

**What: Fair board/Fair book meeting**

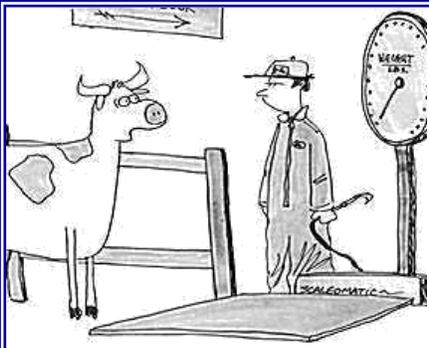
**When: February 9th at 6:00 pm**

**Where: USDA Service Center Conference Room**

**If you have any changes to the fair book, or have any questions or concerns, you should attend this meeting!**

### **\*\*\*REMINDER\*\*\***

*Please don't forget to get your 4-H leader and member enrollment and re-enrollment completed online as soon as possible! You are not insured while attending 4-H events without having a current enrollment form on record and entered in the state 4-H program.*



### WEIGH-IN

**What:** Market Beef Weigh-In

**When:** February 13th at 9:00 am

**Where:** Rankins Corrals

(3 miles south of Upton on Hwy 116)

**What to Bring:** Bill of sale, steer, brand inspection with 4-H’ers ownership

You must be enrolled in the market beef project to weigh in an animal. All market steers and heifers entered in the 4-H market beef project **MUST** be ear-tagged and members need to obtain a brand inspection establishing ownership by **February 1st**. This will be the **ONLY** weigh-in date.

## 2016 4-H Citizenship Washington Focus

**When:** June 11th - 18th

**What:** Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming’s U.S. Congressional Representatives, and experience our national government from a new perspective.

**Who:** Wyoming 4-H members between the ages of 15 and 18 years old are eligible.

**Cost:** The cost of the trip is approximately \$1,200-\$1,500 and some donor funds are available through the Wyoming State 4-H Foundation, and Weston County has scholarship funds.

The registration is due by **February 1, 2016**, and a \$300 deposit is due by **March 30, 2016**. The remaining balance will be due on date specified in further communications.

For more information, go to <http://www.uwyo.edu/4-h/youth/travel/cwf/index.html> or contact Stacy at the Extension Office at 307-746-3531.





## Tumbleweed's Valentine's Day Party!!

When: February 11th at 3:30 pm

Where: USDA Service Center  
Conference Room

What: Come make a sweet valentine with us!



## Tumbleweed's St. Patrick's Day Party!!

When: March 17th at 3:30 pm

Where: USDA Service Center  
Conference Room

What: Come join us for a wee bit of fun!



## Want to get to know your green thumb? Join the Garden Club!

Work with Lacey, from the NRCS office, and learn how to grow and care for a garden from start to finish—and you get to take home your very own vegetables!

The first organizational meeting will be on **February 23rd at 6:00 pm** at the **USDA Service Center Conference Room**. Dinner will be provided.

Please **RSVP to the Extension Office at 307-746-3531** by **February 22nd!**



## Wyoming State 4-H Leader's Conference

**EVERYONE** got time for that



The 2016 State Leaders' Conference will take place in Sheridan, Wyoming on **February 19-20**. To register, visit <http://www.uwyo.edu/4-h/volunteers/state-leaders-conference/index.html>. This conference is a valuable opportunity to gain skills, knowledge, and resources to use in your local 4-H clubs or as a key leader for the county! Work-shops will be offered to fit a variety of interests and needs. The cost is \$65; however, scholarships are available. For more information contact Stacy at the Extension Office.

The Wyoming State 4-H Leader's Conference brings together a community of leaders and young people from across the state, giving 4-H members, leaders, and Extension educators an opportunity to take part in some great training and to strengthen their leadership skills. Don't be shy, scholarships are available, and we hope that some of you will take advantage of them. You will meet other 4-H leaders and share thoughts and ideas over and above those offered during the workshops. Friendships will be started that you will find go on for years.



**WHAT:** 4-H Hunter Safety Class

**WHEN:** There will be 3 sessions (you must attend all 3):

- *February 12th from 6:00 pm to 9:00 pm*
- *February 13th from 10:00 am to 5:00 pm*
- *February 18th from 6:00 pm to 9:00 pm*

**WHERE:** Open Class Building at the Fairgrounds

**WHAT TO BRING:** Cost of the class is \$10. You will need to bring a notebook, pencil, and your own snacks and lunch.

Please RSVP to the Extension Office by **February 8th**. There is a maximum of 35 members and a minimum of 10 members.

### **FYI: New Shooting Sports Information**

There have been some changes in the Shooting Sports Program this year:

- First, children need to be supervised at the range.
- Second, the use of cell phones and tablets at all practices is banned.
- Third, Each shooter will be assigned a shooting time and they must be there no later than 5 minutes after the start of that session, or they will not shoot that day. They will only be allowed to shoot at a later session if there is room on the line.
- Lastly, the Extension Office will be providing .22 ammunition and shotgun shells for all practices. Each member will be charged a \$10 fee per discipline to cover the costs of ammunition for all practices.

**If you have any questions, please contact Stacy at the Extension Office at 307-746-3531.**



# Pistol Practice!



The **FIRST** Pistol practice will be **January 18th** at the Weston County Sportsman's Club! **There will be two sessions: one at 4:00 pm and one at 5:00 pm.** Practice will be **every Monday.**

**DON'T** forget to bring your own eye protection and ear protection. **Be sure to read the new shooting sports information on page 5.** Don't be late for your session, or you won't shoot that day! You can sign up at the Extension Office.

# RIFLE PRACTICE!



The **FIRST** Rifle practice will be **January 19th** at the Weston County Sportsman's Club! **There will be three sessions: one at 4:00 pm, one at 5:00 pm, and one at 6:00 pm.** Practice will be

**every Tuesday.** **DON'T** forget to bring your own eye protection and ear protection. **Be sure to read the new shooting sports information on page 5.** Don't be late for your session, or you won't shoot that day! You can sign up at the Extension Office.

# UW 4-H Scholarships Available

## APPLICATION DEADLINE FOR ALL SCHOLARSHIPS IS

**FEBRUARY 15, 2016**

- **Ella E. Schloredt Scholarship** - offers numerous awards in varying amounts. Recipients are allowed to renew for 3 years after receiving their original award. Must be a graduating high school senior of continuing UW student with interest in 4-H, FFA, forestry work, or similar fields.
- **Lael R. Harrison Memorial Scholarship** - awarded to a graduating high school senior who is currently enrolled in Wyoming 4-H and is planning on attending the University of Wyoming. One scholarship of varying amount is awarded.
- **J. M. "Jimmy" Nichols Memorial Scholarship** - awarded to a graduating high school senior who is currently enrolled in Wyoming 4-H, and is planning on attending the University of Wyoming.
- **Wyoming Veterinary Medical Association 4-H Vet Science Scholarship** - offered with preference to any graduating high school senior and current 4-H member who has exhibited special interest, leadership ability, and outstanding achievement in the 4-H Vet Science Project area, as well as being active in the large or small animal 4-H projects. One scholarship is awarded annually in the amount of \$250.00.
- **Wyoming Farmhouse Foundation Scholarship** - awarded to a graduating high school senior who is planning on attending University of Wyoming, with preference given to the children or grandchildren of a Farmhouse Fraternity member. One scholarship is awarded in the amount of \$1,000.00.
- **Wyoming State 4-H Foundation Scholarship** - awarded to a graduating high school senior who is currently enrolled in the amount of \$500.00.
- **Edna Mae & Wallace McClafin Scholarship** - awarded to graduating high school seniors who are current Wyoming 4-H members and planning on attending the University of Wyoming. One scholarship in the amount of \$500.00 is awarded.

ALL UW 4-H SCHOLARSHIPS ARE ONLINE AT: <http://www.wyoming4h.org/4hfoundation/scholarships/>

### **OTHER UNIVERSITY OF WYOMING 4-H SCHOLARSHIPS & OTHERS**

**(Please note the application deadlines for these scholarships!)**

- **The Helen G. Miller Scholarship** - Applications are due by January 12. Applications can be found at: [uwyo.edu/AgAdm/Current/ProspectiveShared/scholarships](http://uwyo.edu/AgAdm/Current/ProspectiveShared/scholarships).
- **UW College of Agriculture Scholarships** - Applications are due by February 1. Applications can be found at: [uwyo.edu/AgAdm/Current/ProspectiveShared/scholarships](http://uwyo.edu/AgAdm/Current/ProspectiveShared/scholarships).
- **Black Hills Stock Show Youth Day Scholarships** - Go to <http://4h.sdstate.edu> and under "What's Happening" click on "Black Hills Stock Show" and scroll down until you see the heading "Scholarship Opportunity."
- **Wyoming Association of Fairs** - Applications due May 1. Applications can be found at: [www.wyomingfairs.org/waf-scholarship-application.html](http://www.wyomingfairs.org/waf-scholarship-application.html).
- **Newcastle Area Chamber of Commerce** - Applications due April 15. Applications can be picked up at the Extension office.

## Attention Leaders!!!

All new leaders and leaders who are in their 5th year and need to be re-screened are now required to complete training requirements before they will be screened and approved as a 4-H volunteer leader.

- A **NEW** leader is required to complete two training pieces. These two training pieces can be done in any order.
  - The New Leader Orientation Videos accessible from the State 4-H web site: <http://www.uwyo.edu/4-h/volunteers/newleaderorientation.html>; there are 6 videos, each between 7 and 13 minutes long.
  - The face to face New Leader Orientation; this is done by Stacy.
- A volunteer leader in their **5<sup>th</sup> YEAR** is required to complete a training that will benefit their role as a 4-H volunteer.

If you would like to be approved as a 4-H Volunteer Leader, these requirements need to be completed as soon as possible. Thank you for all you do, your involvement and dedication is appreciated! Please call the Extension Office at 307-746-3531 if you have any questions!



## Leader Training

**What:** This training will be on personality assessments and better communication.

**When:** March 3rd at 6:30 pm at the USDA Service Center Conference Room.

**Who:** This training is for all leaders who need to complete a new training. It will fulfil the training requirements leaders are required to meet.

**Dinner will be provided. Please RSVP to Stacy at**



**307-746-3531 by March 1st!**





# Welcome to Wyoming 4-H

Dear 4-H Family,

UW 4-H is using a software program called 4HOnline for our data management. Everyone is new to this program this year whether you are new to 4-H, have been involved for many years, or are a youth member or adult volunteer. Our annual federal reporting requirements dictate enrollment in 4-H every year. If you use technology a lot, the process for enrollment will be rather simple. However, if you either don't have internet access or don't enjoy using technology, your UW Extension office will be able to assist you with the process.

Whether you are a parent enrolling your children, or an adult wishing to be a 4-H volunteer, or both, it all starts with creating a family profile:

1. Go to <http://wy.4honline.com>
2. Select- "I need to setup a profile"
3. Create your profile by selecting your county, entering your email, last name, and creating a password.

**Note:** You only need to create your family profile one time. When you return to 4HOnline, just type in your email and password for access.

4. With your family Login created, you enter your contact information. If the same address is used by more than one person, be sure to check the box.

5. Now you can enroll your child as a member or yourself as a 4-H volunteer by selecting the member type (Youth, Adult) and clicking on Add Member.

- Continue with the process by completing steps on Additional Information, Participation, etc., pages.

**Note:** EACH tab has information you can provide. Be sure to click on each one for your desired options for projects, clubs, etc., AND click the “Add...” button for each choice.

**Note:** Be sure to mark the checkbox and press **Submit Enrollment**.

- You will receive an email indicating your application was received. The county will review your application and send you an email with your member status or next steps. You will receive an email indicating when everything has been completed and welcoming you to Wyoming 4-H.

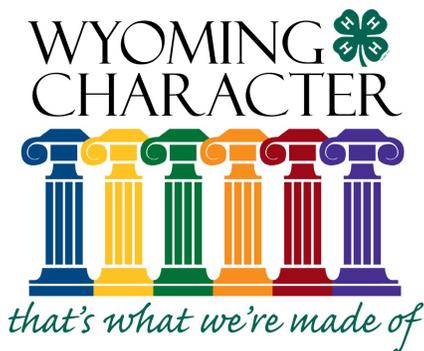


A screenshot of the 'Add a Club' form. At the top, there are tabs for 'Clubs', 'Projects', 'Activities', 'Awards', and 'Groups'. Below the tabs, there is a message: 'Select a minimum of 1 club(s)'. The form has a title 'Add a Club' and two dropdown menus: 'Select a Club: Select a club ...' and 'Select a volunteer type: Select a volunteer type ...'. There is an 'Add Club' button at the bottom.



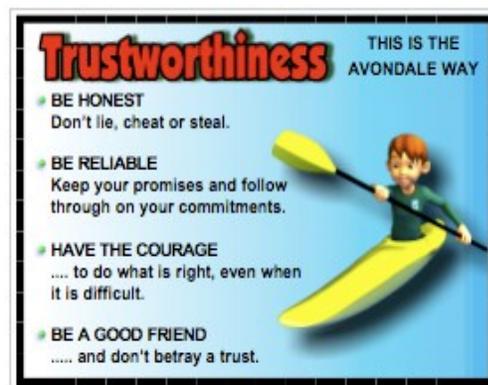
A screenshot of the 'Confirm' page. At the top, there is a title 'Confirm'. Below the title, there is a message: 'Your enrollment is not complete until you click 'Submit Enrollment''. There is a checkbox with the text: 'By checking this box, you signify you have reviewed, understand, meet and agree to the Pay By Computer Terms and Conditions.' There is a 'Submit Enrollment' button at the bottom.

**Please call or stop by the Extension Office if you need any help!**



# “The Chatter” January 2016

Being trusted is among the highest achievements of individuals and corporations.



## What does it mean to be Trustworthy?

People will trust a person who has a reputation of being honest, reliable and responsible. Dishonesty can easily tarnish that reputation, such that others consider you untrustworthy. Being considered trustworthy provides benefits from the way people deal with you, as well as your own self-esteem.

Trust in another people has several meanings:

1. Trust means that you feel that the person is honest and will not lie, cheat or steal from you.
2. It also means that you can count on the person to do as he or she promised and that the person is reliable.

Finally, trust in a person means that you feel he or she can be counted on to do something important, will not shirk from duties, and will take personal pride in what he or she does.

### You're trustworthy when:

- ◆ You tell the truth
- ◆ You are sincere. Say what you mean and mean what you say
- ◆ You keep your word
- ◆ You are reliable
- ◆ You return things you borrow
- ◆ You don't gossip

*"It's better to be hated for what you are than to be loved for something you are not"*  
~ Andrew Gide ~



## Trustworthiness in 4-H

### 4-H Club Activity The "Gossip" Game

Have the group sit in a circle. Whisper a statement in one person's ear. You cannot repeat it even if they didn't understand it the first time. That person repeats the statement in the next person's ear, and so forth around the room. The last person tells what they heard out loud.

Discuss what happened. Did the statement end up the same as it began? Was it close? Why or why not? How does this relate to "real life"? Why can gossip become so harmful?

**Trustworthiness:**  
involves four major qualities:

1. Integrity: the idea of a moral wholeness, or oneness, demonstrated by a consistency of thoughts, words, deeds, and duties.
2. Honesty: means that a person doesn't do things that are morally wrong. If something you do is breaking the law or you have to hide it because you'll get in trouble, you are probably not being honest.
3. Promise-keeping: A man is only as good as his word
4. Loyalty: standing with and behind someone in need. Loyal friends share both triumphs and trauma, and offer honest, constructive feedback delivered in a kind and tactful manner.



**"Your handshake is as good as your word"**

Like this activity? Find more like it in the "Good Ideas Book" at your local Extension Office

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Weston County Extension Office  
1225 Washington Boulevard, #4  
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
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3	4	5	6	7	8	9
10	11	12 Fairboard Meeting 6:00 pm	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30

**"THE CHATTER" WESTON COUNTY FAMILY 4-H NEWSLETTER January 2016**

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