



Stacy's Snapshots

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Whew, the holiday season has quickly arrived, I cannot believe that 2017 is here! Now that the New Year has arrived, this is a great time to start planning for all your 4-H projects and activities this year! Part of becoming a well-rounded citizen and participating in 4-H is becoming an active member of your 4-H club. As you begin to plan your activities, make sure to put your club meetings on your calendar. Participating as an active member of your 4-H club is fun, but if you don't know what to expect it can be a little intimidating. Keep these pointers in mind as you attend each club meeting, and before you know it you will be comfortable voicing your opinions and participating in club activities!

Attend all of your club meetings. You can't be an active member if you're not around. Arrive on time, and plan to stay until the meeting ends. If you miss a meeting for an important reason, let your leader or an officer know in advance if possible.

Follow an agenda during each meeting and don't get off the subject.

Go to meetings with your ideas and share them with others.

Raise your hand and be called on before speaking. Only one person should talk at a time.

Listen to what others have to say. Even if you don't agree with their opinions, it lets you hear other points of view. No matter what, you should respect what others have to say just as they respect you.

Be a friend. Get to know other members, help out when needed. Not all members are the same, and no member is more important than any other member. Be a friend, and you'll have a friend!

Know how to run a good meeting. Utilize parliamentary procedure, and actively participate!

The “official” way to suggest something in a meeting is to “make a motion.” This is done by being called on (recognized) by the president and then saying, “I move that the club does...” Another club member seconds your motion. Then there is discussion and the club votes on the motion. That's really all there is to it, it just takes practice!

Give a club and county public presentation. Are you afraid to speak in front of a group? Don't worry, you can learn how in 4-H. Public speaking skills will not only help your club, but also help you succeed in everything else you do. It's not hard once you get started.

Enjoy your 4-H club. Have fun and learn at the same time!

Most of all, don't forget to watch for upcoming workshops, meetings, and clinics to help you get started on your project work this year!

Stacy Buchholz

4-H ONLINE

Officially, the new 4-H year begins October 1, 2016. If you know of someone who would like to become a 4-Her, please have them stop by the 4-H office for more information! You might explain to them that one can join a 4-H club from 8 to 18 years old. They can do all kinds of fun activities, like build a rocket, design clothes, learn about computers, or help save the environment. You name it, they can do it in 4-H.

If you are NOT enrolled in 4-H, you should NOT be participating in any 4-H events because you are not covered by insurance! So please, enroll online as soon as possible!

Registration for both members and leaders is completely online! Each family will be able to go to <http://wy.4honline.com> and enroll themselves! There are detailed directions on how to enroll on pages 3 and 4. Please do not hesitate to call the Extension Office at (307)746-3531 if you have any questions!

You may also stop in the office if you would like help enrolling!

F.Y.I 4-H Dues!

The county member enrollment fee will be \$10.00 per member. This year, there will be NO fee for leaders! If you have any questions, please call the Extension Office at (307)746-3531.



The "Chatter" is very important in 4-H. Make sure to read each newsletter and watch for upcoming registrations and activities. If any new or current members have questions regarding your projects or 4-H in general, please stop by the office or give Stacy a call at (307)746-3531.

CHECK OUT THE WEBSITE!!

<http://www.wyoming4h.org/weston4h/>

Weston County 4-H has a new website with all the information any 4-H'er could need. Leaders and 4-H'ers check it out and if your club is doing anything let us know and we'll get you on the calendar. Also if you did anything, send us some pictures and we'll post all the amazing things your club has been up to. Contact Kara Fladstol at the Extension Office weston@wyoextension.org or 746-3531 for more information!!!

**THE UW & 4-H
SCHOLARSHIPS DUE DATE
CHANGED TO
JANUARY 20TH!!**

Welcome to Wyoming 4-H

Dear 4-H Family,

UW 4-H is using a software program called 4HOnline for our data management. Everyone is new to this program this year whether you are new to 4-H, have been involved for many years, or are a youth member or adult volunteer. Our annual federal reporting requirements dictate enrollment in 4-H every year. If you use technology a lot, the process for enrollment will be rather simple. However, if you either don't have internet access or don't enjoy using technology, your UW Extension office will be able to assist you with the process.

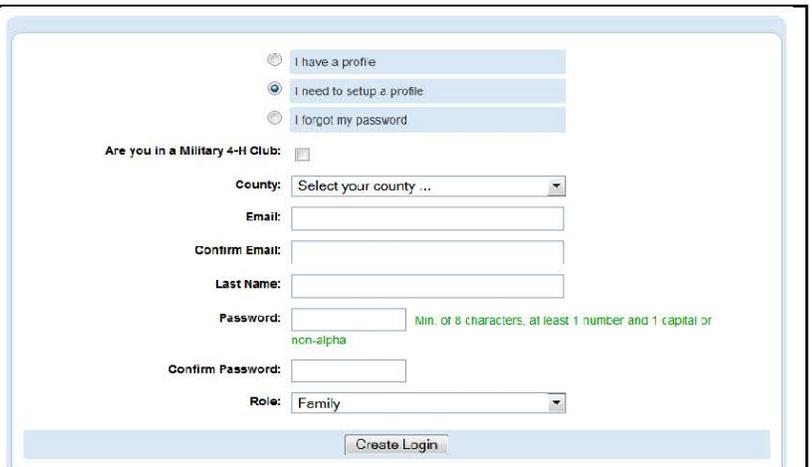
Whether you are a parent enrolling your children, or an adult wishing to be a 4-H volunteer, or both, it all starts with creating a family profile:

1. Go to <http://wy.4honline.com>
2. Select- "I need to setup a profile"
3. Create your profile by selecting your county, entering your email, last name, and creating a password.

Note: You only need to create your family profile one time. When you return to 4HOnline, just type in your email and password for access.

4. With your family Login created, you enter your contact information. If the same address is used by more than one person, be sure to check the box.

5. Now you can enroll your child as a member or yourself as a 4-H volunteer by selecting the member type (Youth, Adult) and clicking on **Add Member**.



I have a profile
 I need to setup a profile
 I forgot my password

Are you in a Military 4-H Club:

County:

Email:

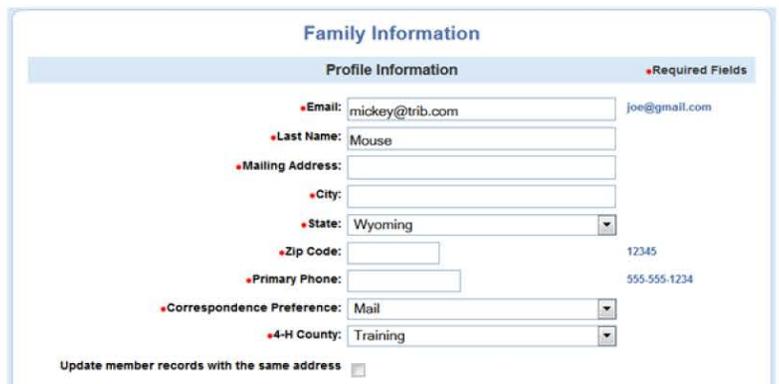
Confirm Email:

Last Name:

Password: Min. of 8 characters, at least 1 number and 1 capital or non-alpha

Confirm Password:

Role:



Family Information

Profile Information • Required Fields

• Email:

• Last Name:

• Mailing Address:

• City:

• State:

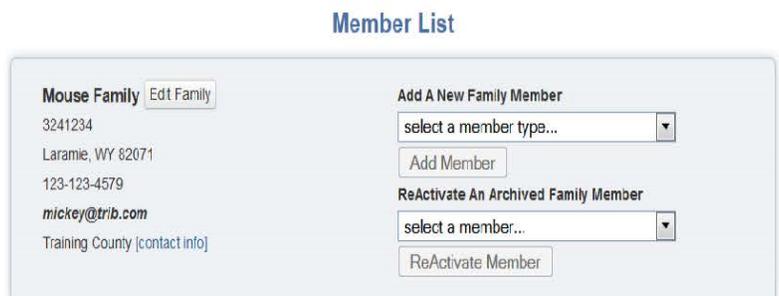
• Zip Code: 12345

• Primary Phone: 555-555-1234

• Correspondence Preference:

• 4-H County:

Update member records with the same address



Member List

Mouse Family

3241234
Laramie, WY 82071
123-123-4579
mickey@trib.com
Training County [\[contact info\]](#)

Add A New Family Member

ReActivate An Archived Family Member

- Continue with the process by completing steps on Additional Information, Participation, etc., pages.

Note: EACH tab has information you can provide. Be sure to click on each one for your desired options for projects, clubs, etc., AND click the “Add...” button for each choice.

Note: Be sure to mark the checkbox and press Submit Enrollment.

- You will receive an email indicating your application was received. The county will review your application and send you an email with your member status or next steps. You will receive an email indicating when everything has been completed and welcoming you to Wyoming 4-H.



A screenshot of the 'Add a Club' form. At the top, there are tabs for Clubs, Projects, Activities, Awards, and Groups. Below the tabs, there is a message: 'Select a minimum of 1 club(s)'. The form has two dropdown menus: 'Select a Club: Select a club ...' and 'Select a volunteer type: Select a volunteer type ...'. At the bottom of the form is an 'Add Club' button.



A screenshot of the 'Confirm' page. At the top, there is a 'Confirm' heading. Below it, there is a message: 'Your enrollment is not complete until you click 'Submit Enrollment''. There is a checkbox with the text: 'By checking this box, you signify you have reviewed, understand, meet and agree to the Pay By Computer Terms and Conditions.' At the bottom of the page is a 'Submit Enrollment' button.

Please call or stop by the Extension Office if you need any help!

Attention Leaders!!!

All new leaders and leaders who are in their 5th year and need to be re-screened are now required to complete training requirements before they will be screened and approved as a 4-H volunteer leader.

- A **NEW** leader is required to complete two training pieces. These two training pieces can be done in any order.
 - The Volunteer e-Learning modules accessible from the State 4-H web site: <http://www.uwyo.edu/4-h/>; the password is **volunteer**.
 - The face to face New Leader Orientation; this is done by Stacy.
- A volunteer leader who has not completed the background screening or training in the **last 5 years** is required to complete a training and screening.

Please see below for a list of leaders who need to complete these trainings and be re-screened.

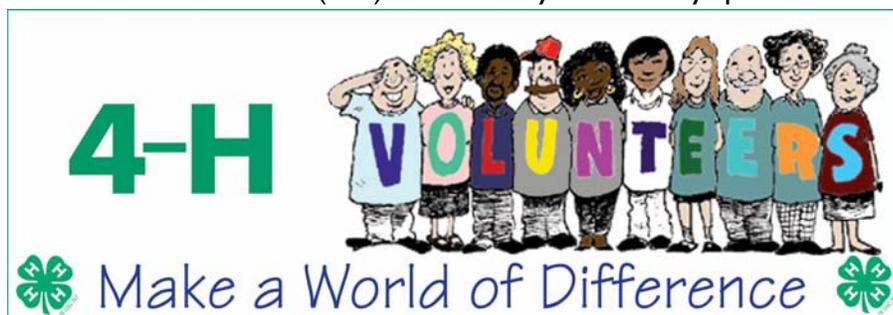
The following leaders need to enroll online, complete the training requirements, and be re-screened (if you haven't already done so):

Ann Wehri
Bernie Terry
Bobbie Jo Tysdal
Brent Thompson

Daniel Keierleber
Daniel Tysdal
David Kline
Liana Scribner

Shelly Ritthaler
Stephanie Kline
Susan Pillen

If you would like to be approved as a 4-H Volunteer Leader, these requirements need to be completed as soon as possible. Thank you for all you do, your involvement and dedication is appreciated! Please call the Extension Office at (307)746-3531 if you have any questions!



TUMBLEWEEDS JANUARY SNOW FEST



When: Jan. 19th @ 3:30 PM

Where: USDA Service
Center Conference Room

It may be cold outside but its a
WINTER WONDERLAND here.

2017 Black Hills Stock Show 4-H Youth Day



When: January 28, 2017

What: Beef Cook-Off, Livestock Judging, Livestockology,
Horse Quiz Bowl, Hippology and Dog Show

Who: Events are open to all 4-Hers & non-4-Hers

**Entry Deadline is the January 15th. For more
information, contact Stacy at the Extension Office.**

NEW OFFICER TRAINING

Calling all 4-H officers for training!!

Learn how to more effectively run a meeting, new leadership strategies, and how to report your meetings to the public. There will also be an officer installation ceremony so be sure to be there.

When: January 29th @ 3PM

Where: Fairgrounds Events Center

Dinner is provided

RSVP by January 26th



Officer training helps your club put it all together!!

~Fair Board Meeting~

What: Fair Board/Fair Book Meeting

When: February 14th at 6:00 pm

Where: Fairgrounds Event Center

***If you have any changes to the fair book,
questions, or concerns,
you should attend this meeting!
Pizza will be served!***



TUMBLEWEEDS VALENTINE'S PARTY

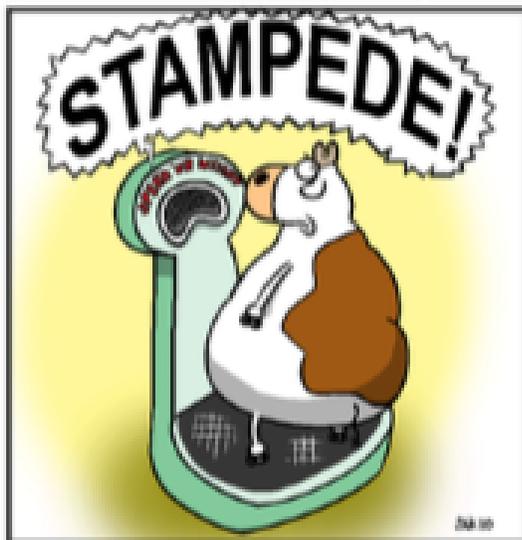
When: February 9th @ 3:30 PM

Where: USDA Service
Center Conference Room

Spread the love!!

MARKET BEEF WEIGH-IN

WORLD of COW
By Stik



When: January 21st at 8:30 am

Where: Rankins Corrals (3 miles south of Upton on Hwy 116)

What to Bring: Bill of sale, steer, brand inspection with 4-H'ers ownership

You must be enrolled in the market beef project to weigh in an animal. All market steers and heifers, entered in the 4-H market beef project, **MUST** be ear-tagged and members need to obtain a brand inspection establishing ownership by **February 1st**.

Brand inspector will be on sight.
This will be the **ONLY** weigh-in date.

In case of inclement weather, weigh-in will be rescheduled.

Contact the Extension Office if you have questions.

4-H's In Action



Deadline for shooting sports enrollment is January 9, 2017!!!



Dear Parents:

As another year of 4-H Shooting Sports gets underway, I want to take the time to update you all about some changes governing the program this year. Don't forget that your 4-H'ers **MUST** be enrolled in 4-H to participate in shooting sports practices. You can get enrolled online at www.4honline.com. If you cannot remember your password from last year, give the office a call and we can reset that for you.

First, I have enclosed a copy of the Weston County 4-H Shooting Sports Guidelines for you to review. Let me know if you have any questions or concerns regarding these guidelines.

Further, the Shooting Sports Committee and I would like to remind you that all children need to be supervised at the range. It is acceptable to make arrangements with other parents or older members; however, these members cannot be on the firing line shooting if they are supposed to be supervising younger members. If your child is left unsupervised and becomes unruly or obnoxious, they will be asked to leave.

Additionally, the Shooting Sports Committee and I have decided to ban the use of cell phones and tablets at all practices. Please ensure your 4-H'ers leave them in the car or a backpack for the duration of their practice. Any 4-H'er using a device will be asked to turn it off and store it somewhere until they leave the range.

Just like last year, we will be assigning your 4-H'ers to a shooting time. Your 4-H'er needs to be at the range, ready to shoot no later than 5 minutes after the start of that session. If your 4-H'er misses the safety talk and lesson at the beginning of their shooting time, they will not shoot that day. If your 4-H'er misses his or her shooting time and would like to wait to shoot at a later time, that is acceptable, however only if there is room on the line. Please make sure to rank your preferred shooting times on the enclosed form and return to the Extension Office as soon as possible, no later than **Monday, January 9th**.

Lastly, the Extension Office will be providing all ammunition and shotgun shells for all practices this year. Each member will be charged a \$10 fee per discipline to cover the costs of ammunition for all practices. Just like years past, members will be responsible for providing their own ear and eye protection.

Once again, please contact me with any questions or concerns. You may email me at stacy@uwyo.edu, or call me at 307-746-3531. The Shooting Sports Committee and I are looking forward to another great year of 4-H Shooting Sports!

Sincerely,

A handwritten signature in cursive script that reads "Stacy Buchholz".

Stacy Buchholz
4-H/Youth Development Educator

PISTOL & RIFLE PRACTICE

The **FIRST** Pistol practice will be **January 9th** at the Weston County Sportsman's Club! There will be two sessions: one at 4:00 pm and one at 5:00 pm. Practice will be **every Monday.**

The **FIRST** Rifle practice will be **January 10th** at the Weston County Sportsman's Club! There will be three sessions: one at 4:00 pm, one at 5:00 pm, and one at 6:00 pm. Practice will be **every Tuesday.**

DON'T forget to bring your own eye and ear protection.

DO read the shooting sports information on page 8.

DON'T be late for your session, or you won't shoot that day!

DO sign up ASAP at the Extension Office.



2017 Weston County Shooting Sports Shooting Session Sign-Up

*******Due to the Extension Office January 9, 2017*******

Newcastle-Pistol

Pistol Practices will begin Monday, January 9 th and will continue Monday evenings. Please list each 4-H'er's name and rank each time slot 1-2 with 1 as the most convenient and 2 as the least.	
4:00 pm-5:00 pm	
5:00 pm-6:00 pm	
***Please note, once you have been assigned a time, you cannot change. Your 4-H'er is expected to be at the range, ready to shoot NO LATER than 5 minutes after the start of the session. If your 4-H'er is late, they may not shoot that day.	
Any special considerations?	

Newcastle-Rifle

Rifle Practices will begin Tuesday, January 9 th and will continue Tuesday evenings. Please list each 4-H'er's name and rank each time slot 1-3 with 1 as the most convenient and 3 as the least.	
4:00 pm-5:00 pm	
5:00 pm-6:00 pm	
6:00 pm-7:00 pm	
***Please note, once you have been assigned a time, you cannot change. Your 4-H'er is expected to be at the range, ready to shoot NO LATER than 5 minutes after the start of the session. If your 4-H'er is late, they may not shoot that day.	
Any special considerations?	

Weston County 4-H Shooting Sports Member Agreement

I, (member(s) name) _____ and

(parent or guardian) _____ have read and understand all Weston County 4-H Shooting Sports guidelines and agree to follow the following range rules below:

1. All children need to be supervised at the range. It is acceptable to make arrangements with other parents or older members; however, these members cannot be on the firing line shooting if they are supposed to be supervising younger members. If your child is left unsupervised and becomes unruly or obnoxious, they will be asked to leave.
2. Cell phone, tablet, or other electronic devices will not be used on the range.
3. All members will sign up for an assigned time to shoot and will show up on time. If a member misses the safety talk and lesson at the start of their assigned time, they will not be allowed to shoot during that time. They may stay and shoot later if there is room on the range.

Signed Member(s): _____

Signed Parent or Guardian: _____

UW 4-H Scholarships Available

**APPLICATION DEADLINE FOR ALL SCHOLARSHIPS IS
JANUARY 20, 2017**

Edna Mae and Wallace McClafin Scholarship

Ella E. Schloredt Scholarships

F.A.I.R. Posse Scholarship

J. M. "Jimmy" Nicholls Memorial Scholarship

Janie Smith Memorial 4-H Scholarship

Johnson County 4-H Scholarship in Honor of Bonnie Ellenwood

Lael Harrison Scholarship

Jake Clark's Mule Days – Lynette Wallace Scholarship

Jake Clark's Mule Days – Linnabur Scholarship

Margaret Butterfield Memorial Scholarship

Murdoch's Ranch and Home Supply 4-H Scholarships

John and Pauline Peterson Scholarship

W.D. Whitmire Wyoming 4-H Leadership Scholarships

Underwood Scholarships

Wilbur Brettel Scholarship

Wyoming Farmhouse Foundation Scholarship

Wyoming State 4-H Foundation Scholarships

Wyoming Veterinary Medical Association – 4-H Vet Science Scholarship

ALL UW 4-H SCHOLARSHIPS ARE ONLINE AT:

<http://4-h.uwyo.edu/Scholarships.asp>

- **College of Agriculture and Natural Resources Brand of Excellence Scholarships**- The application opens November 1, 2016 and will close January 20, 2017 Applications can be found at: <http://www.uwyo.edu/agprograms/scholarships/>
- **Wyoming Association of Fairs** - Applications due May 1. Applications can be found at: www.wyomingfairs.org/waf-scholarship-application.html.





Your Pathway to Higher Education

Introducing 4-H Animal Science 1009

Experience your 1st class at the University of Wyoming through 4-H!

How Can You Earn College Credit Through 4-H?

The Wyoming 4-H Program would like to invite any youth age freshman or older, who has at least one year of 4-H eligibility left, to become involved in the Pathways to Higher Education Program.

The Pathways to Higher Education is a program that would enable youth to take their involvement in 4-H and add a structured learning experience to work towards gaining University of Wyoming College credit.

The Pathways to Higher Education Program is a 1 to 3 year program that is built around a learning base involving a variety of species including beef, sheep, swine, goats, small animals and horses. The program is designed to integrate concepts of breeds, nutrition, selection/evaluation, meat science, care and prevention and genetics/reproduction into a sequential program. The program does require youth to expand their knowledge base and learn about more than one species. The program would culminate with a body of evidence (portfolio) of their learning experiences and a final intensive on campus practicum, which will capstone learning experience in conjunction with the UW Animal Science Program.

To become involved in the program, youth enroll through the 4-H on-line system. Under activities there is a program called ANSC 1009 and this is where they sign-up.

For each year the youth are in the program, they will complete a set of six instructional lectures that will be delivered via a computer program called zoom, that they can complete from home. Additionally they will complete 12 labs throughout the year. These lab experiences could include activities they are currently doing in 4-H. All their work will be turned in and tracked in a program called WYO Courses. This is similar to a student taking an on-line college class.

Once the youth has completed their program work, they will enroll at the University of Wyoming and take the ANSC1009 class. This will be a variable credit class allowing the youth to earn anywhere from 1 to 4 credit hours. The cost of each credit is the responsibility of the youth to pay. There are a limited number of \$125 scholarships that are available to participants to help cover the cost of the tuition associated with the class. The link for kids to sign-up for the scholarship is: https://wyoming4h.formstack.com/forms/ansi1009_scholarship_app These will be awarded on a first-come, first-serve basis.

For more information contact the Extension Office.





4-H News

2017 WYOMING STATE 4-H EVENTS

APRIL (DATE TBA)

SPRING CONTESTS- MEAT AND WOOL
JUDGING | LARAMIE

JUNE 10-17

CITIZENSHIP WASHINGTON FOCUS
(CWF) | WASHINGTON DC

JUNE 15-18

WYOMING 4-H HORSE CAMP | DOUGLAS

JUNE 20-22

SHOWCASE SHOWDOWN | LARAMIE

JULY 6-9

STATE SHOOTING MATCH | DOUGLAS

JULY 16-21

LEADERSHIP WASHINGTON FOCUS
(LWF) | WASHINGTON DC

AUGUST 12-19

WYOMING STATE FAIR | DOUGLAS



Wyoming 4-H

www.wyoming4h.org



NATIONAL TRAVEL OPPORTUNITIES

More information for each of these conferences can be found online at www.wyoming4h.org or email aandreen@uwyo.edu

National 4-H Conference

National 4-H Conference is held in April in Washington D.C. This is the U.S. Secretary of Agriculture's premiere youth development opportunity. Youth assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities. This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during the conference, and, afterward report accomplishments to the USDA they have achieved as a result of the conference. Interested youth will complete an application and interview sometime in November. In the event donor funds are available for financial support beyond the scholarships provided to the Leadership Team members, qualified delegates may compete for various levels of funding support.

Citizenship Washington Focus

CWF is held each June in Washington D.C. Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming's U.S. Congressional Representatives, and experience our national government from a new perspective. This trip features tours and several nighttime events. Be ready to have a good time! This trip is estimated to cost approximately \$1,500-\$2,000. Youth can register online for this conference the winter before they wish to attend.

Leadership Washington Focus

LWF is a 4-H leadership program for youth entering grades 7 through 9. The program is held each July in Washington D.C. Delegates will enjoy motivational speakers, educational programs and increase individual leadership capacity leading them to develop skill for success. This trip can cost between \$1,200- \$1,500. Youth can register online the winter before they wish to attend.

National 4-H Congress

National 4-H Congress is held just after Thanksgiving Day each November in Atlanta, GA. Delegates will have the opportunity to meet 4-H members from around the country to discuss current youth-related issues as well as participate in a hands-on community service project. Youth will also attend workshops, hear inspirational speakers, and tour Atlanta. Youth between the ages of 15 and 18 interested in going on this trip are selected through an application and interview process. Various levels of funding support is available through the Wyoming State 4-H Foundation. Interviews are held in conjunction with the Wyoming 4-H Showcase Showdown held in June.

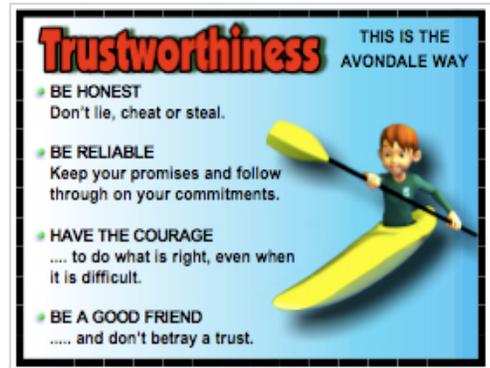
WYOMING CHARACTER



that's what we're made of

“The Chatter” January 2016

Being trusted is among the highest achievements of individuals and corporations.



What does it mean to be Trustworthy?

People will trust a person who has a reputation of being honest, reliable and responsible.

Dishonesty can easily tarnish that reputation, such that others consider you untrustworthy. Being considered trustworthy provides benefits from the way people deal with you, as well as your own self-esteem.

Trust in another people has several meanings:

1. Trust means that you feel that the person is honest and will not lie, cheat or steal from you.
2. It also means that you can count on the person to do as he or she promised and that the person is reliable.

Finally, trust in a person means that you feel he or she can be counted on to do something important, will not shirk from duties, and will take personal pride in what he or she does.

You're trustworthy when:

- ◆ You tell the truth
- ◆ You are sincere. Say what you mean and mean what you say
- ◆ You keep your word
- ◆ You are reliable
- ◆ You return things you borrow
- ◆ You don't gossip

"It's better to be hated for what you are than to be loved for something you are not"
~ Andrew Gide ~



Trustworthiness:
involves four major qualities:

1. Integrity: the idea of a moral wholeness, or oneness, demonstrated by a consistency of thoughts, words, deeds, and duties.
2. Honesty: means that a person doesn't do things that are morally wrong. If something you do is breaking the law or you have to hide it because you'll get in trouble, you are probably not being honest.
3. Promise-keeping: A man is only as good as his word
4. Loyalty: standing with and behind someone in need. Loyal friends share both triumphs and trauma, and offer honest, constructive feedback delivered in a kind and tactful manner.

Trustworthiness in 4-H

4-H Club Activity

The "Gossip" Game

Have the group sit in a circle. Whisper a statement in one person's ear. You cannot repeat it even if they didn't understand it the first time. That person repeats the statement in the next person's ear, and so forth around the room. The last person tells what they heard out loud.

Discuss what happened. Did the statement end up the same as it began? Was it close? Why or why not? How does this relate to "real life"? Why can gossip become so harmful?



"Your handshake is as good as your word"



University of Wyoming Extension

State 4-H Office

Dept. 3354 • 1000 E. University Ave. • Laramie, WY 82071
(307) 766-5170 • jdespain@uwyo.edu • <http://4-H.uwyo.edu>

January 18, 2016

Dear Weston and Uinta Counties,

Thank you for agreeing to pilot the new record keeping system associated with 4HOnline. We, and the program creators, look forward to your feedback over the remaining 4-H year about it. As with all new technologies, we expect you will have some anxious moments using it and you'll have to be patient with us as well as it is new to us and all of the state's piloting it for the first time.

This is where Wyoming 4-H and most states are heading with record keeping within the 4-H program and it will be a change both in content, look, feel, and use of technology as we implement it. Wyoming 4-H will be adopting this state-wide and will discontinue any support of the existing record books over the coming year. Your 4-H Educator has faith in you in helping her (us) make these changes work for you this year and your county will be far ahead in this part of the 4-H program in moving forward.

PLEASE begin now spreading the word to youth and families to log in to their 4HOnline account through the RECORD BOOK section- at <http://rb.4hOnline.com> and start capturing your 4-H experiences as they happen- in real time. The smartphone app for both IOS and Android will be completed in early March that will make this process even easier for most people- stay tuned for that. Two things that are still unknown are how your county awards may be evaluated with this current system and how it affects scholarship selection at the state level. It WILL NOT affect scholarship selection as any youth that use this we will work with as they apply for scholarships. As for local county awards, be patient and work with your county 4-H Educator on this later this summer.

Again, thank you for being on the forefront of where 4-H is heading with record keeping across the country and helping Wyoming 4-H with this endeavor.

Sincerely

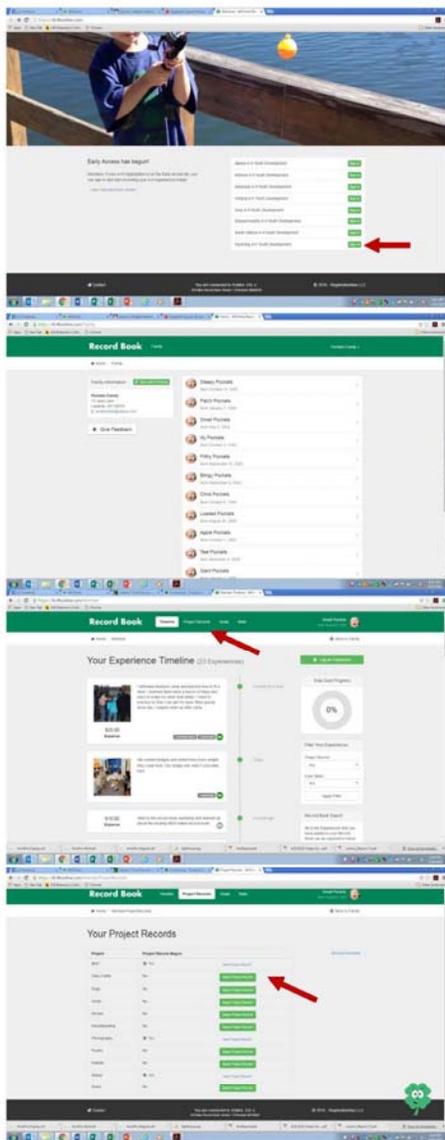
Johnathan Despain
State 4-H Program Coordinator



4-H Online Record Keeping

The NEW and IMPROVED way to track your 4-H experience!

Logging in to your NEW 4-H Record Book.....

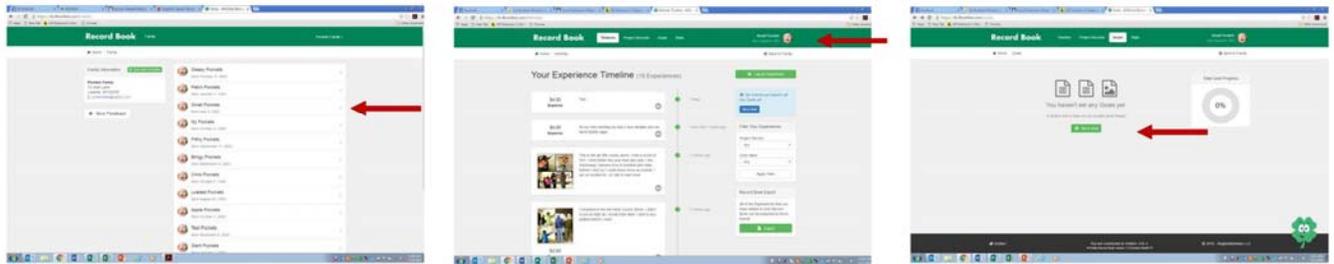


1. Visit <https://rb.4honline.com/>
2. Select the Wyoming 4-H Sign-In Button, it is on the right at the bottom.....
3. Use your family's 4-H Online credentials to log-in. Your credentials are your family email, and the password you selected to log-in to 4-H Online and enroll.
4. Once you have logged-in, you will see a home screen listing all members linked to your family. Select your name on the screen. You are now logged in to the NEW record book system! Congratulations!
5. Set up your project records. Start by selecting the "Project Records" tab at the top of the screen.
6. You should see a screen with a list with all projects you are enrolled in listed. Click the green "Begin Project Record" for all projects you plan on keeping records for.
7. You are now ready to set some goals and begin logging your project experiences!
8. Make sure to take lots of photos and upload them!
9. Get started today!

"The best way to get something done is to begin."

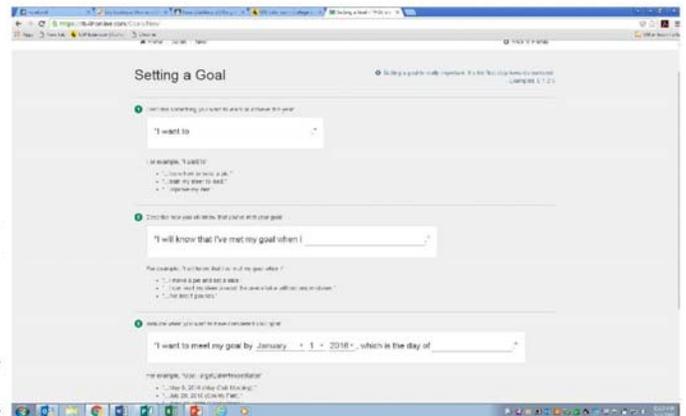
Setting Project Goals in the NEW Record Book.....

1. Log-In to the Online Record Book, see instructions on reverse side.
2. Select your profile on the home page. For this example we are the Pockets Family and using 4-H member Small Pockets. Click on the GOALS button on the navigation bar at the top of the screen. Then select the "Set Goal" button.

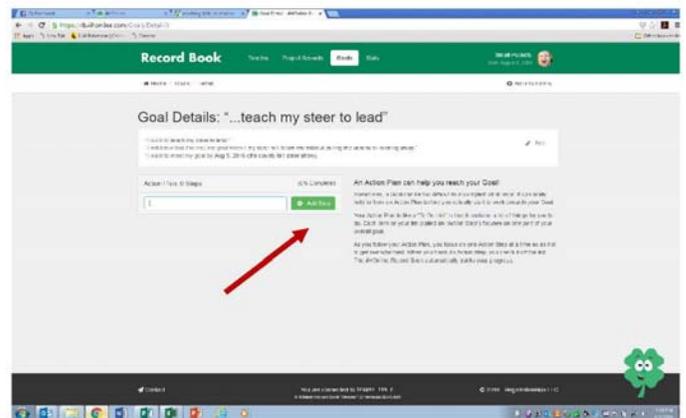


3. Use the prompts to set your project goal. For Example:

1. I want to learn to fit and show my pig.
2. I will know I have met my goal when I show my pig at the county fair.
3. I want to meet my goal by August 3, 2016 which is the Swine Show at the county fair.



4. Click on the "Save Goal" button.
5. You will automatically be sent to a screen to set some action steps for your goal. Make sure to set at least 4 action steps to accomplish your goal. For example, with the goal set above, some benchmarks could include: Watch a video on how to clip a pig. Practice clipping my pig. Attend a Workshop to learn how to show my pig. Practice showing my pig once a week from the end of May till the county fair. To add an action step, simply click on the Add Step button.



Logging your Experiences in the NEW Record Book.....

1. Log-In to the Online Record Book, see instructions on reverse side.
2. Select your profile on the home page. For this example we are the Pockets Family and using 4-H member Small Pockets.
3. Once you have selected your profile, your personal online record book will be open.



4. You can now begin logging experiences by clicking on the Log an Experience button in the top right hand corner.

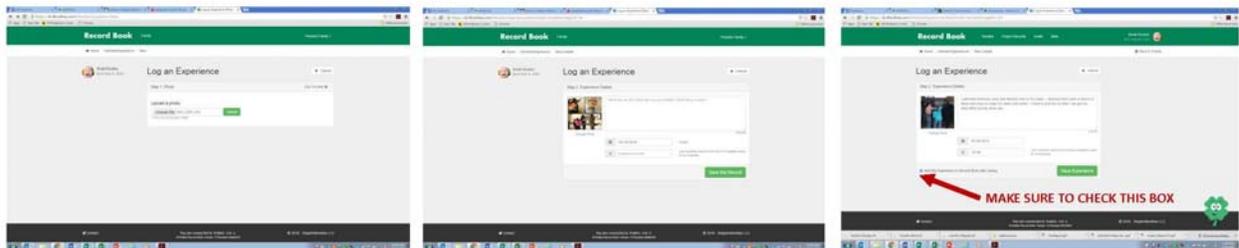
5. For every 4-H experience, try to make a log entry, particularly every club meeting attended, county event attended, and periodic updates on your project work.



6. Logging experiences is very similar to making a post on Facebook. When you click on the Log an Experience button, you will come to a screen with the option to upload a photo, if you have a photo you would like to upload, do so, then select the Upload button. Once you have uploaded your picture, make sure to include information about the experience you are logging. What did you do?

What did you accomplish? What did you learn? Make sure to include the correct date, and if you made or spent any money on your project. Its that simple!

7. Make sure to checkbox the little button at the bottom of the Experience post that says "Add this Experience to the Record Book after saving" Then click "Save"



8. Associate the logged experience to a specific project or core 4-H value. You can select which project area the logged experience is for using the drop down menu, which will include just a project option or all the benchmarks for all project goals you set. Select the correct record project for the post if it is not related to a project goal benchmark, or select a project goal benchmark and click "Save." If it is not project related, assign it to a core value: Leadership, Communication, or Citizenship. It can be more than one core value, and you can assign core values to project records as well! Communication includes presentations, telling others about your 4-H work, or other instances helping you learn to communicate better. Citizenship includes community service and actions that make you a better citizen. Leadership includes experiences that involve any type of leadership, leading a pledge, mentoring a friend, or many others!

Helpful Tips for Logging Club and Project Work.....

When logging your club and project experiences, keep these tips in mind so you are prepared to complete your Record Book stress-free!

1. Make periodic posts. I recommend at least twice a month, particularly for live-stock projects that are more involved.



2. Every time you spend or earn money, make a post. You will have an accurate record of your income and expenses if you do so!

3. Set some goals now. Use the goal setting screen to set your goals and decide which benchmarks will help you accomplish your goals. Make sure your goals are SMART

- Specific: What do you hope to accomplish?
- Measureable: How will you know you have accomplished it?
- Attainable: Are you reaching too far? Make sure it is doable!
- Realistic: Are the outcomes in your control? Is it realistic to attain this goal?
- Timely: What are the benchmarks? Can you accomplish this goal in your 4-H year?

4. Every time you reach a benchmark toward achieving your goal, log it!

5. Don't forget to log all your club meetings, service events, and fun days! Assign core values to each, if you are not sure it fits with Leadership or Citizenship, log it as communication! Meeting and working with others is making you a better communicator!

6. Make sure to log all your non-4-H experiences as well, and assign core values to those as well!

5. Start NOW! Don't wait till September, you WILL regret it!!! Log now and log often, the rubric for this system has not been created just yet, it is still a work in progress, so don't set yourself up for failure, the more information you log, the better!

6. Ask for help if you have questions, this is a new system and we are all learning it together!!

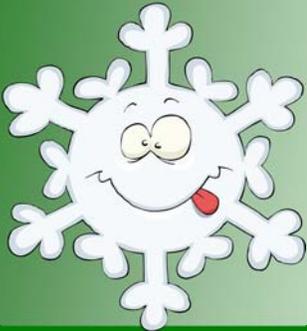


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4-H Family Newsletter - "The Chatter"

Happy Birthday

Maccayla Jordahl January 3rd
Emalee Sweet January 14th
Haylee Turner January 15th
Ethan Parsons January 17th
Rachel Sweet January 17th
Robin Rhoden January 17th
Claire Beastrom January 23rd
Emily Beastrom January 23rd
Madelynn Mills January 25th
Emmalynn Dedic January 29th

January 2017

Sun Mon Tue Wed Thu Fri Sat

1 Extension Office Closed	2 Extension Office Closed	3	4	5	6	7
8	9 Pistol Practice	10 Rifle Practice	11	12	13	14
15	16 Pistol Practice	17 Rifle Practice	18	19 Tumbleweeds Meeting 3:30	20	21
22	23 Pistol Practice	24 Rifle Practice	25	26	27	28
29 New Officer Training 3 pm	30 Pistol Practice	31 Rifle Practice				

"THE CHATTER" WESTON COUNTY FAMILY 4-H NEWSLETTER

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